

DOCUMENT RESUME

ED 051 401

VT 013 255

TITLE Family Life: Literature and Films. An Annotated Bibliography.

INSTITUTION Minnesota Council on Family Relations, Minneapolis.

PUB DATE 70

NOTE 204p.

AVAILABLE FROM Minnesota Council on Family Relations, 1219 University Avenue Southeast, Minneapolis, Minn. 55414 (\$3.65)

EDRS PRICE MF-\$0.65 HC-\$9.87

DESCRIPTORS Adolescents, Adults, \*Annotated Bibliographies, Children, Educational Resources, Family Life, \*Family Life Education, Marriage, Older Adults, Parent Child Relationship, \*Resource Guides, Sex Education, Social Problems

ABSTRACT

This annotated bibliography was prepared by the Minnesota Council on Family Relations and provides useful past as well as current and innovative materials about marriage and family living. The numerous books, pamphlets, periodical articles, and audio-visual materials are organized under three major sections: (1) The American Family: Theoretical, Historical, and Subcultural Perspectives, (2) Human Sexuality and Sex Education, (3) Adolescence, (4) Looking Toward Marriage, (5) Married Living, (6) Parent-Child Relationships, (7) Middle and Later Years, (8) Family Life Education: Philosophy and Methodology, and (9) Social Problems. Descriptive information introduces each section and entries are arranged alphabetically by author under various sub-headings. Entries include author, title, publication information, pagination, and brief annotation. A listing of publishers and sources for materials and an author index are appended. (SB)

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# FAMILY LIFE

LITERATURE AND FILMS



An Annotated  
Bibliography

Minnesota Council on Family Relations

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FOREWARD

The Minnesota Council on Family Relations first published Family Life: Literature and Films in 1951 as a service to the many people seeking information about marriage and family living. In years since three revisions have been prepared as interest and expertise have grown in the area of the family. Recent years have brought new attention and importance to the family field. Support for and opposition to family life programs have become both committed and vocal. This period of discussion and action has produced a vast reservoir of material for the use of the family practitioner. This bibliography is intended to introduce some of the many materials old but useful, and new and innovative.

Appreciation is extended to Nancy Dahl of the University of Minnesota Family Studies Center, to Virginia M. Juffer of the University of Minnesota, Psychology, Philosophy and Family Studies Division and to Ruth H. Jewson, Margaret Lee Robertson, Susan Freed and Sylvia R. Robertson of the National Council on Family Relations for their assistance in compiling and annotating this edition.

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# THE AMERICAN FAMILY

## I. THE AMERICAN FAMILY: THEORETICAL, HISTORICAL, AND SUBCULTURAL PERSPECTIVES

For generations, it has been popular for laymen and many concerned professionals to talk about the disintegration of the American family in modern society. This section provides references dealing with the structure and functions of the family, the extent of change in the family, and subcultural variations in the American family.

### A. General Information

#### 1. Books

de Bie, Pierre, and Clio Presvelou (eds.), National Family Guiding Images and Policies, Centre de Recherches Sociologiques, 1967, \$2.50.

Transactions of the first international seminar of the International Scientific Commission on the Family. Discusses family policy in Norway, Belgium, and the U. S. Includes a list of research proposals.

Feldman, Frances Lomas, and Frances H. Scherz, Family Social Welfare: Helping Troubled Families, Schertan, 1967, 386 pp., \$8.50.

Comprehensive volume on family social work. Authors analyze the causes of dysfunction in troubled families and project treatment goals.

Glick, Paul C., American Families, Wiley, 1957, 240 pp., \$6.00.

A volume in the census monograph series containing data related to various aspects of family life.

Jacobson, Paul H., American Marriage and Divorce, Rinehart, 1959.

Presents comprehensive data on marriage by age differentials, marital status, and race.

Myrdal, Alva, Nation and Family, Massachusetts Institute of Technology Press, 1968, \$2.95.

A detailed and factual account of Sweden's population control program launched in the late 30's.

#### 2. Pamphlets and Periodicals

"Government Programs and the Family," Journal of Marriage and the Family, vol. 29, no. 1 (February 1967)

Entire issue devoted to a review of existing governmental programs and their relationships to the structure and functions of the American family. Includes:

Johen, Nathan E., and Maurice F. Connery, "Government Policy and the Family"

Clazer, Nathan, "Housing Policy and the Family"

Maris, Robert, "Governmental Health Programs Affecting the American Family: Some New Dimensions for Governmental Action"

Mercher, Samuel, "Social Authority and the Family"

Pollak, Otto, "The Outlook for the American Family"

Roemer, Milton F., "Governmental Health Programs Affecting the American Family"

Shostak, Arthur B., "Education and the Family"

Vincent, Clark, "Mental Health and the Family"

U.S. Department of Commerce, Bureau of the Census, 200 Million Americans: Who Are We?, U.S. Government Printing Office, 1967, 76 pp., \$1.00.

Informative booklet supported by statistics concerning many phases of American life.



## THE AMERICAN FAMILY

### 3. Audio-visual Materials

#### Films

Courtship and Marriage: A Comparison of Courting Customs around the World, National Film Board of Canada, 60 min.

Examines courtship customs in Sicily, Iran, Canada, and India. Contrasts arranged marriage with marriage based upon romantic love.

Four Families, National Film Board of Canada, 60 min.

An on-the-spot comparison of family life in four countries in which the internationally known author-anthropologist, Margaret Mead, discusses how the upbringing of a child contributes to a distinctive national character.

Roots of Happiness, Mental Health Film Board, 1953, 25 min.

In a Puerto Rican family, each member grows and accepts self ("I am what I am, and I find it good") with appreciation for the fineness of human relationships; contrasted with family where discord and hostility prevail; message for families everywhere.

Superfluous People, McGraw-Hill, 1964, 54 min.

A WCBS-TV documentary which depicts children waiting to be adopted, school dropouts, poor minority groups, the unemployed, older people in need of housing, derelicts; social workers and psychiatrists interpret meanings in interviews.

### B. Theoretical Perspectives

#### 1. Books

Anshen, Ruth N. (ed), The Family: Its Function and Destiny, Harper and Row, 1959.

A comprehensive symposium on the family, focusing upon the necessity for man to pursue moral ideal and spiritual and social strength through application of the perspective of science.

Bell, Norman W., and Ezra F. Vogel (eds.), A Modern Introduction to the Family (rev.), Free Press, 1968, \$9.95.

A book of readings on the family from the structural-functional theoretical framework. Contains readings emphasizing advances in family research and study.

Bell, Robert A., Marriage and Family Interaction (rev.), Dorsey Press, 1967, 535 pp., \$8.00.

Professes a "value-free" approach to marriage and family interaction via a heavy emphasis on objective findings of social research. A college-level functional text.

Bell, Robert R. (ed.), Studies in Marriage and the Family, Thomas Y. Crowell, 1968, 229 pp., (paperback \$2.50).

Purpose is to familiarize students with a sampling of major current research in marriage and the family. Editor adds notes as to purpose of study, nature of methodology, and its contribution.

Boalt, Gunnar, Family and Marriage, David McKay, 1965, 171 pp., (paperback).

A Swedish social scientist looks at marriage. Includes some comparative data.

## THE AMERICAN FAMILY

Bowman, Henry A., Marriage for Moderns (5th ed.), McGraw-Hill, 1965, 709 pp., \$8.50. Teacher's manual, \$1.50.

A revision of one of the standard college level texts for the functional course on marriage and the family.

Burgess, Ernest W., and Harvey J. Locke, The Family (2nd ed.), American Book Company, 1960, \$7.50.

Classic analysis of the family's transition from an institution to a companionship.

Cavan, Ruth S., Marriage and Family in the Modern World (2nd ed.), Thomas Y. Crowell, 1965, (paperback \$4.25).

Seventy-eight articles, many of which follow the family life cycle as a frame of reference. Included are readings on the significance of marriage and the family today, courtship and marriage in other countries, men as earners, and questions of heredity.

Cavan, Ruth S., The American Family (4th ed.), Thomas Y. Crowell, 1969, 556 pp., \$8.00.

A sociological analysis of the contemporary family which takes into account recent research and changes in social conditions that affect families' attitudes and ways of life.

Christensen, Harold T. (ed.), Handbook of Marriage and the Family, Pand McNally, 1964, 1028 pp., \$17.50.

Reports on the present state of knowledge, evaluates methods used in obtaining this knowledge, spotlights significant gaps, and synthesizes the material in terms of family theory. Suggests the most promising next steps for professional workers in the field.

Christensen, Harold T., Marriage Analysis: Foundations for Successful Family Life (2nd ed.), Ronald Press, 1958, 645 pp., \$6.50.

Interdisciplinary approach with emphasis on personality. Functional text.

Coale, Ansley J., Lloyd A. Fallers, Marion J. Levy, Jr., David M. Schneider, and Silvan S. Tomkins, Aspects of the Analysis of Family Structure, Princeton University Press, 1965, \$6.00.

An analysis of the relationship between kinship structure and the family unit from the perspective of sociology, anthropology, psychology, and demography. Among other things, the book emphasizes the neglect of biological factors in kinship analysis.

Coser, Rose L. (ed.), The Family: Its Structure and Functions, St. Martin's Press, 1964, 678 pp., (paperback \$4.95).

Contains reprints of 33 articles on the family. The theoretical basis of the book is the view that the family is a mediator rather than a creator of social values.

Duvall, Evelyn M., Family Development (3rd ed.), Lippincott, 1967, 540 pp., \$8.75.

A study of the family from the "developmental" approach.

Family Mobility in Our Dynamic Society, Iowa State University Press, 1965, 284 pp., \$4.95.

Compilation of essays originally presented at a 1963 conference of the same title. Consideration is given to family problems and processes brought about by changing agricultural, economic, and social conditions. Essays are organized under headings of (1) societal setting, (2) changing family roles, (3) problems and adjustments of families who stay, and (4) those who move.

## THE AMERICAN FAMILY

Farber, Bernard, Family: Organization and Interaction, Chandler Publishing Company, 1964. 536 pp., \$7.00.

A solid sociological study of the contemporary American family. Concentrates on the explanation of change in the family. Centers around framework of orderly replacement of family culture from generation to generation.

Farber, Bernard (ed.), Kinship and Family Organization, John Wiley and Sons, 1966, 459 pp., \$8.50 (paperback \$4.50).

Emphasis on the relationships between the organization of the overall kinship structure and the characteristics of the nuclear family unit throughout the family life cycle. Includes discussion of the implications of the particular structure of the American family. Book of 36 readings.

Farber, Seymour, Piero Mustacchi, and Roger H. L. Wilson (eds.), Man and Civilization: The Family's Search for Survival, McGraw-Hill, 1955, 210 pp., \$6.50 (paperback \$3.25).

Twenty-four authorities from various disciplines weigh the impact of a modern industrial society on American family life. Reaffirms the indispensability of the family and provides a broad body of facts and interpretations concerning the society's and the family's future.

Goode, William J., The Family, Prentice-Hall, 1964, 120 pp., \$4.50 (paperback \$1.75).

Emphasizes complex relation between family systems and larger social structure.

Goode, William J. (ed.), Readings on the Family and Society, Prentice-Hall, 1964, (paperback \$3.95).

Thirty six readings designed for use as a supplementary text for college level courses on the sociology of the family. Deals with the biological foundations of familial elements, societal recognition of the family unit, the social and market processes in family formation, the determinants of fertility, marital adjustment, and parents and children.

Goslin, David A. (ed.), Handbook of Socialization Theory and Research, Rand-McNally, 1969, 1182 pp., \$20.00.

A massive handbook bringing together relevant concepts and data concerning socialization, from a variety of theoretical positions and contextual viewpoints.

Handel, Gerald, The Psychosocial Interior of the Family, Aldine Publishing Company, 1967, 560 pp., \$10.75.

Draw upon findings from many disciplines to provide a composite view of the whole family and the complex interplay between self and collectivity in family life.

Handel, Gerald, and Robert D. Hess, Family Worlds, University of Chicago Press, 1959.

Heiss, Jerold (ed.), Family Roles and Interactions: An Anthology, Rand-McNally, 1968, 569 pp., (paperback \$5.95).

Thirty-six articles and excerpted writings on family roles and interaction, selected on the basis of "role theory."

Kenkel, William F., The Family in Perspective (2nd ed.), Appleton-Century-Crofts, 1966, \$4.50.

Includes recent materials on the Russian family, the kibbutz, and the population explosion. Several historical family types are discussed in Part One. Part Two treats the family as an institution, analyzing such functions as childbearing and socialization. Chapters on the regulation of sexual behavior and divorce are also included in this section. One of the unique factors of this textbook is the use of the psychoanalytic approach to family analysis in Part Three, and a treatment of the family in a developmental perspective in Part Four. Purports to provide an overview of the "scientific" approach to the study of the family.

## THE AMERICAN FAMILY

Kephart, William M., The Family, Society, and the Individual (2nd ed.), Houghton-Mifflin, 1966, 690 pp., \$7.50.

Well written and organized presentation of the family as a system of interacting personalities and as a social institution sensitive to the structural expectations of society. Interweaves research findings and sociological analysis.

King, Raymond J. R. (ed.), Family Relations: Concepts and Theories Glendessary Press, 1969, approx. 200 pp., \$5.00 (paperback \$2.50).

Kirkpatrick, Clifford, The Family: As Process and Institution (2nd ed.), Ronald Press, 1963, 651 pp., \$7.50.

A comprehensive sociology of the family treating the nature and origins of the family in a social context and the family through its life cycle.

Landis, Paul H., Making the Most of Marriage (3rd ed.), Appleton-Century-Crofts, 1965, 778 pp., \$7.95.

College level functional, nontechnical marriage text.

Lee, Alfred McClung, and Elizabeth Lee, Marriage and the Family, College Outline Series, Barnes and Noble, 1961, 367 pp., \$2.25.

A summarization and interpretation of research findings on most aspects of family life.

Leslie, Gerald R., The Family in Social Context, Oxford University Press, 1967, 709 pp., \$8.07.

A comprehensive up-to-date sociology of the family, incorporating cross-cultural, historical, sociological-institutional, and life cycle material. Includes a chapter on "Theories of Family Structure and Change."

Lidz, Theodore, The Person: His Development throughout the Life Cycle, Basic Books, 1962, 573 pp., \$10.00.

The author, a psychiatrist, draws upon many disciplines and many interpreters of human behavior to track the development of man as a person from the earliest days of infancy through childhood, adolescence, and maturity, to the culmination of life in old age and death.

Nye, F. Ivan, and Felix M. Berardo, Emerging Conceptual Frameworks in Family Analysis, Macmillan, 1966, 384 pp., \$7.95.

Considers eleven "conceptual frameworks" for family study.

Parsons, Talcott, and Robert E. Bales, Family, Socialization, and Interaction Process, Free Press, 1955, 422 pp., \$6.00.

Parson's major theoretical work on the family. For serious students.

Peterson, James A., Education for Marriage (2nd ed.), Charles Scribner's Sons, 1964, 526 pp., \$6.95.

Revision of a popular college text in preparation for marriage and family living.

Rodman, Hyman (ed.), Marriage, Family, and Society: A Reader, Random House, 1965, 302 pp., \$2.95.

A book of readings designed for a college course in family sociology.

Simpson, George, People in Families, Meridian Books, 1966, \$2.95.

Attempts to integrate the psychoanalytic and sociological approaches to the family. College level text.

## THE AMERICAN FAMILY

Sirjamaki, John, The American Family in the Twentieth Century, Harvard University Press, 1953.

Stroup, Atlee L., Marriage and Family, A Developmental Approach, Appleton-Century-Crofts, 1966, \$7.50.

A scholarly book which assembles and evaluates a great mass of research and shows how the parts dovetail. Functional marriage text based on developmental approach.

Sussman, Marvin B. (ed.), Sourcebook in Marriage and the Family (3rd ed.), Houghton-Mifflin, 1968, 594 pp., (paperback \$5.50).

Only 24 of the 62 selections have been retained from 2nd edition. Special consideration is given to socialization, urban kinship systems, cross-cultural perspectives, and functional family problems.

Udry, J. Richard, The Social Context of Marriage, Lippincott, 1966, 580 pp., \$6.95.

A sociology of marriage. In emphasizing the heterosexual relationship it delimits consideration of child-rearing, kinship structures and other institutional relationships. However, the use of sex-pairs as the central foci has been a productive enterprise. Udry's analysis of nonmarital and marital heterosexual interaction is systematic, comprehensive, lucid, even provocative.

Waller, Willard, and Reuben Hill, The Family: A Dynamic Interpretation, Dryden Press, 1961, 619 pp., \$6.25.

Waller's classic social-psychological analysis of the American family is placed in the context of the family as a modern social institution. Dated but valuable analysis.

Williamson, Robert C., Marriage and Family Relations, John Wiley and Sons, 1966, \$7.95.

Written within an interactionist framework and proceeds on the assumption that marriage and the family cannot be adequately understood apart from other institutions that shape personality. Emphasizes historical and scientific materials concerning marriage and family relations, socialization, role taking, and other processes. The focus is both psychological and sociological. The book is excellently written.

Winch, Robert F., The Modern Family ( ), Holt, Rinehart and Winston, 1963, 782 pp., \$8.25.

Winch, Robert F., and Louis Wolf Goodman (eds.), Selected Studies in Marriage and the Family (3rd ed.) Holt, Rinehart and Winston, 1968, 630 pp., (paperback \$6.95).

A book of readings appropriate for the more advanced family student. Two-thirds of the 62 articles were published since 1960. The book is a comprehensive compilation of sociological research on marriage and the family.

Winter, William, David Antonio, and J. Ferreira (eds.), Research in Family Interaction: Readings and Commentary, Science and Behavior Books, 1965, \$12.95.

A variety of studies of individual family members as well as studies of family interaction in four broad areas: decision-making; feelings, attitudes and power; behavior; and inter-family communication.

Womble, Dale L., Foundations for Marriage and Family Relations, Macmillan, 1966, \$7.95.

The purpose of this textbook is to aid in the preparation of the student for marriage. The emphasis is upon the man-woman relationship in courtship and in marriage. Ten chapters are devoted to the premarriage period. The remaining chapters are concerned with the husband-wife relationship.

## THE AMERICAN FAMILY

### 2. Pamphlets and Periodicals

Sirjamaki, John, "Culture Configurations in the American Family," American Journal of Sociology, vol. 53 (May 1948), pp. 450-456.

A classic formulation of the configurations of family behavior in American society.

Zelditch, Morris, Jr., "Family, Marriage, and Kinship," in Robert E. L. Faris (ed.), Handbook of Modern Sociology, Rand-McNally, 1964, pp. 680-733.

A comprehensive treatment.

### 3. Audio-visual Materials

#### Films

U.S.A.: Seeds for Change, NET Film Service, 30 min., black and white, 16mm, sound.

The population trend in the United States, the "baby boom" of WW II, the increasing number of senior citizens, and future problems which can result from increased population are discussed and analyzed.

### C. Historical Perspectives: Past, Present, and Future Families

#### 1. Books

Bardis, Panos D., The Family in Changing Civilizations, Selected Academic Readings, 1967, 288 pp., (paperback \$6.95).

A collection of 33 of the author's papers dealing with ancient and modern family systems and the family and social change. Provides a valuable perspective on the historical-comparative antecedents of the modern-day family.

Bohannon, Paul, and John Middleton (eds.), Marriage, Family and Residence, Doubleday, 1968, 441 pp., \$6.95 (paperback \$2.50).

An anthology on primitive forms and regulations of marriage and family.

Calhoun, Arthur W., A Social History of the American Family, Barnes and Noble, 1945, 3 volumes, \$1.95 each.

- Vol. I. Colonial Period
- Vol. II. From Independence through the Civil War
- Vol. III. From 1865 to 1919.

A comprehensive history of the development of the American family up through the second decade of the 20th century.

Edwards, John N., The Family and Change, Knopf, 1969, 512 pp., (paperback \$4.95).

Collection of articles dealing with changes in family structure and function. Ventures some predictions on the future of the family.

Farson, Richard E., Philip M. Hauser, Herbert Stroup, and Anthony J. Wiener, The Future of the Family, Family Service Association of America, 1969, 131 pp., \$3.95.

The authors predict the nature of family life in the year 2000 and in doing so, show the trends that are pushing and pulling families today. Offers much food for thought.

## THE AMERICAN FAMILY

Goodsell, Willyscine, A History of Marriage and the Family, Macmillan, 1939.

Traces the development of Western family organization from the time of the ancient Hebrews to the early 20th century.

McHugh, James T. (ed.), Marriage in the Light of Vatican II, Family Life Bureau, U. S. Catholic Conference, 144 pp., \$1.25.

Contributors consider love, marriage, and parenthood from a modern, strongly Catholic viewpoint.

Morgan, E. S., The Puritan Family, Trustees of the Boston Public Library, 1944.

Ogburn, William F., and Meyer F. Nimkoff, Technology and the Changing Family, Houghton-Mifflin, 1955, 329 pp., \$3.75.

Broad view of family changes, both historical and recent. Presents Ogburn's analysis of the role of technology in bringing about the transfer of family functions to other community institutions.

St. Erlich, Vera, Family in Transition, Princeton University Press, 1966, 469 pp., \$12.50.

Zimmerman, Carle C., Family and Civilization, Harper, 1947.

Zimmerman's most important work on the relation between family change and social change. A pessimistic view of the contemporary family in Western industrialized society.

Zimmerman, Carle C., The Family of Tomorrow: The Cultural Crisis and the Way Out, Harper, 1949.

A semipopular follow-up volume to Family and Civilization. The author specifies the requirements for preserving the vitality of contemporary Western culture through recreation of the family.

### 2. Pamphlets and Periodicals

Anshen, Ruth N., "The Family in Transition," in Ruth N. Anshen (ed.), The Family: Its Function and Destiny, Harper, 1949.

Bardis, Panos D., "Family Forms and Variations Historically Considered," in Harold T. Christensen (ed.), Handbook of Marriage and the Family, Rand McNally, 1964.

A comprehensive analysis of the origins of the family and its evolutionary stages. Includes a 10-page discussion of the "changing American family."

Bowman, Claude C., "The Family and the Nuclear Arms Race," Social Problems, vol. 11 (Summer 1963), pp. 29-34.

An attempt to show the impact of world affairs upon the family.

Eggers, Oscar, "The Future of the American Family," The Bulletin on Family Development, vol. 1 (Spring 1960), pp. 1-4.

A speculative paper exploring the direction of family life over the next forty years, based on a "crude analysis" of changes over the past forty years.

Frankel, Charles, "The Family in Context," in Fred Delliquardi (ed.), Helping the Family in Urban Society, Columbia University Press, 1963.

The Future of the American Family: Dream and Reality, Child Study Association Publication 730, 45 pp., \$1.00.

Six papers by outstanding authorities: Lawrence S. Kubie, Harold Taylor, Margaret Mead, Fritz Redl, Milton J. F. Senn, and Herschel Alt.

## THE AMERICAN FAMILY

Grams, Armin, The Christian Encounters Changes in Family Life, Concordia Publishing House, 1968, 12 pp., (paperback \$1.25).

Designed to encourage discussion and study of significant issues about family life today. Discusses change in family settings, in roles and control, and in values and goals, and the implications for readers.

Greenfield, Sidney M., "Industrialization and the Family in Sociological Theory," American Journal of Sociology, vol. 67 (November 1961), pp. 312-322.

The hypothesis that the small nuclear family of Western society is a functional consequence of the urban-industrial revolution is examined cross-culturally. The hypothesis is found untenable and an alternative hypothesis is set forth.

Hill, Reuben L., "The American Family of the Future," Journal of Marriage and the Family, vol. 26, no. 1 (February 1964), pp. 20-28.

Uses four methods to project the contemporary American family into the future. Presents a generally optimistic future for the family, but calls for a program of family development.

Kuhn, Manford H., "American Families Today: Development and Differentiation of Types," in Howard Becker and Reuben Hill (eds.), Family, Marriage, and Parenthood, D. C. Heath, 1955.

Leslie, Gerald, "Historical Perspective," in Gerald R. Leslie, The Family in Social Context, Oxford University Press, 1967.

Comprehensive appraisal of the development of Western family organization.

McDowell, John, "What Do Children and Families Tell Us Today?," Child Welfare, vol. 60 (January 1961), pp. 12-15.

Traces changing American family patterns, using case histories. Discusses transfer of functions and family mobility. Calls for a rejuvenation of the domestic family.

Mogey, John, "Family and Community in Urban-Industrial Societies," in Harold T. Christensen (ed.), Handbook of Marriage and the Family, Rand McNally, 1964.

Moore, Barrington, "Thoughts on the Future of the Family," in Political Power and Social Theory, Harvard University Press, 1958. Also reprinted in Stein, Vidich, White (eds.), Identity and Anxiety, Free Press.

Argues that the family is obsolete in contemporary American industrial society.

Nash, Arnold S., "Ancient Past and Living Present," in Howard Becker and Reuben Hill (eds.), Family, Marriage, and Parenthood, D. C. Heath, 1955.

An informed, brief history of the Western family from the ancient Hebrews up through the early Christian period.

Parke, Robert, Jr., and Paul C. Glick, "Prospective Changes in Marriage and the Family," Journal of Marriage and the Family, vol. 29, no. 2 (May 1967), pp. 249-256.

A review of recent trends in marriage and family statistics and projections concerning future family patterns: age at marriage, frequency of widowhood, frequency of marital disruption, and trends in household size.

Pollak, Otto, "The Outlook for the American Family," Journal of Marriage and the Family, vol. 29, no. 1 (February 1967), pp. 193-205.

Discusses new or modified functions of the family resulting from our bureaucratic way of life and advances in health and welfare services.



## THE AMERICAN FAMILY

"Toward the Year 2000: Work in Progress," Daedalus, vol. 96 (Spring 1967).

This special volume contains the first papers of the American Academy's Commission on the Year 2000. Among the papers are those on youth, urban development, human behavior, the life cycle, and communication, all geared to the year 2000.

UNESCO, "Changes in the Family," International Social Science Journal, vol. IV, no. 3 (1962).

Vincent, Clark E., "Familia Spongia: The Adaptive Function," Journal of Marriage and the Family, vol. 28, no. 1 (February 1966), pp. 29-36.

Discusses the changes in form and content of family functions. Emphasis on adaptation and mediation as vital family functions.

Vincent, Clark E., "Mental Health and the Family," Journal of Marriage and the Family, vol. 29, no. 1, (February 1967), pp. 18-39.

A further analysis by Vincent of the "adaptive function of the family system" and a proposal for recognizing "marital health" as a bonafide health field and professional speciality.

### 3. Audio-visual Materials

#### Films

Our Changing Family Life, McGraw-Hill, 22 min.

Farm family in 1880 shown as closely integrated unit, three generations under one roof. Changes since then include: industrial expansion, city growth, emancipation of women, changed sex roles, increasing importance of companionship marriage.

Woman's Role in Early America, National Education Television Film Service, 1956, 30 min.

Depicts the role of the pioneer woman in the home and community, and compares her with the woman of today.

### D. Comparative Analyses and Subcultural Perspectives

#### 1. Books

Blitsten, Dorothy R., The World of the Family, Random House, 1963, 303 pp., \$4.50.

A comparative analysis of the family in varying political, economic, religious, and educational contexts. Distinguishes three major types of families: the nuclear, the bilateral extended, and the corporate.

Christopherson, Victor A. (ed.), Readings in Comparative Marriage and the Family, Selected Academic Readings, 1967, 316 pp., (paperback \$5.85).

Thirty selections dealing with family life in historical and cross-cultural perspective.

Ceiger, H. Kent (ed.), Comparative Perspectives on Marriage and the Family, Little, Brown, and Company, 1968, 222 pp., (paperback \$2.95).

Compares marriage and family in several different cultures, using recent theory and research from several different disciplines.

## THE AMERICAN FAMILY

Ross, Aileen D., The Hindu Family in Its Urban Setting, University of Toronto Press, 1961, 325 pp., (paperback \$2.25).

Focuses on the strains and problems which families undergo with the impact of urbanization and industrialization.

Stephens, William N., The Family in Cross-cultural Perspective, Holt, Rinehart and Winston, 1963, \$4.95.

A general cross-cultural survey of family customs in preliterate and literate societies. Useful bibliographies.

### 2. Pamphlets and Periodicals

Arensberg, Conrad M., and Solon T. Kimball, "The American Family in the Perspective of Other Cultures," in Culture and Community, Harcourt, Brace, and World, 1965.

A brief but well-written chapter which places American marriage and family pattern in a broad intercultural context.

"Cross-cultural Family Research," Special issue, Journal of Marriage and the Family, vol. 31, no. 2 (May 1969).

Presents twenty-five incisive, challenging articles to illustrate the potential of cross-cultural family research.

"Family Research around the World," Marriage and Family Living, vol. 23, no. 2 (May 1961).

Entire issue devoted to the family in various societies around the world.

"International Issue on the Family," Marriage and Family Living, vol. 16, no. 4 (November 1954).

Entire issue devoted to a description and analysis of family life in sixteen countries.

Kephart, William M., "Experimental Family Organization: An Historico-cultural Report on the Oneida Community," Marriage and Family Living, vol. 25, no. 3 (August 1963), pp. 261-271.

An account of various aspects of the Oneida Community based upon a visit to the mansion house, interviews with descendants of the original members, and examination of much of the community's published literature.

Key, William H., "Rural-urban Differences in the Family," Sociological Quarterly, vol. 2 (1961), pp. 49-56.

Levy, M. J., Jr., and L. A. Fallers, "The Family: Some Comparative Considerations," American Anthropologist, vol. 61 (1959), pp. 647-651.

"Special Issue on the American Family," The American Journal of Sociology, vol. 53 (May 1948).

An entire issue of a major sociological journal devoted to the American family. Contains an article on cultural configurations in the American family as a whole, and articles describing regional, ethnic, and racial variations in American family patterns.

Zelditch, Morris, "Cross-cultural Analyses of Family Structure," in Harold T. Christensen (ed.), Handbook of Marriage and the Family, Rand McNally, 1964.

An examination of data from non-Western societies pertaining to the structure of the family.

## THE AMERICAN FAMILY

### E. Social Class and the Family

#### 1. Books

Bagdikian, Ben H., In the Midst of Plenty, The Poor in America, Beacon Press, 1964, 207 pp., \$4.50.

Results of interviews with individuals intimately involved with poverty in its various forms. Demonstrates the complexity of the problem by revealing at once the commonality of conditions faced by the poor as well as the idiosyncracies of various subpopulations, such as the Negroes, migrant farm workers, aged persons, Indians, small farmers, residents of Appalachia.

Bernard, Sydney E., Fatherless Families: Their Economic and Social Adjustment, Brandeis University, 1964, 68 pp.

Focuses on the economic patterns of adaptation by a sample of lower-class women. Research focus based on a theoretical assumption of a lower-class subculture, an assumption of a "mutually reinforcing and logically related cluster of values, behavior patterns and attitudes."

Booth, Robert E., et al. (eds.), Culturally Disadvantaged: A Key Word Out of Context, Wayne State University, 1967, \$25.00.

A bibliography of 1400 items in the area of the culturally disadvantaged.

Campus Dialogue Series, Dialogue on Poverty, The Bobbs-Merrill Company, 1967, 136 pp., \$1.25.

Papers resulting from a symposium on poverty, covering such subjects as: the war on poverty, education, and the religious response.

Caplowitz, David, The Poor Pay More: Consumer Practices of Low-income Families, Free Press, 1964, 228 pp., \$5.50.

A discussion of the ignorance of the low-income consumer, exploitation by the system, and the powerful desire for consumer goods by low-income populace. Calls for consumer education.

Chilman, Catherine S., Growing Up Poor: An Overview and Analysis of Childrearing and Family Life Patterns Associated with Poverty, U. S. Government Printing Office, 1966, 117 pp., (paperback \$.45).

A comparative analysis of child-rearing and family life patterns of the poor and patterns of optimal child development and family stability. In terms of mental health, educational achievement, social acceptability, conscience formation, and family life styles. With implications for social planning and for research.

Cuber, John F., and Peggy B. Harroff, The Significant Americans, Appleton-Century-Crofts, 1965, 204 pp.

A report of a study of the sexual and emotional relationships between men and women of the upper-middle class--premarital, marital, and extramarital.

Goldstein, Bernard, Low Income Youth in Urban Areas: A Critical Review of the Literature, Holt, Rinehart and Winston, 1967, 280 pp., (paperback \$5.00).

Accurately subtitled. The first half of the book is a critical review of what has been found from research, and speculated about the socialization of lower class urban youth. Ambiguities, contradictions, and gaps in knowledge are analyzed. The latter half is an excellent, extensive annotated bibliography for each chapter in the first part of the book. The chapters deal with family orientation, education, work, family procreation, religion, government, and leisure. Guide to much recent social science literature on the young urban poor.

## THE AMERICAN FAMILY

Harrington, Michael, The Other America: Poverty in the United States, Macmillan, 1962, 192 pp., \$4.00 (Penguin paperback \$.95).

Well written for the general reader. A discussion of the life situation of the various categories of poor people.

Hodges, Harold M., Jr., Social Stratification: Class in America, Schenkman Publishing Company, 1964, \$4.95.

Contains material on the relationship between socioeconomic class and child-rearing practices, courtship patterns, life style, leisure, and marital stability.

Humphrey, Hubert H., War on Poverty, McGraw-Hill, 1964, 206 pp., \$4.95.

A plea for public awareness of poverty and a call for ameliorative action reflecting an unusual grasp of the many complex societal and individual problems subsumed under the vague term "poverty."

Kahl, Joseph A., The American Class Structure, Rinehart, 1957, 310 pp.

An excellent review of interpretation of studies of social class.

Komarovsky, Mirra, Blue-collar Marriage, Random House, 1964, 395 pp., \$5.95 (paperback \$1.95).

Both husbands and wives reveal their marital attitudes, expectations, and problems in these case studies of 58 white working-class marriages. The author compares her findings with previous studies of middle-class families, suggesting that many marriage attitudes appear to be class-bound. Her cogent analysis and case-study technique combine to vividly portray these families, their concerns, and many strengths.

Lewis, Oscar, Pedro Martinez, A Mexican Peasant and His Family, Random House, 1964, 507 pp., \$8.75.

Pedro's autobiography as tape-recorded between 1943 and 1963. Enhanced by author's introduction, which sketches the political background of Mexico against which to view Pedro's life; gives us a psychological analysis of family relationships; summarizes the family genealogy; describes the material culture of the home; and gives an historical account of the community in which the family lived.

McKinley, Donald Gilbert, Social Class and Family Life, Free Press, 1964, 306 pp., \$6.50.

Primarily an essay on the relationship of social class to family relationships and attitudes, especially parent-child relationships, projected on a broad, somewhat speculative background of contemporary American society. Focuses on certain factors within the family, predominantly the structure of authority, the sources of emotional support for the child, the process of socialization, and on their consequences for the child.

Minuchin, Salvatore, Braulio Montalvo, Bernard G. Curney, Jr., Bernice Rosman, and Florence Schumer, Families of the Slums: An Exploration of Their Structure and Treatment, Basic Books, 1967, 460 pp., \$10.00.

Focuses on the structure and treatment of the impoverished, unstable families of our urban slums.

Myers, Jerome K., and Bertram H. Roberts, Family and Class Dynamics in Mental Illness, Wiley, 1959.

An intensive analysis of mental illness in the lower classes.

## THE AMERICAN FAMILY

Paltiel, Freda L., Poverty: An Annotated Bibliography and References, Canadian Welfare Council, 1966, \$3.00.

Nearly 700 references on the general subject of poverty, and on poverty and poverty programs in Canada in particular. Topics covered include aging, education, ethnicity and minorities, the family, health, housing, income, labor, law and human rights, migration, rural poverty, social planning, and social work.

Rainwater, Lee, Richard P. Coleman, and Gerald Handel, Workingman's Wife: Her Personality, World and Life Style, Oceana Publications, 1959.

Interesting interpretative view of the life and views of the nonemployed working class mother.

Rainwater, Lee, and Karol K. Weinstein, And the Poor Get Children: Sex, Contraception, and Family Planning in the Working Class, Quadrangle Books, 1960, 202 pp., \$3.95.

Perceptive study based upon comprehensive interviews with 46 lower class men and 50 lower class women and Chicago and Cincinnati.

Schorr, Alvin L., Poor Kids: A Report on Children in Poverty, Basic Books, 1966, 205 pp., \$5.95.

Examines the poignant situation of poor children. In the light of their effect on family life, the book also analyzes various programs that have been proposed as remedies.

Seligman, Ben B., Permanent Poverty: An American Syndrome, Quadrangle Books, 1968, 238 pp., \$6.50.

Carefully researched portrait of the hard-core poor across the United States.

Shostak, Arthur B., and William Gomberg (eds.), Blue-Collar World: Studies of the American Worker, Prentice-Hall, 1964, 631 pp., \$11.00.

The American worker--who he is, what he hopes and fears--is dealt with in this survey of the working class life style. The 51 essays by prominent authorities in social research examine working class family life, community mores, physical and mental health, employment, leisure, prospects, needs. The book offers useful insights for planning in health, education, and industry.

### 2. Pamphlets and Periodicals

Cavan, Ruth S., "Subcultural Variations and Mobility," in Harold T. Christensen (ed.), Handbook of Marriage and the Family, Rand McNally, 1964.

A consideration of variations in family structures and roles, child rearing patterns, and mobility, among the social classes.

Chilman, Catherine S., "The Crisis and Challenge of Low-Income Families in the 1960's," Journal of Marriage and the Family, vol. 26, no. 1, (February 1964), pp. 39-43.

A discussion of the split between the advantaged and the disadvantaged, and the implications for education, especially parent education.

Cohen, Albert K., and Harold M. Hodges, Jr., "Characteristics of the Lower Blue-Collar Class," Social Problems, vol. 10 (Spring 1963), pp. 303-334.

Herzog, Elizabeth, About the Poor: Some Facts and Some Fictions, Children's Bureau Publication Number 451, 1967 (paperback \$ .35).

Contains papers on the Negro family, unmarried mothers, and some assumptions about the poor. An excellent 120-item bibliography is included.

## THE AMERICAN FAMILY

Herzog, Elizabeth, "Some Assumptions About the Poor," The Social Service Review, vol. 37, (December 1963), pp., 389-402.

Describes some of the current misconceptions and details some of the psychological characteristics and aspects of family structure, sex patterns, and values of the poor.

Irelan, Lola M., Low-Income Life Styles, U.S. Government Printing Office, 1966, 86pp., \$ .35.

Attempts to detail characteristic behavior of the poor in certain important life areas: family organization, children's preparation for school, health care, and consumer practices.

Journal of Marriage and the Family, vol 26, (November 1964).

Entire issue devoted to "American Poverty in the Mid-Sixties.

Keller, Suzanne, The American Lower Class Family. New York State Division for Youth, 1966, 89 pp., \$.25.

Brings together the findings and observations of a number of contemporary social scientists about the problems of the American low-income family.

Kohn, Melvin L., "Social Class and Parental Values," The American Journal of Sociology, vol. 44, (January 1959), pp. 337-351.

A study of the values which middle and working class parents are most interested in inculcating in their children.

McGuire, Carson, "Family Life in Lower and Middle Class Homes," Marriage and Family Living, vol. 14, (1952), pp. 1-6.

A report of "systematic differences" in life style and child rearing patterns among lower and middle class families.

Rosel, Alice, "Naming Children in Middle-Class Families," American Sociological Review, vol. 30, (August 1965), pp., 449-513.

A provocative article which uses the naming of children after relatives as clues to the affective structure of the middle-class American family. Concludes that the affective structure of the family is becoming more symmetrical.

Stewart, Maxwell S., The Poor Among Us--Challenge and Opportunity, Public Affairs Pamphlet No. 362, 1966, \$ .25.

Describes the extent of poverty in the U.S. today, the Johnson administration's programs to reduce this poverty, and further measures which are imperative if the poor are to be effectively helped.

### 3. Audio-Visual Materials

#### Films

The Cities and the Poor: Part I, NET Film Service, 60 min., black and white.

In this study of the frustrations, aspirations, and fears of America's poor, sections of Chicago and Los Angeles are examined in an attempt to understand the nature of social welfare work, the lack of motivation among the poor, and the growing impatience prevalent in some poverty-stricken areas.

## THE AMERICAN FAMILY

The Cities and the Poor: Part II, NET Film Service, 60 min., black and white.

In this second NET film on poverty in urban areas, emphasis is centered on examining the continuing unrest in the nation's slums and the effects of this discontent on poverty programs now in existence.

The Hard Way, NET Film Service, 60 min., black and white.

The problem of poverty in America, the richest country in the world, is discussed emphasizing the ways in which the poor of today are different from those of past generations.

Marked for Failure, NET Film Service, 60 min., black and white.

This film report focuses on the problems facing both educators and children in America's slum schools and illuminates the reasons why these children, mostly Negro, are kept out of the cultural and, ultimately, the economic mainstream of society.

OEO Film Guide, Office of Economic Opportunity, Public Affairs Office, 41 pp.

An annotated listing of over 150 films dealing with the nature and extent of poverty in the U.S. and with opportunities and programs for self-help. Also includes lists of film sources.

Social Class in America, McGraw-Hill, 16 min.

Significant contrasts are shown in the lives of three boys who come from three different social classes. The film relates the ascribed, or inherited, status of each to the wealth, occupation, residential address and social status of his parents and shows how graduation from high school marks the beginning of increasingly different lives. Illustrates factors favoring vertical mobility in America.

### F. Racial, Ethnic and Religious Variation

#### 1. Books

Bernard, Jessie, Marriage and Family Among Negroes, Prentice-Hall, 1966, 160 pp., \$4.95 (paperback \$1.95).

A timely analysis of research on Negro family life, assessing these families' strengths and problems. The author proposes a two culture theory of Negro society and argues that the most common Negro family pattern is that of parents within the framework of a first and only marriage. Her survey includes many current studies which tackle popular misconceptions of Negro values and mores.

Billingsley, Andrew, Black Families in White America, Prentice-Hall, 1968, 218 pp., \$4.95.

Historical analysis of the structure, aspirations, and problems of black families in America. The systems approach helps to clarify family problem-solving efforts. Emphasizes "family viability." Scholarly, but easily read.

Coles, Robert, M.D., Children of Crisis: A Study of Courage and Fear, Little and Brown, 1967, 401 pp., \$8.50 (paperback \$2.45).

Study of the impact of the civil rights struggle on the varied lives of southern whites and blacks.

Fishman, Joshua, The Jewish Family, Anti-Defamation League of B'nai B'rith, 1960.

## THE AMERICAN FAMILY

Frazier, E. Franklin, The Negro Family in the United States, Dryden, 1951.

The most comprehensive account available of American Negro family patterns from earliest slavery to the twentieth century.

Gordis, Robert, Sex and the Family in the Jewish Tradition, Burning Bush Press, 1967, 64 pp., (paperback \$1.25).

A short review of the Jewish viewpoint on modern morality, pre-marital sex, marriage and divorce. Cites biblical and rabbinic literature, to bring a fresh viewpoint on topics of concern to modern family life.

Laum, Norman, A Hedge of Roses, Philipp Felcheim, 1966, (paperback \$1.75).

A lucid statement of the Jewish position on matters concerning sex and marriage.

The Negro and the City, Time-Life Books, 1968, 159 pp., (paperback \$1.50).

An adaptation from Fortune's "Business and the Urban Crisis." It focuses on the roles business, industry, unions and the police assumed in various American cities following the summer race riots of 1967. The positive aspects of black power are also described.

Schulz, David A., Coming Up Black: Patterns of Ghetto Socialization, Prentice-Hall, 1969, 195 pp., \$5.95 (paperback \$2.45).

Sociologist analyzes "what it is like to be black, poor and living in the ghetto of a mid-western city" from participant observation and case study interviews with 10 families containing 108 persons over a three and one-half year period. Focuses on understanding black interpersonal and family relationships. He describes how antipoverty programs, designed by those with a middle-class value-orientation, are viewed by Negro families who are poor.

Thomas, John L., The American Catholic Family, Prentice-Hall, 1956.

Treats the Catholic family as a minority system in American society. Oriented toward the maintenance of that system as a distinct system.

Thomas, John L., The Catholic Viewpoint on Marriage and the Family, Hanover, 1958, 191 pp., \$3.50.

Mature and penetrating analysis of Catholic family practices and those current in American society.

### 2. Pamphlets and Periodicals

Edwards, G. Franklin, "Marriage and Family Life Among Negroes," The Journal of Negro Education, vol. 32, (Fall 1963), pp. 451-465.

Moynihan, Daniel Patrick, "Employment, Income, and the Ordeal of the Negro Family," Daedalus, vol. 94, (Fall 1965), pp. 745-770.

Provides current and extensive factual data on the status of American Negro families, particularly the close parallel between unemployment and marital separation.

Rainwater, Lee, "Crucible of Identity: The Negro Lower Class Family," Daedalus, vol. 95, (Winter 1966), pp. 172-216.

The Case for National Action: The Negro Family, Office of Policy Planning and Research, U.S. Department of Labor, U.S. Government Printing Office, 1965, (paperback \$ .45)



## THE AMERICAN FAMILY

Contrary to what most white Americans believe, this publication suggests that "the circumstances of the Negro American community in recent years has probably been getting worse, not better." Using census data of 1960, and other like source materials, evidence is presented that the Negro family in the urban ghetto is crumbling. In addition to the presentation of the problem, and a discussion of the underlying reasons for the present Negro situation, it is suggested that the Federal Government direct itself to the national goal of the establishment of a stable Negro family structure. The booklet is put together well and contains numerous illustrative graphs and tables.

### 2. Audio-Visual Materials

#### Films

I'm Sorry, Communication Arts, Inc., 30 min.

Dramatic story of an older teenage Negro boy living in the slums of Jersey City, trying to be a man in spite of those who would emasculate him. Shows pressure everywhere, his home life with his mother and little brother, the pressures of joining the gang, the pressure of escape into easy vice, the pressure of trying to find a job without being educated, his doubts about the white man's church.

To Find a Home, Anti-Defamation League of B'nai Brith, 28 min., black and white, 16 mm., sound.

On discrimination in housing in a northern city. Shows a Negro's search for better housing.

Walk in My Shoes, ABC Inter-Group Relations, 1964, 54 min.

A walk in the shoes of an American Negro in various levels of life in different parts of the country. (Be sure to preview this film which is "tough" in spots.)

#### C. Kin-Family Network

##### 1. Books

Adams, Bert N., Kinship in an Urban Setting, Markham Publishing, 1968, \$6.00 (paperback \$2.95).

Report of a 1963-64 study of kin relationships--young adult-parent, adult-sibling, adult-cousin--of 799 married, middle and working class whites in North Carolina. Includes extensive bibliography.

Bott, Elizabeth, Family and Social Network: Roles, Norms, and External Relationships in Ordinary Urban Families, Tavistock, 1957.

Clignet, Remi, Many Wives, Many Powers, Northwestern University Press, 1970, 380 pp., \$11.50.

A study of authority and power in polygynous families.

Duvall, Evelyn M., In-Laws: Pro and Con, Association Press, 1954, 400 pp.

A report of research on sources and nature of in-law problems and satisfactions among 5,020 men and women.

Farber, Bernard, Comparative Kinship Systems, Wiley, 1968, 147 pp., \$5.95.

Gives a method of analysis which can be applied to the comparative study of kinship in urban, industrial and preliterate societies.

Fox, Robin, Kinship and Marriage, Penguin Books, 1967, (paperback \$1.45)

An anthropological approach to the study of the family with extensive genealogical charts.

## THE AMERICAN FAMILY

Goode, William J., World Revolution and Family Patterns, Free Press, 1963, 432 pp., \$9.95.

A comprehensive historical and cross-cultural analysis of changes in family values and structure in the light of industrialization and economic development.

Heiskanen, Veronica Stolte, Social Structure, Family Patterns, and Interpersonal Influence, Transactions of the Western March Society, vol. 14, The Academic Bookstore, 1967, 145 pp., \$4.50.

Sophisticated study of family change and interpersonal influence in Finland, offering a contribution in family theory.

Mace, David, and Vera Mace, Marriage: East and West, Doubleday, 1960, 350 pp., \$4.50 (paperback \$.95)

Asian patterns of courtship, love, and marriage, compared and contrasted with Western customs.

Mace, David, and Vera Mace, Sex, Love and Marriage in the Caribbean, National Council of Churches, 98 pp., (paperback).

Study of marriage and family systems in the Caribbean, concluded in a seminar sponsored by the World Council of Churches.

Mace, David, and Vera Mace, The Soviet Family, Doubleday, 1963, 367 pp., \$4.95 (paperback \$1.45).

A lively account written for the educated layman and based both upon library research and upon the Maces' personal investigation within the Soviet Union.

Marenko, A. S., The Collective Family: A Handbook for Russian Parents, Doubleday and Company, 1967, \$1.45.

The author presents his theories of character education in a series of fictionalized case histories. Each story makes a point about some familiar topic of family life: children and money, the large family, the parents' role in raising a child, discipline versus freedom, sex education, the only child, morality.

Mead, Margaret, and Ken Heyman, Family, Macmillan, 1965, 208 pp., \$10.00.

Emphasis on the universal aspects of human life that underlie its cultural elaboration. Text is not precisely focused on the family. Primarily a book about the birth and socialization of children. Pictures by Ken Heyman illustrate the subject. Anthropological point of view.

Murdock, George P., Social Structure, Free Press, 1965, (paperback \$2.95).

A paperback edition of the classic reference on the nature of the nuclear family and its relation to the kinship network and social structure. Based on data from 250 historical, contemporary, and preliterate societies. Originally published in 1949.

Ninkoff, Meyer F., Comparative Family Systems, Houghton-Mifflin, 1965, 402 pp.

An important inquiry into the relation between family and social structure. Analyzes the family both as the independent and the dependent variable in social change. Details the structure and functioning of family systems in economies ranging from hunting and gathering to modern industrial.

Queen, Stuart A., and Robert W. Habenstein, The Family in Various Cultures (3rd ed.), Lippincott, 1967, 336 pp., \$4.95.

An assemblage of comparable data about various family systems indicating some of the historical origins of family organization in contemporary U.S. The third edition includes a new chapter on the contemporary Negro American family and nine chapters covering development of the American family from its roots in historical times to present.

## THE AMERICAN FAMILY

Johnston, Joanna, and Murray Karwiler, Family Tree, World Publishing Co., 1967, \$7.95.

Anthology of selections from fiction, non-fiction and poetry illustrating various family relationships. Offers varied selections of unusually good quality.

Leichter, Hope Jenson, and William E. Mitchell, Kinship and Casework, Russell Sage Foundation, 1967, \$7.50.

Descriptive study of urban Jewish clients of a family service agency. Aimed towards sensitizing caseworkers to the kinship roles of their clients.

Shanas, Ethel, and Gordon E. Streib (eds.), Social Structure and the Family: Generational Relations, Prentice-Hall, 1965, 394 pp., \$9.95.

A well-integrated collection of theoretically sound and empirically based analyses of the social and economic aspects of generational relationships and kinship linkages.

### 2. Pamphlets and Periodicals

Litwak, Eugene, "Occupational Mobility and Extended Family Cohesion," American Sociological Review, vol. 25, (February 1960), pp. 9-21; "Geographic Mobility and Extended Family Cohesion," American Sociological Review, vol. 25, (June 1960), pp. 385-394.

Companion articles developing thesis that modified extended family is consistent with the demands of a mature industrial society. Presents data to show that the extended family can provide aid across social class lines and does not require geographical proximity.

Sussman, Marvin B., "The Isolated Nuclear Family: Fact or Fiction," Social Problems, vol. 7, (Spring 1959), pp. 333-340.

Argues that the isolated nuclear family is mostly fiction. Presents data to show that inter-generational kin ties are of more significance than is generally believed.

Sussman, Marvin B., and Lee G. Burchinal, "Kin Family Network: Unheralded Structure in Current Conceptualizations of Family Functioning," Marriage and Family Living, vol. 24, no. 3 (August 1962), pp. 231-240.

Comprehensive assessment of recent data on the existence of a kin network in American society. Good summary article.

HUMAN SEXUALITY AND SEX EDUCATION

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## II. HUMAN SEXUALITY AND SEX EDUCATION

Today there is considerable discussion of the "sexual revolution"; of premarital, marital, and extramarital sexual behavior; of the "new morality" and "situation ethics"; of "human sexual response"; and of the consequences of marital and non-marital sexual attitudes and behavior. Related to this pervasive cultural concern is an increasingly insistent demand that sex education become an integral part of the school curriculum.

This section of the Bibliography attempts to provide an up-to-date listing of available materials under three headings: "Human Sexuality"; "Population Problems and Family Planning"; and "Sex Education." Many of the references have relevance to two or more subsections. However, each reference has been listed only once; being placed (perhaps somewhat arbitrarily at times) into the subsection which seemed most appropriate. Thus the user of this Bibliography would be well-advised to peruse the entire section.

### A. Human Sexuality

#### 1. Books

Barnette, Henlee H., The New Theology and Morality, Westminster Press, 1967, 120 pp., \$1.85.

Section III, "The New Sex Code: 'Permissiveness with Affection'," includes history and causative factors in changing codes, the "Playboy philosophy," and some Christian approaches to sex.

Bassett, Marion, A New Sex Ethics and Marriage Structure, Philosophical Library, 1961, 332 pp., \$6.00.

Bell, Robert K., Premarital Sex in a Changing Society, Prentice-Hall, Inc., 1966, 182 pp., \$4.95 (paperback \$1.95).

Reveals the nature and degree of social change affecting premarital sex by tracing the roots of the American Family from the Greeks to the early Christians, through the Puritans to the present. Discusses premarital sexual attitudes and behavior, the influence of social class, race, and religion on both attitudes and behavior, and the questions of marital, extramarital and postmarital sex.

Bertocci, Peter A., Sex, Love and The Person, Sheed and Ward, 1967, 173 pp., (paperback \$2.45).

A philosopher focuses on the question of premarital sexual experience. He concludes that both love and the person are best served by the expression of sex within marriage.

Borowitz, Eugene B., Choosing a Sex Ethic: A Jewish Inquiry, Schocken Books, 1969, 182 pp., \$5.00.

The author examines four ethics which are widely adhered to by modern man, and himself proposes a fifth alternative. Also relates his discussion to the particular traditions and attitudes of the modern Jew.

Brecher, Ruth and Edward Brecher (eds.), An Analysis of Human Sexual Response, Little-Brown, 1966, 318 pp., \$5.95 (paperback \$2.75).

Designed to help clarify aspects of Masters and Johnson, Human Sexual Response. Contains additional supplementary material on human sexual response.

Brenton, Myron, The American Male, Coward-McCann, 1967, 252 pp., \$5.95.

A profile of the modern American male describing the dilemmas of both sexes in the light of changing concepts of masculinity and femininity. The author argues that maleness must be redefined as an inner quality reflected in the choices men make and the way they conduct their lives as individual human beings.

## HUMAN SEXUALITY

Broderick, Carlfred, and Jessie Bernard (ed.), The Individual, Sex and Society: A SIECUS Handbook for Teachers and Counselors. Johns Hopkins Press, 1969, 391 pp., (paperback \$4.95).

Contributors: Bernard, Broderick, Chilman, Christensen, Foote, Gravatt, Hammond, Warren R. Johnson, Kirkendall, Ladner, Libby, Mahan, Manley, Meltor, Middlewood, Money, Moore, Rainwater, Reiss, Wiener.

An attempt to move away from the genital concept of sexuality to identify new meanings and understandings.

Child Study Association, Unmarried Parenthood--A Community Confrontation, 1967, \$1.95.

Proceedings of a conference on unmarried parenthood. The central theme was prevention with emphasis on a recommitment to family life education in modern society.

Clark, LeMon, M.D., 101 Intimate Sexual Problems Answered, The New American Library, 1967, 191 pp., (paperback \$.75).

Discusses frankly some intimate sexual problems using reprinted letters from the magazine Sexology.

Clark, LeMon, M.D., 101 More Intimate Sexual Problems Answered, The New American Library, 1968, 160 pp., (paperback \$.75).

A continuation of the earlier book using the same format.

Cole, William Graham, Sex and Love in the Bible, Association Press, 1960, \$6.50

Deals with every major reference to sex and love in the Bible.

Cox, Frank D., Youth, Marriage and the Deductive Society (rev.), Wm. C. Brown Company, 1968, 144 pp., (paperback \$1.95).

Considers the problems of modern day middle class youth as they seek fulfillment in marriage, focussing attention on dating traditions and patterns, premarital sexual behavior, problems of young marriage, economic influences on young marriage.

Crawley, Lawrence, James Malfetti, Ernest Stewart, and Nini Vas Dias, Reproduction, Sex, and Preparation for Marriage, Prentice-Hall, 1965, \$5.95 (paperback \$2.95).

Deals with social biology of human reproduction, presents a modified Freudian view of psycho-sexual development and a brief overview of preparation for marriage. Focuses on the normal and usual situations and conditions of sex and reproduction rather than the exceptional.

Davis, Maxine, Sex and the Adolescent, Dial Press, 1958, \$5.00.

Well-written book on sex in adolescence and the problems of growing up.

Davis, Maxine, Sexual Responsibility in Marriage, Dial Press, 1963, 380 pp., \$7.50.

Deutsch, Ronald M., The Key to Feminine Response in Marriage, Random House, 1968, \$5.95, (citation listed in section V, A1).

See "Married Living" section for annotation.

## HUMAN SEXUALITY

Duvall, Evelyn M. and Sylvanus M. Duvall, Sex Ways in Fact and Faith, Association Press, 1961, 253 pp., \$3.95.

Symposium in which 15 family life authorities present a summary of today's problems related to sex behavior.

Ehrmann, Winston, "Marital and Non-marital Sexual Behavior," in Harold T. Christensen (ed.), Handbook of Marriage and the Family, Rand McNally, 1964, pp. 585-622.

A summary of the state of our knowledge concerning sexual behavior.

Ehrmann, Winston, Premarital Dating Behavior, Holt, 1959, 316 pp., \$6.00 (paperback \$.75).

A study of the premarital sexual involvements of over 1,000 college students. Includes data on codes of heterosexual behavior with "acquaintances, friends, and lovers." Analyzes social class influences.

Eichenlaub, John E., New Approaches to Sex in Marriage, Delacorte Press, 1967, 205 pp., \$5.95.

Detailed information on the intensification of sex stimuli, directed to those in the middle years.

Ellis, Albert and Albert Abarbanel, The Encyclopedia of Sexual Behavior, Hawthorne Books, 1961, two volumes, \$30.00.

Comprehensive reference that covers the major facets of the emotional, psychological, and historical aspects of sexuality.

Fast, Julius, What You Should Know About "Human Sexual Response", Berkeley Publishing Corp., 1966, 167 pp., (paperback \$.75).

Designed to help clarify technical terminology and aspects of Masters and Johnson's Human Sexual Response.

Fletcher, Joseph, Moral Responsibility: Situation Ethics at Work, Westminster Press, 1967, \$3.95 (paperback) \$1.95).

Answers the question, how does "Situation Ethics" work--specifically?

Fletcher, Joseph, Situation Ethics, The New Morality, Westminster Press, 1966, 176 pp., \$3.95 (paperback \$1.95).

Discussion based on an ethic of love and individual decision-making, rather than adherence to rules.

Ford, Clellan S. and Frank A. Beach, Patterns of Sexual Behavior, Harper and Row, 1951, 307 pp., \$6.50.

Freud, Edrita, On Love and Sexuality, The Grove Press, 1961, 296 pp., (paperback \$.75).

Fromme, Allan, Understanding the Sexual Response in Humans: Containing a Critical Review of the Masters-Johnson Research, Pocket Books, 1964, 79 pp., (paperback \$1.00).

A study designed to help clarify technical terminology and aspects of Masters and Johnson's Human Sexual Response.

## HUMAN SEXUALITY

Gagnon, John H. and William Simon (eds.), Sexual Deviance, Harper and Row, 1967, 310 pp., \$3.50.

Gebhard, Paul H., Wardell B. Pomeroy, Clyde E. Martin, and Cornelia V. Christianson, Pregnancy, Birth and Abortion, Harper, 1958.

The third volume in the series of studies prepared by the Institute of Sex Research. The study is based on interviews with approximately 7,000 women and deals with pregnancy, birth, and abortion within and outside marriage.

Genné, Elizabeth and William Genné, Christians and the Crisis in Sex Morality: The Church Looks at the Facts About Sex and Marriage Today, Association Press, 1962, 123 pp., (paperback \$.50).

Seeks in a summary way to present the essence of the publications and conference proceedings of the North American Conference on Church and Family sponsored by the Canadian and National (U.S.A.) Councils of Churches.

Goldman, George D., and Donald S. Milman, Modern Woman: Her Personality and Sexuality, Charles C. Thomas, 1969, 275 pp., \$10.50.

Covers all the subjects of universal interest, including women's reactions to childbearing, frigidity, promiscuity, homosexuality, and depression. Various points of view are presented, most of them controversial. A wealth of useful material.

Grant, Vernon W., The Psychology of Sexual Emotion, Longmans, Green and Co., 1957, 270 pp., \$4.75.

Grunwald, Henry A. (ed.), Sex in America, Bantam Books, 1964, 311 pp., (paperback \$.75).

A collection of articles concerning today's changing sexual mores by distinguished authors: Bettelheim, Calderone, Hunt, Kirkendall, Lerner, May, Mead, Reisman.

Hastings, Donald W., Impotence and Rigidity, Little, Brown and Co., 1963, 144 pp., \$6.00 (paperback \$1.85).

Hastings, Donald W., Sexual Expression in Marriage, Little, Brown and Co., 1966, 163 pp., \$6.00 (paperback \$1.25).

Himelhoch, Jerome and Sylvia F. Fava (eds.), Sexual Behavior in American Society: An Appraisal of the First Two Kinsey Reports, W. W. Norton, 1955.

A collection of articles by specialists, appraising many different aspects of the Kinsey research.

Hodgson, Leonard, Sex and Christian Freedom, Seabury Press, 1967, \$2.95.

An attempt to use Biblical research to support the author's belief in positive values rather than restrictive practices.

Hofmann, Martin, The Gay World: Male Homosexuality and the Social Creation of Evil, Basic Books Inc., 1968, \$5.00.

A psychiatrist calls for tolerance for the homosexual and for the abolition of all legal and social restraint. Reports exploration of San Francisco homosexual haunts.



## HUMAN SEXUALITY

Hofmann, Hans F., Sex Incorporated, Beacon Press, 1967, 129 pp., \$4.95.

Subtitled "a positive view of the sexual revolution." Addressed to both youth and adults. Explains how sex "can be incorporated into a total life-awareness."

Johnson, Warren, Human Sex and Sex Education, Macmillan, 1963.

Jones, H. Kimball, Toward a Christian Understanding of the Homosexual, Association Press, 1966, 160 pp., \$4.95.

Urges church towards understanding rather than condemnation of the homosexual. Summarizes facts, discusses church's beliefs about homosexuality, and gives advice for pastoral counselors.

Jones, Kenneth L., Louis W. Shainberg, and Curtis O. Beyer, Sex, Harper and Row, 1969, 160 pp., \$5.00 (paperback \$2.50).

Discusses several topics essential to a basic understanding of sexual behavior (including deviant behavior). Fertility control, infertility, pregnancy, heredity, and sex education are covered in context of premarital and marital sexual adjustment. Illustrations of sexual anatomy and physiology; bibliography; glossary.

Keeling, Michael, Morals in A Free Society, The Seabury Press, 1968., \$3.50.

The author, a British clergyman and social scientist, discusses the theoretical aspects of moral statements, sources of Christian judgments and human responsibility. He then analyzes criminal law, abortion, euthanasia, marriage and family, homosexuality, work, poverty, race, education, and politics.

Kinsey, Alfred C., Wardell B. Pomeroy, and Clyde E. Martin, Sexual Behavior in the Human Male, W. B. Saunders Company, 1948.

The first report of the most comprehensive study of human sexual behavior ever attempted. Presents findings based upon interviews with 5,300 American males.

Kinsey, Alfred C., Wardell B. Pomeroy, and Clyde E. Martin, Sexual Behavior in the Human Female, W. B. Saunders Company, 1953.

Companion volume to the reference listed above. Provides data based upon case histories of 5,940 American women.

Kirkendall, Lester A., Premarital Intercourse and Interpersonal Relationships, Matrix House, 1966, 302 pp., (paperback \$2.25).

Research study based on case histories of 668 premarital intercourse experiences reported by 200 college level males. Records the kinds of developmental problems met by young men of a particular subculture and at a particular time, and their attempts to meet or avoid those problems, using the variety of behavior patterns typical of their place and time. Propounds a humanistic ethic.

Krich, Aron (ed.), The Sexual Revolution, Volume 2, Dell Publishing Company, 1965, 225 pp., (paperback \$1.95).

Contains readings from three early studies of sexual behavior in the United States: "A Thousand Marriages," by F. L. Dickinson and L. Beam; "Factors in the Sex Life of 2,000 Women," by K. Davis; "A Research in Marriage," by G. V. T. Hamilton.

## HUMAN SEXUALITY

Kronhausen, Phyllis and Eberhard Kronhausen, Sex Histories of American College Men, Ballantine Books, 1960, \$5.00 (paperback \$.75).

Describes sexual attitudes and experiences of college students.

Linner, Roman Rechnitz, Sex and the Unborn Child, The Julian Press, 1969, 229 pp., \$6.95.

A presentation of the author's theory that sexual intercourse during pregnancy can result in damage to the fetus. 'Based on the Old Testament and the author's guesswork.' Those qualified to judge the validity of the theory will probably give little attention to this book.

Linner, Birgitta, Sex and Society in Sweden, Random House, 1967, \$4.95.

Attempts to provide an accurate portrayal of the Scandinavian view of sex and sex education. Discusses premarital sex, marriage, divorce, family planning, sex education, venereal disease. Includes a discussion of the church's view.

Maccoby, Eleanor E. (ed.), The Development of Sex Differences, Stanford University Press, 1966, 351 pp., \$8.50.

Summarization of research on the ways in which sex differences develop in young children--biological, learning and cultural determinants.

Mann, W. E., Canadian Trends in Premarital Behavior, The Anglican Church of Canada, 1967, 64 pp.

A careful analysis of 120 Canadian high school and university students, plus report of other studies.

Martinson, Floyd M., Sexual Knowledge, Values, and Behavior Patterns, Gustavus Adolphus College, \$3.00.

This is the report of a study in Minnesota which focuses on illegitimacy, but also concerns itself with the whole subject of heterosexual sex attitudes, values, and behavior patterns of youth.

Masters, William H. and Virginia E. Johnson, Human Sexual Response, Little, Brown and Company, 1966.

Technical report of a ten-year program of medical research into the nature of human sexual response. See books by Brecher and Brecher, by Fast, and by Fromme for nontechnical interpretations of Masters-Johnson study.

Mazur, Ronald Michael, Commonsense Sex, Beacon Press, 1968, 109 pp., \$4.95.

The author, a minister, attempts to "provide a meaningful basis of discussion among young people and between generations." Discusses such subjects as petting, mutual masturbation, contraception, premarital intercourse, and homosexuality. A frank discussion dedicated to the proposition that sexual relations can and should be positive, rewarding collaborations. Contrary to most writers he expounds the value of sexual intimacy, especially petting, before marriage.

McCary, James Leslie, Human Sexuality, A Contemporary Marriage Manual, Van Nostrand, 1967, 374 pp., \$9.75.

An objective and comprehensive summary of current knowledge about various phases of human sexual behavior.

## HUMAN SEXUALITY

Mead, Margaret, Male and Female, William Morrow and Co., 1949, 477 pp., \$5.00 (paperback \$.50).

Discusses the relationship between men and women in seven South Seas societies and applies these insights to the role of the sexes in contemporary (late 40's) American society.

Money, John, Sex Errors of the Body, John Hopkins Press, 1968, \$4.95.

Following a brief discussion of the normal process of sexual development, the author reviews the various "sexual errors." Contribution in a neglected area.

Money, John (ed.), Sex Research--New Developments, Holt, Rinehart and Winston, 1965, 260 pp., \$3.50.

Scholarly review of empirical research into the psycho-physiology of sex during the past decade. Emphasis on behavior which can be studied experimentally and empirically.

Moore, Marcena, and Trevor Moore, Sex, Sex, Sex, Pilgrim Press, 1969, \$4.50 (paperback \$1.95).

A whimsical cartoon-like book offering some conventional ideas about sex and romance. Appropriate for teens.

Morton, R. S., Venereal Diseases, Penguin Books, 1968, (paperback \$.95).

Discusses the physical factors in gonorrhea, syphilis, and other sexually transmitted diseases; traces history and epidemiological aspects; reviews current international statistics.

Packard, Vance, The Sexual Wilderness, David McKay Company, 1968, 553 pp., \$6.95.

A huge collection of "professional" opinions and facts (hard and soft) and a assorted bits of information on sex, males, females, and combinations of the

Pochin, Jean, Without a Wedding Ring: Casework with Unmarried Parents, Schocken Books, 1964, 164 pp., \$5.00.

Clear discussion of the situation of the unmarried mother and father, and the social worker in helping them. Written largely from the author's casework experience.

Pollak, Otto, and Alfred S. Friedman (eds.), Family Dynamics and Female Sexual Delinquency, Science and Behavior Books, Inc., 1969, 210 pp., \$7.95 (paperback \$5.95).

Eighteen contributors give authoritative description of the sexually acting out. A systematic effort to conduct joint family treatment is offered. Scholarly.

Reiss, Ira L., Premarital Sexual Standards in America, Free Press, 1960, 286 pp., \$5.00 (paperback \$1.95).

Theoretical analysis of the nature of sexual standards in contemporary United States.

Reiss, Ira L., The Social Context of Pre-Marital Sexual Permissiveness, Holt, Rinehart and Winston, 1967, 236 pp., \$7.95.

The findings of an intensive study of pre-marital sexual attitudes are discussed in this book. Insightful.

## HUMAN SEXUALITY

Roberts, Robert W., (ed.), The Unwed Mother, Harper and Row, 1966, 270 pp., (paperback \$3.25).

Readings on a theoretical level on unwed mothers and the social problem of illegitimacy.

Rubin, Isadore, and Lester A. Kirkendall (eds.), Sex in the Adolescent Years, Association Press, 1958, 223 pp., \$5.00.

Thirty-eight selections reprinted from Sexology are included in this volume. The topics include sex education, anatomy, sexual needs and values, pre-marital sex, homosexuality and special problems related to adolescence.

Ryan, Mary Perkins, and John Julian Ryan, Love and Sexuality: A Christian Approach, Holt, Rinehart and Winston, 1969, 190 pp., \$4.95.

A couple give their views on a great variety of topics involved in love and sexuality, from a Christian Catholic viewpoint.

Sagarin, Edward, and Donal E. MacNamara (eds.), Problems of Sex Behavior, Thomas Y. Crowell, 1958, 288 pp., \$2.95.

Topics include: The ambiguity of contemporary sex attitudes, illegitimacy, prostitution, male homosexuality, incest, rape, child molestation, pornography. Contributors include: Ellis, Vincent, Lemert, Weinberg, Ploscowe, Polsky, Gagnon, Gebhard, and others.

Saltman, Jules (ed.), Sex, Love, and Marriage, Grosset and Dunlap, 1958, 160 pp., \$3.95.

Eleven chapters by seven widely recognized authorities. Simplicity of writing but solid content. For lay public. While sexual adjustment is the dominant theme, much is said on adjustment of all kinds.

Sex and Morality, A Report to the British Council of Churches, Fortress Press, 1966, 77 pp., \$1.00.

Various attitudes within the church are studied. Emphasis on need for more study and greater tolerance.

Sex and the College Student, Group for the Advancement of Psychiatry, 1965, 128 pp., \$1.50.

For adults as well as young adults, includes a detailed reporting of the development of sexuality from infancy through adolescence. Makes suggestions to college administrators about policies on sexual issues on the college campus.

Schofield, M., The Sexual Behavior of Young People, Longmans, Green and Company, 1965, 316 pp., about \$6.00.

Report of the first detailed study of the sexual behavior and attitudes of young people aged 15 to 19 in Britain. Only research into sexual behavior in any country based on a series of random samples. Attempts first to discover the extent and kind of sexual practices of the young people, then to gauge their attitudes, and third to investigate the association between sexual experience and other factors.

Schur, E. M. (ed.), The Family and the Sexual Revolution, Indiana University Press, 1964, 427 pp., \$7.95 (paperback \$3.95).

A recent collection of readings with focus on change in sex mores, the roles of women in today's society and birth control.

SIECUS, (ed.), Sexuality and Man, Scribners, 1970, 239 pp., \$6.95.

Based on SIECUS Study Guides written by experts connected with SIECUS.

## HUMAN SEXUALITY

Southard, Helen, Sex Before Twenty: New Answers for Youth, E. P. Dutton and Company, 1967, 121 pp., \$3.50.

Discussion of the real situation in which young people find themselves today. Provides young people with a foundation for making their own decisions. Shows how sexual needs are always related to broader emotional needs, and how sex can be used to hurt as well as to enhance emotional growth. Straightforward account of the physical facts about sex, but with emphasis on the whole person.

Storr, Anthony, Sexual Deviation, Penguin Books, 1968, (paperback \$.95).

A practicing psychiatrist identifies the common forms of sexual deviation, explains their causes and their relation to normal behavior, and surveys social attitudes toward them.

Terkelson, Helen E., I'm Going to Have a Baby and I'm Not Married, Fortress Press, (paperback \$.95).

Thomson, W. A. (ed.), Sex and Its Problems, Williams and Wilkins, 1968, 90 pp., (paperback \$.95).

An English book written for physicians. Helpful for anyone wanting a comprehensive picture of the medical aspects of the subject.

Vincent, Clark E. (ed.), Human Sexuality in Medical Education and Practice, Charles C. Thomas, 1968.

Directed to physicians in response to "some of the wide-ranging needs and varied levels of information of practicing physicians, health personnel, and medical school faculty and students." Deals with physical, medical, psychological, and sociological aspects of human sexuality.

Vincent, Clark E., Unmarried Mothers, Free Press, 1966, 308 pp., \$6.00.

Comprehensive study of a by-product of premarital and nonmarital sex involvement. Studies social and psychological factors in illegitimacy.

Wood, H. Curtis, Sex Without Babies, Whitmore Publishing Company, 1967, 229 pp., \$5.00.

An obstetrician offers a comprehensive discussion of surgical sterilization.

Wood, Frederick, C., Jr., Sex and the New Morality, Association Press, 1968, 153 pp., \$4.95 (paperback \$2.25).

Analyzes for young adults and provides guidelines for applying the ethical attitude variously labeled new morality, situation ethics, contextual ethics. Discusses the double standard, the "cult of virginity", premarital intercourse.

Wynn, John C. (ed.), Sex, Family, and Society in Theological Focus, Association Press, 1966, \$4.95.

A collection of nine essays concerned with biblical perspective and sexual behavior, family values, and various social pressures on family life. Clergymen and others interested in the relationship between the Christian ethic and the so-called sexual revolution will find this book a scholarly and insightful contribution.

## HUMAN SEXUALITY

### 2. Pamphlets and Periodicals

California School Health, Volume 3, January, 1967.

Entire issue devoted to "Human Sexuality and Education." Articles by Kirkendall, Calderone, and others.

Group for the Advancement of Psychiatry, Inc., The Right to Abortion: A Psychiatric View, GAP Report No. 75, 1969, 36 pages, \$1.00.

Humanist, American Humanist Association, Spring 1965, \$.50.

A special compilation of articles on sex and modern society. Includes annotated booklist by I. Rubin.

Journal of Social Issues, Volume 22, April, 1966.

Entire issue devoted to "The Sexual Renaissance," includes:

Bell, "Parent-Child Conflict in Sexual Values"

Bernard, "The Fourth Revolution"

Broderick, "Sexual Behavior among Pre-Adolescents"

Christensen, "Scandinavian and American Sex Norms"

Debbard, "Factors in Marital Orgasm"

Kirkendall and Libby, "Interpersonal Relationship--Crux of the Sexual Renaissance"

Rainwater, "Some Aspects of Lower Class Sexual Behavior"

Reiss, "The Sexual Renaissance in America"

Sherwin, "The Law and Sexual Relationships"

Vincent, "Teen-Age Unwed Mothers in American Society"

Marriage, the Family, and Human Sexuality, Behavioral Sciences Center, Bowman Gray School of Medicine, Winston-Salem, N. C. 27103, \$1.00.

A report of the 1966 six-week summer institute with contributions from ten authors.

Adams, Joe K., "The Overemphasis on Sex in Western Civilization--a Point of View," Journal of Humanistic Psychology, Spring 1963, pp. 54-75.

Calderone, Mary S., "Sex--Health or Disease," The Journal of School Health, June, 1965.

Calderone, Mary S., "The Development of Healthy Sexuality," Journal of Physical Education, Recreation, September, 1966, pp. 23-27.

Heron, A. (ed.), Towards a Quaker View of Sex, Friends Bookstore, 1964, \$.85.

Unofficial statement with challenging views of sexual behavior and ethics.

Kirkendall, Lester A., and Elizabeth Ogg, Sex and Our Society, Public Affairs Pamphlet, Number 366, \$.25.

Reasoned approach to attitudes about sex in our society.

Rubin, Isadore, "Sex and Morality: A Challenging Point of View," Redbook, October 1966.

## HUMAN SEXUALITY

Simon, William, and John Gagnon, "Psychosexual Development"; Transaction, March 1969, pp. 9-17.

The authors reject the assumption that "powerful" psychosexual drives are fixed biological attributes. They develop the concept of sexual behavior as "scripted behavior."

### 3. Audio-Visual Materials

#### Films

As Boys Grow, Medical Arts Productions, Inc. (MAPI), 20 min.

Deals with changes that occur during adolescence, both primary and secondary sexual characteristics, and to the relationship between the sexes. Designed for 7th and 8th grade boys.

Boy to Man, Churchill Films, 1962, 16 min., black and white or color.

Explains some of the common physiological manifestations of maturity in adolescence. For pre-adolescent and adolescent boys and parents. A companion film, Girl to Woman, is available.

Dance Little Children, Kansas State Board of Health, 1961, 25 min., color.

Film centers around outbreak of syphilis among teenagers in American city; illustrates responsibility of parents, shows hazards of pick-up dates, gives some insights into contemporary middle class society values; done in good taste.

From Generation to Generation, McGraw-Hill, 1960, 30 min., color.

Basic facts of human reproduction, showing childbirth as emotional and spiritual experience as well as a physical one; human reproduction is shown, with reverence, as part of nature's pattern; animation and beautiful photography.

The Game, Canadian Film Board, available from McGraw-Hill, 26 min., black and white, 1966.

Deals with the much discussed sexual behavior of the teen-ager. Shows how the boy-meets-girl game often starts with a challenge to the masculine ego from the boy's peer group.

Girl to Woman, Churchill Films, 1966, 20 min., black and white or color.

Explains some of the common physiological manifestations of maturity in adolescence. For pre-adolescent and adolescent girls and parents. A companion film, Boy to Man, is available.

Heredity and Environment, Coronet, 1951, 10 min.

Makes clear parts played by heredity and environment in the development of each individual; shows why people can be so much alike and yet so different.

Heredity and Pre-Natal Development, McGraw-Hill, 20 min.

(Somewhat "dated", referring consistently and often to "48 chromosomes.") Step-by-step picturization of growth, division and union of sex cells; explanation of chromosomes and genes, sex determination, transmission of physical and mental characteristics to offspring; influence of environment. Development of fetus traced diagrammatically until delivery.

## HUMAN SEXUALITY

How Much Affection?, McGraw-Hill, 1958, 20 min.

How much affection should there be between a couple who are going steady? How far can young people go in petting and still stay within the bounds of social mores and personal standards? The carefully presented drama of this film sets the stage for frank and constructive discussion of these and related questions. Clothes are dated.

Human Growth and Development, available through Minneapolis Public Schools.

A kinescope prepared primarily for use in training teachers.

The Innocent Party, Kansas State Board of Health, 1959, 17 min., color.

Young man learns tragic consequences of ill-advised pick-up and realizes his own responsibility to himself and those he loves. Simple, sincere documentary of nature, recognition, cure and control of syphilis. For senior high and adult audiences.

It's Wonderful Being a Girl, distributed by Modern Talking Picture Service, 1964, 17 min., color.

Designed to help young girls understand the physical and emotional problems of growing up.

The Merry-Go-Round, McGraw-Hill, 23 min., 1966.

What are adolescents saying and doing about sex? Film shows that both young people and their parents are concerned with adults insisting upon standards and youth questioning validity of attitudes. Comments by Ann Landers, Mary Winspear, Albert Ellis. Between times, Eric and Jenny, two 17 year olds, illustrate what the discussion is about.

Parent to Child about Sex, Wayne State University, 1965, 32 min., color.

Films for parents to help them answer questions, develop healthy attitudes; warns of hazards of inadequate sex education; teenagers and a physician are shown also. Handles masturbation well.

Fhoebe--Story of a Premarital Pregnancy, McGraw-Hill, 1964, black and white, 29 min.

Dramatizes the mental and emotional reactions of a teenager who discovers she is pregnant. Beautifully produced.

Psychological Differences Between the Sexes, McGraw-Hill, 1965, 19 min.

Explores the primary personality differences between men and women which may be factors in heterosexual relationships.

Quarter Million Teenagers, Churchill Films, 20 min., color.

Using animations, this health film is designed for teenage and adult viewing. VD is discussed very directly in the context of symptoms and how the diseases affect the body. Group discussion will come easily.

Social Sex Attitudes in Adolescence, McGraw-Hill, 1953, 20 min., black and white.

Shows how different home backgrounds affect attitudes and life adjustments of adolescents; describes a wide range of normal behavior.



## HUMAN SEXUALITY

Three Faces in Limbo, American College of Obstetrics & Gynecologists, 60 min., 2 reels.

This is a film of three girls who become pregnant out of wedlock. Their subsequent reactions to the pressures on them are depicted.

### Filmstrips

A Basis for Sex Morality, Cathedral Films, filmstrips \$7.00 each; Records \$3.00 each.

Six filmstrips and three records with six study guides; religious emphasis by The Reverend C. Bryan Greed. For post high school, college, adults.

"Love, Friendship and Marriage."

"One Nature of Sex."

"Man-Woman Relationship."

"Rationalizing Sex Behavior."

"Guidelines for Sex Behavior."

"Premarital Relationship."

Especially for Boys, produced by Wexler Film Productions, distributed by Henk Newenhouse, Inc., Illinois, 12 min.

Filmstrip, record and study guide, designed to help boys in grade 6 and up develop basic understanding and wholesome attitudes about human growth and reproduction. Concepts presented include an overview of pubertal changes, the processes by which egg and sperm cells function in the continuation of human life, and the development of a human being.

Getting to Know Me, Q-FD Productions, a division of Cathedral Films, 4 color filmstrips with records, 6 min. each.

Brightly animated filmstrips include study guides. Helps students from kindergarten through grade 3 understand themselves and accept their own individual differences.

Love and the Facts of Life, Cathedral Films, \$51.30 for the set, each unit runs approximately 18 minutes.

Set of six color sound filmstrips, 33-1/3 rpm records, study guide, and complete copy of new paperback edition of Love and the Facts of Life. Produced by Evelyn M. Duvall. Topics include: "Learning About Sex and Love," "Growing Up: From Childhood to Maturity," "Having a Baby," "Understanding Your Love Feelings," "Who Am I? The Search for Self," "Sex and Your Religious Faith."

Sex: A Moral Dilemma for Teen-Agers, Guidance Associates, 2 parts, \$29.95.

Produced by Mary Calderone, M.D. Based on interviews with teenagers and commentary by educators. Uncertain reactions of young people are set in social, ethical, and biological perspective.

The Tuned-Out Generation, Guidance Associates, 2 parts, \$29.95.

A candid dialogue between adults and teen-agers.

Values for Teen-Agers: The Choice is Yours, Guidance Associates, 2 parts, \$29.95.

## HUMAN SEXUALITY

### Tapes and Records

Dyck, Rose and Abram, Worth Waiting For, Science Research Associates, \$52.00.

Programs of recorded discussions on attitudes toward sex, love, and marriage, based on surveys of teenagers. Six records, sixty discussion guides, instructor's manual.

Premarital Sex Behavior, Henk Newenhouse, Inc., 1 hour.

Dialogue between David Mace and Walter Stokes, beginning with statements of their philosophies of sex. Discussion of the implications of premarital sex, sexual freedom, criteria for responsible sex acts, and the meaning and purpose of marriage.

Sex and Social Responsibility, Orsonic Recording Services, \$5.00 per tape.

A recording of a keynote address by Mary Calderone at the 56th annual meeting of the American Home Economics Association, June, 1965.

Sex Ethics, Sex Acts and Human Need, Henk Newenhouse, Inc., 1959, 1 hour.

Dialogue between David Mace and Walter Stokes, taking up such issues as masturbation, contraception, abortion, premarital sex, etc.

The Use of Sex in Human Life, Henk Newenhouse, Inc., 1965.

Dialogue on sexual philosophies presented by David Mace and Albert Ellis.

The Drama of Life Series: The National Professional Forum.

- No. 1: Danny's Quest, for 4-7 year-olds, 10 inch, 78 rpm, \$2.00.
- No. 2: Danny Welcomes Annie, for 4-7 year-olds, 10 inch, 78 rpm, \$2.00.
- No. 3: Pre-Teenagers, 7-10 year-olds, 10 inch, 33-1/3 rpm, \$3.00.
- No. 4: Early Teenagers, 11-14 year-olds, now available, \$4.00.
- No. 5: Middle Teenagers, for 14-17 year-olds, 12 inch, 33-1/3 rpm, \$4.00.
- No. 6: Young Adults, for 18-year-olds and over, 12 inch, 33-1/3 rpm, \$4.00.

Tapes available from the Sacramento County Schools Instructional Materials Center:

Why We Must Have Sex and Family Life Education - Lester Kirkendall.  
The Moral Issue and Its Resolution - Lester Kirkendall.  
Implications for School Organizations - Lester Kirkendall.  
Youth Panel on Sex and Family Life Education - Lester Kirkendall.  
The Role of the School in Establishing Man's Sexuality as a Health Entity - Mary Calderone, M.D.

Human Sexuality Education, TAMA.

Prepared by Helen Starr and Dr. Fox. A series of visual aids for teaching human sexuality from pre-school through primary grades.

## FAMILY PLANNING

Southard, Helen F., Sex Morality Teaching Record Kit, National YWCA Board, \$10.00.

Two double faced records, three sets of program materials and a pamphlet. Includes a bibliography, list of audio-visuals, and other teaching materials. Recordings include talks by a minister and a psychiatrist, college students' discussion on sex, and talks by Helen Southard. Useful in planning programs on sex. Pamphlet, Sex Education Program, may be ordered separately at \$.75.

### Other Teaching Aids

Created Male and Female, Harlan Norem, designer and Almeda A. Fossum, (ed.), Augsburg Publishing House, 1969.

The program consists of class resource kit and student packet. The resource kit contains a teacher's guide, teaching charts, reproductions of photos, 2 records and brochures. The student packet contains essay folders, a glossary, inventories and work sheets. The course is intended to provide understanding of male and female as whole persons in relationship.

The Wonder of New Life: An Educational Me - Pac Kit, Cleveland Health Museum.

Supplementary materials for sex education. Focuses on the biological facts of human reproduction, embryological development, and the birth of the baby. Contains booklets, resource notes, transparencies, photographs, tape, and pamphlets.

### B. Family Planning, Birth Control and Population Problems

#### 1. Books:

Berelson, Bernard (ed.). Family Planning Programs: An International Study, Basic Books, 1969, 310 pp., \$7.95.

Bogue, Donald J. (ed.), Sociological Contributions to Family Planning Research, Community and Family Study Center, University of Chicago, 1966, 409 pp.

Collection of competent M. A. and Ph. D. theses on family planning research.

Bracher, Marjory J., SRO-Overpopulation and You, Fortress Press, 1966, 216 pp., \$3.50.

Focuses on the principles of population growth as well as attitudes toward various aspects of population control. Written for the lay husband and wife. Author believes population size is ultimately the individual's responsibility.

Brown, Harrison, The Challenge of Man's Future, Compass Books, 1956, 276 pp., \$1.65.

A thoughtful and critical appraisal of the population problems facing the world. Required reading for anyone concerned about population growth.

## FAMILY PLANNING

Calderone, Mary S., Manual of Contraceptive Practice, Williams & Wilkins, 1964, \$10.00.

Written for physicians; almost a "must" to be aware of research findings.

"Consumers Union Report on Family Planning," 1966, 191 pp., \$1.75.

A complete coverage of conception control, infertility and adoption.

Cook, Robert C. and Jane Lecht, People! An Introduction to the Study of Population, Columbia Books, 1968, 63 pp., (paperback \$1.50).

Topics covered include: why population is growing, increasing food supply, and population problems in the U. S.

De Lestapis, S., S. J., Birth Regulation, The Catholic Position, Cardinal Books, Burns & Oates, 1963.

Draper, Elizabeth, Birth Control in the Modern World: The Role of the Individual in Population Control, Penguin Books, (paperback \$1.25).

Argues that birth control offers a human alternative to the population explosion. Each individual ought to learn all he can about birth control and its implications for both societal and personal needs as a basis for decision-making. Chapters on reproduction, new methods of birth control, percent of the use of contraceptives, sale of contraceptive devices, the population problem, the interdependence of the society and the individual. Bibliographies.

Guttmacher, Alan F., M. D., and others, Birth Control and Love, Macmillan, 1969, 337 pp., \$6.95. Revised edition of Planning Your Family, 1964.

An informative discussion of family planning philosophy and practice describing in clear detail modern contraceptive techniques, artificial insemination, abortion, sterilization, infertility.

Guttmacher, Alan F., M. D., with W. Best and F. Jaffe, The Complete Book of Birth Control, Ballantine Books, 152 pp., \$.50.

Comprehensive paperback manual on all aspects and methods of contraception written in clear, direct, language.

Hardin, Garrett, (ed.), Population, Evolution, and Birth Control: A College of Controversial Ideas, W. H. Freeman and Company, 1969, 368 pp., \$6.00 (paperback \$1.95).

Large selection of readings. Some quite short, - on population, evolution, and birth control. Presents many points of view. Thought provoking. Accompanied by Teaching Notes (123 pp.) and Science and Controversy: Population - a Case Study.

Haveman, Ernest, and the Editors of Time-Life Books, Birth Control, Grosset and Dunlap, 1968, 341 pp., (paperback \$1.95).

Clearly written and pictorial representation of the physiology of conception, and information on modern contraceptive techniques.

Kiser, Clyde V., Wilson H. Grabill, and Arthur A. Campbell, Trends and Variations in Fertility in the U. S., Harvard University Press, 1968, 338 pp., \$6.95.

Presents authentic statistics and interpretations of this important subject. An invaluable source of information, including many unexpected findings.

## FAMILY PLANNING

Kistner, Robert W., M. D., The Pill: Facts and Fallacies about Today's Oral Contraceptives, Delacorte Press, 1964, 306 pp., \$5.95.

A gynecologist explains how the pill works, possible complications, its uses for purposes other than contraception, and discusses related social issues.

Liu, William T. (ed.), Family and Fertility, University of Notre Dame Press, 1967, 257 pp., \$9.95.

Papers from the proceedings of the fifth Notre Dame Conference on Population, December 1966, covering a wide range of topics.

Neubardt, Selig, N. D., Contraception, Fawcett Publications, 1968, 157 pp., (paperback \$.95).

A discussion of methods of contraception, from rhythm to pills, written in an easy, factual style.

Peel, John, and Malcolm Potts, Textbook of Contraceptive Practice, Cambridge University-Press, 1969, 304 pp., \$8.50 (paperback \$2.95).

Presents the physician and other interested persons with scientific and clinical data required for an understanding of the background, principles and application of contraceptive methods.

Pendell, Elmer, Sex Versus Civilization, Noontide Press, 1967, 239 pp., \$1.00.

Sociologist believes that our efforts to reduce the birth rate must not make the mistake of reducing it in the parts of the population that produce leadership, and letting it go unchecked in the parts of the population that produce mostly problems.

Petersen, William, Population, The Macmillan Company, 1969, (2nd ed.), 703 pp., \$10.95.

Intended for use as an undergraduate sociology text, this work stresses the links between population phenomena and their sociological, economic, historical, and biological contexts. The first part considers the general determinants of population processes, and the second, how these operate in various types of society.

Pohlman, Edward H., The Psychology of Birth Planning, Schenkman, 1969, 496 pp., \$11.25.

A timely and thoughtful book fills a void in the area of contraception control. The author brings together psychological theory and research relevant to birth planning as a basis for further research, thought and action. Topics include: motives for wanting children, psychological "costs" of child-bearing and child-rearing, unwanted conceptions, contraception, sterilization, abortion, and the psychological effects of over-population.

The Population Dilemma, Prentice-Hall, Inc., A Spectrum Book, 1965, 187 pp., \$3.95 (also available in paperback).

Eleven chapters written by seven authorities on population trends, resources, social relations and economic growth.

## FAMILY PLANNING

Rainwater, Lee, And The Poor Get Children, Quadrangle Books, 1960, 202 pp., \$4.75.

A study based on depth interviews with working class people about their beliefs and attitudes concerning their world, each other, their children, their approach to sexuality, and family planning.

The Terrible Choice: The Abortion Dilemma, Fantam Books, 1968, 110 pp., \$.95.

Proceedings of the first International Congress on Abortion, exploring the various aspects of the abortion controversy.

Werner, Marie Pichel, M. D., Modern Fertility Guide, Funk and Wagnalls, 1969, \$5.95.

Appeared in 1961 under the title The Couple Who Want a Baby. Gives advice to childless couples on medical solutions to infertility and discusses adoption and artificial insemination.

Young, Louise B., Population in Perspective, Oxford University Press, 1968, 460 pp., \$10.00 (paperback \$4.95).

This collection of 65 papers gives an over-all view of the subject; valuable as a reference book.

### 2. Pamphlets and Periodicals

Counseling in Family Planning, Proceedings of a Symposium for Clergy and Physicians. Available: Ortho, Canada, 16 Greenbelt Drive, Don Mills, Ontario, 1967, (free).

Fifteen papers examine the medical and theological aspects of family planning.

"Family Planning and Fertility Control," Special Issue of Journal of Marriage and the Family, Vol. 30, May 1968.

Eighteen articles on demographic data, child-spacing, family-planning policy, religious factors, economic factors, research counseling, etc.

Hoyt, Robert G. (ed.), "The Birth Control Debate," National Catholic Reporter, 1968, 224 pp., \$2.25.

A concise documentation of the dilemma of the Roman Catholic Church and its members following Pope Paul's encyclical On Human Life in July 1968. The Pro & Con poles of the "liberal-progressive" and "conservative-traditional" sides of the birth control issue are presented. The encyclical position is based upon moral religious and natural arguments whereas the opponents cite rational, humanitarian and political reasons for their stand.

Millstone, Dorothy, Family Planning, Population Problems, and the Secondary School Curriculum, Planned Parenthood Federation, 1966, 35 pp., \$.50.

A sourcebook for teachers with bibliography, suggested films, and brief chapters on curriculum, a model unit, and teacher training.

Ogg, Elizabeth, A New Chapter in Family Planning, Public Affairs Pamphlet, 20 pp., .25.

A summary of the benefits of family planning, the physiological principles involved, the available methods and advice on how to find the service.

## FAMILY PLANNING

Osborn, Frederick, This Crowded World, Public Affairs Pamphlet No. 306, 1960, 28 pp., \$.25.

### 3. Audio - Visual Materials

#### Films

Answer in the Orient, National Educational Television Film Service, 30 min., color.

Traces the history of Japan's population growth and her fertility control measures.

Birth Control: How?, Encyclopedia Britannica Films, 1965, black and white, 32 min., adults.

Presents attitudes of Catholic Church toward birth control pills as a chemical method and suggests that further research is needed. Interviews shown; useful for social work agencies, public health and church groups.

Fair Chance, Planned Parenthood film, 14 min., color.

An expectant father, unhappy about the impending birth of his fourth unplanned child, is told how Planned Parenthood has helped families to have only those children they want. In flashback, all phases of a typical visit to a Planned Parenthood Center are pictured.

Family Planning Today, Guidance Associates filmstrip.

Students probe personal and economic factors which lead many couples to consider family planning; gain insight into moral and spiritual concerns which often surround the use of artificial methods of contraception; examine family planning in the context of world health and population themes. The program discusses the various techniques of contraception including health factors and the relative effectiveness of each method.

Feeding One-Fourth of the Human Race, McGraw-Hill, 16 min., color.

Surveys famine economy of China, exploring problems to be overcome in order to produce sufficient food for China's population.

Harvest of Mercy, CBS Reports, 41 min.

Seventy million people of India are constantly faced with the problem of starvation as a result of famine. This emergency has been temporarily arrested but the problem of fertility outpacing food production is ominous.

India: Writings on the Sand, National Educational Television Film Service, 30 min., color.

Explores India's greatest problem--an exploding population in a country where there is not enough food to feed the present population. Shows India's attempt to educate its people about the need for controlling family size.

Introduction to Birth Control, Planned Parenthood film, 15 min., color, filmstrip and record (Dukane Projector), also available in Spanish language version.

A straight forward presentation of birth control methods and an introduction to reproductive physiology.

The People Problem, Guidance Associates film.

The problems of overpopulation in developed as well as developing countries are analyzed. These include shortages of food, housing, goods and services. Overcrowding and the threat it poses to mental as well as physical health is examined. Programs initiated to help alleviate problems resulting from over-population are considered.

## SEX EDUCATION

Planned Families, Allend'or Productions, 1965, 20 min., color.

All the methods of birth control, including rhythm, are explained in this film which uses a combination of photographs and animation to tell why family planning is important and how it works.

Population Ecology, Encyclopedia Britannica Films, 19 min., color.

Examines some of the factors limiting the growth of plant and animal populations in their natural environments. Explains how man's success in shaping his environment to meet his needs has affected the growth rate of human populations and considers some of the causes of the population explosion and some problems related thereto.

The Population Problem, National Educational Television Film Service.

Six one-hour documentaries produced by National Education Television: Brazil, European Experience, Japan, India, U.S.A. and the New Fact of Life.

### C. Sex Education

#### 1. Books

Anderson, Wayne J., How to Discuss Sex with Teenagers, Denison, 1969, 259 pp., \$6.95.

A handbook for parents, teachers, and youth leaders who feel the need for natural and open discussion of sex with teenagers. Points out frequent mistakes adults make in discussing sex with teenagers and suggests more effective ways to communicate.

Arnstein, Helene S., Your Growing Child and Sex, Bobbs-Merrill Co., 1967, 188 pp., \$4.95.

A guide to the sexual development, education, attitudes and behavior of the child from infancy through adolescence.

Avery, Curtis E., Single Concept Films for Sex Education, E. C. Brown Trust, 1964.

An explanation of how 8 mm silent motion picture films used in conjunction with portable projectors may provide a new key to some difficult problems in sex education.

Baruch, Dorothy, New Ways in Sex Education, McGraw-Hill, 1959, \$4.95 (paperback \$.75).

Emphasizes importance of parents understanding developmental stages of babies and the young child; easy reading.

Bracken, Peg and Helen Berry Moore, The 9-Month Wonder, Prentice-Hall, 1958, \$2.95.

Guidebook to take the woman having her first baby merrily through her nine months adventure; factual information and chatty advice with sketches by one of the authors.

Broderick, Carlfred B., and Jessie Bernard, The Individual, Sex and Society: A SIECUS Handbook for Teachers and Counselors, Johns Hopkins Press, 1969, 432 pp., \$10.00 (Paperback \$4.50).

Offers reliable body of biological, psychological and sociological information for teachers as well as other professionals and parents. Well organized and documented.



## SEX EDUCATION

Brown, Thomas Edward, A Guide for Christian Sex Education of Youth, Association Press, 1968, 148 pp., \$7.95.

Useful for religiously oriented sex education. Neglects much pertinent statistical and research material.

Burn, Helen Jean, Better than the Birds, Smarter than the Bees, Abingdon Press, 1969, 122 pp., \$2.50.

Over 100 questions asked by young people concerning sex, growing up, and the accompanying fears, doubts and feelings, are answered in a down-to-earth way. Contains lists of books and films, including useful fiction.

Dillon, Valerie Vance, Rev. Walter J. Imbierski and Cana Conference of Chicago, Your Child's Sex Life, Delaney Publications, 1966, 120 pp., (paperback \$1.25).

Helps parents teach their children positive Christian attitudes about sex. Gives realistic, workable suggestions to meet the needs of the individual child.

Driver, Helen (ed.), Sex Guidance for Your Child: A Parent Handbook, Monona, 1961, 192 pp., \$4.50.

Book in which several experts have pooled their knowledge to present their thinking; skillfully written, putting proper emphasis on the attitudinal aspects of sex education.

Duvall, Evelyn M., and Sylvanus M. Duvall, Sense and Nonsense About Sex, Association Press., 1962, 128 pp., (paperback \$.75).

For home reading and discussion groups.

Eckert, Ralph G., Sex Attitudes in the Home, Popular Library, 1963, (paperback \$.50).

Easy reading for parents to absorb and share.

Farber, Seymour M., and Roger H. L. Wilson (eds.), Sex Education and the Teenager, Diablo Press, 1967, (paperback \$1.95).

Proceedings of a symposium on sex education. Scholarly contributors from a variety of disciplines. Appropriate for teachers of sex education.

Filas, Frances L., and S. J. Filas, Sex Education in the Family, Prentice-Hall, 1966, \$3.95.

Written by a Catholic priest, this book provides an intelligent religious approach to sex education emphasizing the how, when, what and who. Useful to clergymen of all religious orientations, as well as parents.

Gordon, Sol, Facts About Sex for Exceptional Youth, New Jersey Association for Brain Injured Children, 1969, 39 pp., \$2.95 + \$.25 postage and handling.

An outstanding attempt to communicate factual information on sex. Written at the sixth grade level. Valuable too for children who wouldn't necessarily be considered "exceptional."

## SEX EDUCATION

Hein, Fred V. and Dana L. Farnsworth, Living, Scott, Foresman, 1965, 467 pp. (4th ed.), \$6.75 (A College Text in Health Education).

Attention given to the development of sexuality in the chapter on "Attaining Emotional Maturity."

Houdek, P. K., Sourcebook for Adult Sex Education, P. K. Houdek, 1967, \$1.00.

Contents include: conducting a discussion about adult sex, ten topics frequently discussed with references, directory of authors, writers, speakers, researchers, and a bibliography.

Ingelman-Sundberg, A., and C. Wirsen, A Child Is Born: The Drama of Life Before Birth, Delacorte, 1967, 160 pp., \$12.50.

A Swedish obstetrician gives the facts on stages of human development from fertilization to birth, relating them to scientific photographs of these stages by Lennart Nilsson. Valuable for expectant mothers, for high school and college family life classes.

Julian, C. J. and Jackson, E. N., Modern Sex Education, Holt, Rinehart and Winston, 1967, (paperback \$2.00), Teacher's guide \$.64.

Kelly, Audrey, A Catholic Parent's Guide to Sex Education, Fawcett World Library, Random House, 1964, \$4.95.

Kolb, Erwin J., Parent's Guide to Christian Conversation About Sex, Concordia Publishing House, 1967, \$1.95.

Valuable especially to those parents who firmly believe that sex education should be received in the home. Presents guidelines for discussing sex with children at various developmental stages -- five years to young adults.

The Life Cycle Library for Young People, Parent and Child Institute, 1969, 4 volumes, 492 pp., \$15.95.

Four volumes covering the entire family life cycle. Volume One on basic genetics and growth, Volume Two on sex, birth and the new baby, Volume Three on family relationships, friendship, dating and preparation for marriage. Volume Four is a comprehensive and up-to-date glossary and index. There is also a coordinated Parent's Answer Book.

Maternity Center Association, A Baby Is Born, Grosset and Dunlap, 1964 (3rd ed.), \$3.95.

A complete description of the physiological processes that take place from the time a baby is conceived until its actual birth. Includes photographs of the Dickinson models used in the Birth Atlas.

Museum of Science and Industry, The Miracle of Growth, University of Illinois Press, 1950, \$2.50 (paperback \$.35).

Largely pictures of the Museum exhibit.

National School Public Relations Association, Sex Education in Schools, NSPRA, National Education Association, 48 pp., \$3.00 (quarterly rates available).

A special report for school administrators, school board members, teachers, parents, or citizens seeking guidance for inaugurating a broader school curriculum in sex education and family living.

## SEX EDUCATION

Nilsson, Lennart, Axel Ingelman-Sundberg, and Claes Wirsén, A Child Is Born, Delacorte Press, 1966, \$12.50.

Translated from Swedish. A photographic essay on the processes of conception and intra-uterine development written especially for expectant parents. Excellent photographs portraying "drama of life before birth."

O'Conner, R. E. (M.D.), E. A. Cockefair, A. M. Cockefair, and the Rev. C. W. Stormberg, Sex Guidance for Your Child: A Parent Handbook, 192 pp., \$4.50.

Written at the request of PTA's and parents who wish to coordinate their efforts for sound sex education with school and church.

Pike, James A., Teenagers and Sex, Prentice-Hall, 1965, 146 pp., \$3.95.

Useful and non-dogmatic guide for parents.

Powers, G. Pat and Wade Baskin (eds.), Sex Education: Issues and Directives, Philosophical Library, 1969, 504 pp., \$15 00.

Interdisciplinary book of readings reflecting contemporary thinking and practice regarding sex education. Lists of appropriate films, records and printed material accompany the articles.

Proceedings of a Symposium on Sex Education of the College Student. Special Issue, The Journal of American College Health Association, May 1967. Available free on request from: Ortho Pharmaceutical Corporation, Raritan, New Jersey, or: Ortho: Canada, 16 Greenbelt Drive, Don Mills, Ontario.

Twelve experts discuss the sexual revolution, sexual problems, pregnancy, and sex education related to college students. A five-page reference list of books, periodicals, and organizations is included.

Rayner, Claire, A Parent's Guide to Sex Education, Doubleday and Company, 1969, 105 pp., \$.95.

Easy to read guide to sexual development and education at a very basic level.

Reissner, Albert, Dictionary of Sexual Terms, ed. by Carlson Wade, 1964, Association Book-sellers, \$3.00.

Rich, John, Catching Up with Our Children: New Perspectives in Sex Instruction, McClelland and Stewart Ltd., 1968, \$5.00 (paperback \$4.50).

A witty, fluent and direct approach to sex education, geared to teachers and parents. In a few pages the author clears up some misconceptions and puts sex education in context. Information on books and films included.

Sands, Sidney L., Growing Up to Love, Sex and Marriage, Christopher, \$3.00.

Marriage is viewed in terms of a process of continuing growth and adaptation to changing needs and conditions.

Sex Education and the New Morality: A Search for a Meaningful Social Ethic, Child Study Association, 1967, 90 pp., (paperback \$1.95).

Presents a wide range of views and opinions on adolescent sexual attitudes and behavior, and on sex education.

## SEX EDUCATION

Stiller, Richard, Illustrated Sex Dictionary, Health Publications, 1966, 112 pp., \$2.00.

A useful and well illustrated dictionary of sexual terms for the student and teacher.

Stone, Abraham, and Hannah M. Stone, A Marriage Manual, Simon and Schuster, 1952, \$3.95.

An older but valuable question and answer book between a young couple and their family friend doctor.

Strain, Frances Bruce, New Patterns in Sex Teaching, Appleton, 1951, \$2.50.

Practical guide for parents and teachers written in easy to read style; many questions answered, from early childhood to adolescence; the "rules of the game" are as helpful as when first written.

Suehsdorf, Adie (ed.), What to Tell Your Children About Sex, Permabook, 1959 (rev.), \$.35.

What to Tell Your Children About Sex, (Revised ed.), Child Study Association of America, 1968, Pocket Books, 157 pp., \$.75 (paperback).

Guidebook for parents.

Whitman, Howard, Let's Tell the Truth About Sex, Monarch, 1963 (rev.).

A free lance writer interviews leaders in the field and presents the general problems related to sex education.

Willke, J. C. (M.D.), and Barbara Willke, The Wonder of Sex, Hiltz, 1964, \$3.50 (paperback \$1.50).

Written in simple language; "how to teach sex" in the family.

Wyden, Peter and Barbara Wyden, Growing Up Straight: What Every Thoughtful Parent Should Know About Homosexuality, Stein and Day, 1968, 257 pp., \$6.95.

Presentation of a compilation of research material directed toward helping parents understand homosexuality.

### For Children

Cockefair, E. A., and A. M. Cockefair, The Story of You, Monona, 32 pp., \$2.00.

A picture story book written to answer the child's question, "Where did I come from?"

De Schweinitz, Karl, Growing Up, Macmillan, 1965 (rev.), 54 pp., \$2.95.

Sensitive and sound account of sexual development; for children grades 4 to 6 to read or for reading aloud by parents.

Elgin, Kathleen, The Female Reproductive System, Franklin Watts, Inc., 1969, 64 pp., \$2.95.

Clear, step-by-step description of how the egg develops in a regular monthly cycle and after fertilization. Illustrated with drawings. Directed toward children in grades 5 and up.

Elgin, Kathleen, The Male Reproductive System, Franklin Watts, Inc., 1969, 64 pp., \$2.95.

Clear description of how the male body produces sperm and of the joining of sperm and egg to produce a living being. Illustrated with diagrams. Directed toward children in grades 5 and up.

## SEX EDUCATION

Flanagan, Geraldine Lux, Window Into an Egg: Seeing Life Begin, Young Scott Books (William R. Scott, Inc.), 1969, 72 pp., \$5.95.

Precise clear description of the unfolding of the life of a chick; well illustrated with photographs. For children in the upper elementary grades.

Frey, Marguerite K., I Wonder, I Wonder, Concordia Publishing House, 1967, \$1.75.

Written for children in primary grades and their parents, to "mold positive attitudes toward the origins of life." Also points out physiological differences between boys and girls.

Gruenberg, Sidonie M., The Wonderful Story of How You Were Born, Doubleday, 1952, \$2.95.

The story of life presented very simply with interesting colored illustrations; as useful today as when first written.

Gruenberg, Benjamin C., and Sidonie M. Gruenberg, The Wonderful Story of You, Garden City Books, 1960, \$3.50.

For slightly older children to read themselves.

Hummell, Ruth, Wonderfully Made, Concordia Publishing House, 1967, \$1.75.

Attempts to help the intermediate school child to develop proper attitudes toward sexuality.

Lerrigo, Marion O., and Michael Cassidy, A Doctor Talks to 9 to 12 Year Olds, Budlong, 1964, \$1.50.

Lerrigo, Marion O., and H. Southard, Story About You: The Facts you Want to Know about Sex, Dutton, 1956, \$2.95.

Levine, Milton I., and Jean Seligman, The Wonder of Life, Golden Press, 1966 (rev.), \$2.95.

To be read aloud or by the pre-teenager himself.

Levine, Milton I., and Jean Seligman, A Baby is Born, Golden Press, 1966, \$2.95 (paperback \$1.00).

May, Julian, How We are Born, Follett Family Life Education Program, Follett Publishing Company, 1969, 47 pp., \$3.50.

Drawings, photographs, and text explain human reproduction in a clear, concise manner. The book would also be useful to parents and for teachers concerned with teaching family living. Suggested for ages 8 - 12.

May, Julian, Living Things and Their Young, Follett Family Life Education Program, Follett Publishing Company, 1969, 48 pp., \$3.50.

Examples of various forms of reproduction are provided, ranging from cell to plant and animal to human. The development from a fertilized cell to a baby is included. The need for love and care within the family is emphasized. Suggested for ages 4 - 8.

## SEX EDUCATION

May, Julian, Man and Woman, Follett Family Life Education Program, Follett Publishing Company, 1969, 46 pp., \$3.50.

The biological and social aspects of becoming and being a human sexually are depicted and described in relation to courtship and marriage. Intercourse is explained as an act through which a married couple express their love and through it may have children. The book is designed for teaching human sexuality within a family context. Suggested for ages 8 - 12.

Meeks, Esther K., and Elizabeth Bagwell, Families Live Together, Follett Family Life Education Program, Follett Publishing Company, 1969, 47 pp., \$3.50.

Interesting photographs of families all shown doing various activities in parent-child relationships. The families illustrated are of differing racial groups. The emphasis is upon how the child learns about himself from his parents, siblings, peers and teachers, and includes the child's social and emotional development in relation to his family. Suggested for ages 4 - 8.

Meeks, Esther K., and Elizabeth Bagwell, How New Life Begins, Follett Family Life Education Program, Follett Publishing Company, 1969, 47 pp., \$3.50.

The birth and development of various plants and animals are portrayed, and the human child is shown in various family situations. The social development of the child is emphasized. Suggested for ages 4 - 8.

Meeks, Esther K., and Elizabeth Bagwell, The World of Living Things, Follett Family Life Education Program, Follett Publishing Company, 1969, 47 pp., \$3.50.

Colorful photographs depict the reproduction of plants, animals, and then human beings. The social roles of the various family members are described. Suggested for ages 4 - 8.

Meilach, Dona Z., A Doctor Talks to 5 to 8 Year Olds, Budlong, 1966, \$1.50.

Pomerantz, Charlotte, Why You Look Like You Whereas I Tend To Look Like Me, Young-Scott Books (William R. Scott, Inc.), 1969, 64 pp., \$3.95.

Mendel's theory of heredity is expounded in rhyming verse for children.

Power, Jules, How Life Begins, Simon and Schuster, 1965, 95 pp., \$3.95.

Tells specifically and factually where babies come from and why they develop as they do; directed toward age group 10 to 16.

Scheinfeld, Amram, Why You Are You, Abelard-Schuman, 1958.

Written for young people to read, using correct terms and scientific illustrations, including heredity as well as development.

Stevens, Carla, The Birth of Sunset's Kittens, Young Scott Books, 1969, \$3.95.

Beautifully illustrated with photographs, the descriptive text takes the reader through the several special hours in the life of a cat as she becomes a mother.

## SEX EDUCATION

### For Young People

Anderson, Wayne J., How to Understand Sex: Guidelines for Students, Denison, 1966, 270 pp., \$4.95.

Directed toward the high school and college age student, discussing such topics as the new morality, free love, premarital intercourse, acceptance of your sexual self, masturbation, homosexuality, venereal disease, the case for chastity and love within marriage. Emphasizes that there are differences of opinion on all aspects of sexual behavior, with the final responsibility for making decisions lying with the individual.

Batten, Charles E., and Donald E. McLean, Fit to be Tied: An Approach to Sex Education and Christian Marriage, Seabury Press, 1960, 124 pp., (paperback \$2.50).

Outline of a program for the group counseling of young people, especially in the church setting.

Bohannon, Paul, Love, Sex and Being Human: A Book about the Human Condition for Young People, Doubleday and Company, 1969, 142 pp., \$3.95.

Teenage level. Written by an anthropologist. Offers a realistic discussion of the morals and ethics of sex.

Buelteman, A. J., Take the High Road, Concordia Publishing House, 1967, \$1.95.

Written for young people between ages of 12 and 14. Stresses development of attitudes toward sexuality. Explains prenatal development, menstruation, kinds of love. Young people urged to avoid premarital intercourse, masturbation, pornography, homosexuality, venereal disease.

Dalrymple, Willard, Sex Is for Real: Human Sexuality and Sexual Responsibility, McGraw-Hill, 128 pp., \$4.95 (paperback \$2.95).

Written for college and senior high school students. Approaches human sexuality as an important, pervasive attribute of daily life.

Duvall, Evelyn M., About Sex and Growing Up, Association Press, 1968, \$3.50 (paperback \$1.50).

For pre-adolescents. A presentation of facts and feelings about growing up sexually. Also useful for parents, teachers, and youth group leaders.

Duvall, Evelyn, Love and the Facts of Life (replacing the popular Facts of Life and Love for Teenagers), Association Press, 1963, 352 pp., \$4.95 (paperback \$.95).

Written for teen-age audience. Covers questions of love feelings, relations with parents, dating, petting, drinking, smoking, premarital intercourse, marriage.

Duvall, Evelyn M., Why Wait Till Marriage?, Association Press, 1965, \$2.95 (paperback \$.75), (also available in a Catholic edition).

Discusses the arguments used to justify premarital sexual relations and considers the reasons for premarital chastity. For teen-agers, parents of teen-agers, and other adults interested in teens.

## SEX EDUCATION

Gittelsohn, Roland B., Consecrated unto Me: A Jewish View of Love and Marriage, New York Union of American Hebrew Congregations, 1965, 232 pp., \$.50.

Guide for teenagers; discussion questions at end of each chapter.

Glassberg, Bert Y., Teen Age Sex Counselor, Barron's Educational Series, 1964, 125 pp., \$3.75 (paperback \$1.25).

Combines open, non-judgmental approach while affirming Judeo-Christian principle that sex belongs in marriage; case histories and factual materials interwoven. Written for the teenager, it is also useful for all who work with them.

Hettlinger, Richard F., Living with Sex: The Student's Dilemma, Seabury Press, 1966, 190 pp. \$4.95 (paperback \$1.95).

Realistic, openminded, well informed attempt to grapple with the difficult problems facing college students in arriving at sexual decisions today. A discussion of the moral code of our time and the implications of the sexual revolution. Objective, but within religious framework.

Johnson, Eric W., Love and Sex in Plain Language, Lippincott, 1967, 68 pp., \$3.50.

Addressed to boys and girls of junior high school age. Discusses attitudes on which behavior is based.

Krieger, Morris, The Human Reproductive System, Basic Biology in Color Series, Volume 4, Sterling, 1969, 96 pp., \$4.95.

A clear illustrated explanation of the biological aspects of human reproduction, intended primarily for high school students.

Levinsohn, Florence and G. L. Kelly, What Teenagers Want to Know, Budlong, 1965, \$1.50.

Lerrigo, Marion O., and H. Southard, What's Happening to Me?, Sex Education for the Teenager, Dutton, 1956, \$2.95.

Lorand, Rhoda L., Love, Sex and the Teenager, Macmillan, 1965, \$4.95 (paperback \$.60).

For young people to read.

Shedd, Charlie W., The Stork Is Dead, World Books, 1968, 127 pp., \$3.95.

A Presbyterian minister offers straightforward advice on sex to teenagers, based on his extensive correspondence with young people.

Witt, Elmer N., Life Can Be Sexual, Concordia Publishing House, 1967, \$1.95.

Written for late adolescence. Places emphasis on meaning of sex in total life of a person and society.



## SEX EDUCATION

### 2. Pamphlets and Periodicals

American Association for Health, Physical Education, Recreation.

Information on current and projected programs on sex education in schools especially "Development of Healthy Sexuality" by Mary S. Calderone, \$.15.

AMA-NEA Joint Committee on Health Problems in Education, 5 booklets, \$.30 each.

"Facts Aren't Enough," for adults who have any responsibility for children or youth that may create a need for understanding sex education.

"Approaching Adulthood," for young people 6 to 20.

"Finding Yourself," for junior high.

"Parents' Responsibility," for parents.

"A Story About You," for 4, 5, and 6 year olds.

Calderone, Mary S., M.D., "Let's Be Realistic with Teenagers," Inquirer Magazine, January 2, 1966, reprint \$.05 from SIECUS.

Calderone, Mary S., M.D., "Sex and Social Responsibility," Journal of Home Economics, September, 1965, reprint \$.20 from SIECUS.

Calderone, Mary S., M.D., "Teenagers and Sex," PTA Magazine, October, 1965, reprint \$.20 from SIECUS.

Calderwood, Deryck, "Adolescents' Views on Sex Education," Journal of Marriage and the Family, May, 1965, reprint \$.50 from SIECUS.

Child Study Association.

Arnstein, Helen S., What to Tell Your Child About Birth, Death, Illness, Divorce, and Other Family Crises, 1964, 240 pp., \$.50.

Excellent sections deal with sex knowledge and attitudes.

Danials, Ada, and Mary Hoover, When Children Ask About Sex, (revised ed.), 1969, 36 pp., (paperback \$.75).

Guide book for parents.

Concordia.

Set for \$2.00.

"How the Family Begins: The Story of Human Reproduction for Older Girls," 1963, (paperback \$.35).

"Puzzled Parents: Answering Children's Questions about Human Reproduction," 1963, (paperback \$.35).

"Science and You: An Account of Human Reproduction and Personal Relationships for Teenagers," 1963, (paperback \$.35).

"Forting Things Out: Some Thoughts on Courtship, Love, and Marriage for Older Teens," 1963, (paperback \$.35).

"Start of a Family: The Story of Reproduction for Older Boys," 1963, (paperback \$.35).

"Where Did I Come From? The Story of Human Reproduction for Young Children," 1963, (paperback \$.35).

Cox, Harvey, and Robert E. Fitch, "The New Protestant Debate over Sex," Redbook, October, 1964.

## SEX EDUCATION

Emerson Books.

Butterfield, Oliver M., "Sexual Harmony in Marriage," rev. 1964, \$.50.

Furlong, William Barry, "It's a Long Way From the Birds and the Bees," New York Times Magazine, June 11, 1967, pp. 24-25, 38 et sequa. Plan of New York City for courses starting in the 5th grade, with a report on such a course in Evanston, Illinois.

Gross, Leonard, "Sex Education Comes of Age," Look, March 8, 1966. A thoughtful look at sex education in the United States today.

Kirkendall, Lester A., and Helen M. Cox, "Starting a Sex Education Program," Children, 14: 4, 136-140, July-August 1967.

A discussion of the scope and content of sex education, suggestions for overcoming misconceptions and community opposition to sex education and other methodological considerations in "starting" a school sex education program.

Luckey, Eleanor B., "Helping Children Grow Up Sexually--How? When? By Whom?," Children, 14: 4, 130-135, July-August 1967.

Mental Health Materials Center.

"Sex and the College Student," 1965, 128 pp., (paperback \$1.50).

"The Gift of Life," \$.25.

29 drawings in color illustration human development and birth.

Menona Publications.

Driver, Helen, "Sex Guidance for Your Child," 1961, \$4.50.

"The Story of You," 1961, \$2.00.

A four-color picture book for young children with answers to some of the questions they ask.

National Education Association.

"What Parents Should Know About Sex Education in the Schools," 35 for \$1.00.

Public Affairs Pamphlets, \$.25 each.

Hymes, "How to Tell Your Child About Sex."

Kirkendall and Ogg, "Sex and Society."

Klemer, Richard, and Margaret Klemer, "Sexual Adjustment in Marriage."

Rainwater, Lee, Family Design, Aldine Publishing Company, 1965, 348 pp.

Motivation, family size preference, marital relations, and contraceptive practices are covered in this study growing out of And The Poor Get Children.

Rainwater, Lee (ed.), "Family Planning in Cross-National Perspective." The Journal of Social Issues, 1967, 23:4, 1-11, \$2.50.

Twelve contributors look at family planning in sociological, psychological, religious, moral and political perspective.

Rainwater, Lee, Richard Coleman, and Gerald Handel, Workingman's Wife, Oceana Publications, 1959, \$7.50.

## SEX EDUCATION

Rock, John, M.D., The Time Has Come, Alfred A. Knopf, 1963, 204 pp., \$3.95 (also paperback).

A Catholic scientist and co-developer of the oral contraceptive pill examines Catholic doctrine in the light of the population crisis and recommends a program for united action by Catholics and non-Catholics.

Rubin, Isadore, "Transitions in Sex Values--Implications for the Education of Adolescents," Journal of Marriage and the Family, May 1965, reprint \$.20 from SIECUS.

Schapper, Beatrice, "What We Know About Sex Molesters," Today's Health, January 1966  
Useful and well informed article.

Science Research Associates, \$.60 each.

Kirkendall, "Understanding Sex."

Kirkendall, "Helping Children Understand Sex."

SIECUS, Sex Information and Education Council of the United States.

SIECUS Newsletter, a quarterly publication with timely articles about sex, \$2.00 per year.

Siecus, study guides, \$.50 per copy, adjusted rates for more copies.

No. 1 - "Sex Education"

No. 2 - "Homosexuality"

No. 3 - "Masturbation"

No. 4 - "Characteristics of Male and Female Sexual Responses"

No. 5 - "Premarital Sexual Standards"

No. 6 - "Sexual Relations During Pregnancy and the Post-Delivery Period"

No. 7 - "Film Resources for Sex Education," 27 pp.

No. 8 - "Sexuality and the Life Cycle: A Broad Concept of Sexuality," 29 pp.,  
especially valuable for discussion leaders.

No. 9 - "Sex, Science and Values," 1969, considers theoretical aspects.

No.10 - "The Sex Education and Moral Values," 1969, offers guidelines to help  
family life or health educators in preparation for Fall 1969: Sexuality  
in the Later Years, Sexual Encounters Between Adults and Children.

Stewart, Maxwell S., A New Look at Our Crowded World, Public Affairs Pamphlet No. 393, 1966, \$.25.

University of Minnesota Press.

Two booklets by Marion Faegre, \$.65 each.

"Your Own Story," for children 3 to 7.

"Understanding Ourselves," for early teenagers.

### 3. Audio - Visual Materials

#### Films

Biography of the Unborn, Encyclopedia Britannica Films, 1956, 19 min., black and white.

For "preparation for parenthood" classes as well as adult discussion groups. Designed to give lay audience understandable illustration of development inside the womb. Photomicrograph and electronic photomicrograph used to show development of fetus.

Birth, E. C. Brown, 1967, 4 min. Color, silent, 8mm film in cartridge \$12.50.

For grades 1 through 4. Features live animal births and human birth in animation.

## SEX EDUCATION

The Day Life Begins, Carousel Films, 1963, 23 min.

Traces process of reproduction from single-celled amoeba to man. Includes birth sequences of animals and shows human baby at three and at six months.

Fertilization, E. C. Brown, 4 min. Color, silent, 8mm film in cartridge, \$12.50.

For grades 1 through 4. Shows how egg in animals and humans is fertilized by sperm.

Fertilization and Birth, E. C. Brown, 1967, 8 min. Color, \$125.00.

For grades 1 through 4. It answers questions about fertilization and birth. Scenes of calves and puppies being born. Diagrams.

Human and Animal Beginnings, E. C. Brown Trust, 1966, 13 min., color.

Basic information about human reproduction and concepts of the family, with natural science scenes to appeal to young children. Pre-birth growth and development in animation. Classroom setting with class discussion.

Human Growth, E. C. Brown, 4 min., silent, 8mm film in cartridge, \$12.50.

Designed for grade school and junior high children. Discusses physical and social maturation, fertilization and birth.

Human Growth, E. C. Brown Trust, 1962, 19 min., color.

In classroom, teacher presents sex education film with some technical terms; questions stimulate other inquiries; planned primarily for grades 6-9, but useful in showing exemplary teacher-student sex education.

Human Heredity, Henk Newenhouse, 1969, 16 mm, color, sound, 21 min.

Produced by the E. C. Brown Center for Family Studies, this revision of an earlier film is designed to present basic concepts and information about the similarities and differences that exist among human beings, and also to foster a respect and understanding of life itself, in all its forms. However, its primary focus is on human beings.

Human Reproduction, produced by Wexler Film Production, distributed by E. C. Brown Trust, 1966 (rev.), 22 min.

Explains process of reproduction and the anatomy and reproductive organs of men and women by use of models and animated drawings.

Lady in Waiting, Sterling Educational Films, 1966, 11 min., color.

Deals with the period of pregnancy.

The Miracle of Reproduction, Sid Davis Productions, 1953, 15 min., black and white or color.

Film presents similarities in growth and development of fish, chickens, cows, and human beings. Includes a sequence showing growth of human baby within mother's body and birth of a child. Simple and natural with many specially prepared art drawings as well as live photography. Important for parent and teacher groups to preview and plan for showing in classroom.

## SEX EDUCATION

Modern Obstetrics--Normal Delivery, American Nursing Association, 7 min., color, \$7.00.

Mother Hen's Family, Coronet Films, 1953, 11 min., color.

Hen lays nine eggs and sets; growth of embryo shown with some beginning concepts of reproduction. For first grade children and parents.

Nine Months to Get Ready, Public Affairs Committee, 1966, color, 25 min., adults.

To encourage all pregnant women to seek medical attention early and to continue through delivery and for afterbirth examination; film follows visits to pre-natal clinic, showing proper care, diet and routines. An effective and persuasive film.

A Normal Birth, Medical Arts Productions, 1951, 19 min.

Pictures actual birth of baby, from time mother enters delivery room until she and the baby are ready to leave. Recommended for showing with qualified preparation and leadership.

Physical Aspects of Puberty, McGraw-Hill Adolescent Development Series, 1953, 20 min., black and white.

Chiefly in animation. Includes such physical changes as development of endocrine glands, male and female reproductive organs, secondary sex characteristics. Shows how normal variations may cause social uneasiness, i.e., behavior problems which may appear emotional may be based on simple physical growth. For teenagers or parents.

The Story of Menstruation, Kotex, 15 min. color.

A Walt Disney film which explains menstruation in a positive and concise manner with animated characters familiar to young people.

World of a Girl, Scott Paper Co., 20 min., color.

Explains, with diagrams, the physiology and anatomy of menstruation as natural, healthy process; encourages questions.

### Filmstrip

How Babies Are Made, General Learning Corporation.

The set contains a sound filmstrip and set of 44 color slides, illustrated student text, review booklet and teacher's guide. This program provides an introduction to the basic facts of reproduction in plants, animals, and humans.

### Records and Tapes

Bauer, W. W., and Florence M. Bauer, Explaining Sex to Your Little Boy and Explaining Sex to Your Little Girl, Family Recordings Division, Western Springs, Illinois, \$7.95 each.

One side of each for parents only; second side is a conversation of Dr. and Mrs. Bauer, showing the ease with which parents can discuss reproduction with their children. Includes script booklets.

### Filmstrips and Records

Love and the Facts of Life, Cathedral Filmstrips, 1968.

Prepared by Evelyn Millis Duvall, to help youth better understand themselves and accept the increased responsibilities of maturing men and women. Filmstrips and records. Teacher guide included with set.

## SEX EDUCATION

Christopher Recordings on Sex Education, a series of four records to help parents.

How Babies Are Born.  
Menstruation.  
Problems of Growing Boys.  
The Marriage Union.

Sex Education for School and Family, Record Album, National School Public Relations Association, 1968, \$14.95.

What Shall I Tell My Child About Sex?, 15 minute tape (dubbing charge \$.50 on your tape). Available from University of Minnesota, Audio - Visual Extension Service.

Willke, J. C., M.D., and Barbara Willke, How to Teach Children the Wonder of Sex, records. Hiltz Publishing Company.

Gives advice on the how, when, where, and why of sex education.

### Other Teaching Aids

Birth Atlas, Maternity Center, New York (often may be borrowed from local hospital with school of nursing).

Large flip chart of good drawings of female reproductive systems, development of fetus and pictures of various stages of labor. Excellent for teaching.

Elementary Sex Education Program, Scott, Foresman, 1967, \$19.00 for entire program.

Part I: Beginning the Human Story: A New Baby in the Family. To help preschool and primary grade children develop wholesome attitudes and sound ideas about family living and about the father's and mother's role in creating and nurturing new life; to teach them their responsibility for helping to maintain a happy home life. Twelve color photographic charts tell the story of the arrival of a new baby in the home of an inner city Puerto Rican family.

Part II: The Human Story: Facts on Birth, Growth, and Reproduction, 48 pp. pamphlet, \$.96 (if purchased separately). A pupil's booklet to answer questions that young people between 10 and 14 years of age ask about their growing bodies, the differences between the sexes, reproduction and how babies are born, and how heredity affects their lives.

Reproduction and Human Development Instructional Aids Study Prints, Instructional Aids, Inc., 1969.

Six sequential sets of six study prints each. Each print is 18-1/2 x 24-1/2 inches and of sturdy board construction. The objective, vocabulary and presentation of each print is printed on the back. Written by Julian May, the presentations are complete, detailed and are geared to the elementary and junior high classroom.

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### III. ADOLESCENCE

In our culture, the period of adolescence tends to become one of struggle between generations. Much information is available on this age; its usefulness depends, however, largely upon how well parents understand the total growing-up process as well as upon their own realistic perspective of themselves. This section includes references and audio-visual materials about adolescence and family life and human development materials for adolescence.

#### A. General References on Adolescence

##### 1. Books

Bachelor, Evelyn N., Robert J. Ehrlich, Carolyn J. Harris and Robert M. White, (eds.), Teen Conflicts: readings in family life and sex education, Diablo Press, 1968, 240 pp., \$3.95 (paperback \$1.95).

Collection of papers useful to students, parents and teachers.

Bacon, Margaret, and Mary Brush Jones, Teenage Drinking, Thomas Y. Crowell, 1969, \$5.95.

A summary of the latest research on drinking as it applies to the adolescent and his parents. Discusses how teenage drinking fits into the broader pattern of drinking customs in general, and how it is affected by the home environment.

Baruch, Dorothy W., How to Live with Your Teen-Ager, McGraw-Hill, 1953, 261 pp., \$4.00.

Written in readable, personal style using numerous illustrations to point up problems. The book stresses the "feeling" or emotional aspect of this age of development.

Bernard, Harold W., Adolescent Development in American Culture, World Book Co., 1957, \$5.75 (teachers test manual \$.40).

A "professional book in education," directed toward better personal adjustment for the young person.

Bernard, Harold W., (ed.), Readings in Adolescent Development, International Textbook Company, 1969, 483 pp., (paperback \$5.25).

Group of inter-disciplinary articles which stress the social and emotional aspects of adolescent development.

Bier, William C., (ed.), The Adolescent: His Search for Understanding, Fordham University Press, 1963, 246 pp., \$5.00.

Contains papers by sociologists, psychologists, psychiatrists, social workers and clergymen. Of special interest to the clergy.

Blaine, Graham B., Jr., Patience and Fortitude: The Parent's Guide to Adolescence, Little, Brown and Company, 1962, 206 pp., \$4.95 (paperback \$1.95).

The author, a psychiatrist, suggests ways parents may deal with a multitude of adolescent problems, including rebellion, school problems, sex, dating, and emotional illness.



## ADOLESCENCE

Blaine, Graham B., Jr., Youth and the Hazards of Affluence, Harper and Row, 1966, \$4.50.  
Also available as a Harper-Colophon paperback, 1967, 160 pp., \$1.45.

The author roams farther afield than the title implies, presenting a compact analysis of the wide range of factors bearing on the intensification of youth problems today. Chapter titles include: Family; Education; Sex; Drugs; Riotous Behavior; Emotional Problems; Religion; Challenge. Blaine expresses his convictions about such topics as freedom vs. license, morality (he's for it), the basic needs and longings of the young person, and the responsibilities of adults as friends, counsellors, and models for youth. Should be interesting and beneficial for parents, youth, professional consultants, and school and college administrators.

Blos, Peter, On Adolescence: A Psychoanalytic Interpretation, Free Press, 1962, \$5.95 (paperback \$2.45).

Discusses intrinsic conflict, liabilities, tasks, and resolutions typical of each phase of adolescent development, using the concept of the self to describe the normal progressive personality consolidation achieved during these years.

Brody, Eugene E. (ed.), Minority Group Adolescents in the United States, Williams and Wilkins Co., 1968, 243 pp., \$8.25.

A collection of nine papers dealing with young people in struggle with role transition, identity crises, and the stress of conflict between two cultures.

Byler, Ruth, Gertrude Lewis and Ruth Totman, Teach Us What We Want To Know, Human Relations Aids, (packet \$8.00) 1969, 179 pp., (paperback \$3.00).

Report of a survey by the Connecticut State Board of Education on health interests, concerns and problems of 5,000 students in selected schools from Kindergarten through High School. Stated largely in the children's own words. Especially useful for educators.

Caldwell, Louis O., If You Talk to Teens: A Sourcebook for Youth Leaders, Baker Book House, 1966, \$2.95.

A compilation of materials from many sources that can be used in working with young people. Included are statistics, poems, proverbs, anecdotes, and scriptural references.

Caplan, Gerald, and Serge Lebovici (eds.), Adolescence: Psychosocial Perspectives, Basic Books, Inc., 1969, 412 pp., \$12.50.

Thirty-one original contributions focussing on psychological and psychiatric aspects of adolescence. Oriented to child psychiatrists and allied clinicians, program planners and administrators, and biopsychosocial researchers. Includes a discussion of the healthy and unhealthy ways adolescents in our society develop under the influence of a complex of forces; a discussion of psychiatric conditions and their treatment; and a discussion of the problems of organizing mental health services for adolescents.

Caprio, F. S., and F. B. Caprio, Parents and Teenagers, Citadel Press, 1968, 251 pp., \$5.00.

Section one deals with what parents need to know about themselves and their teenagers. The second section includes what teenagers need to know about themselves and their parents. A potpourri.

## ADOLESCENCE

Ce vantes, Lucius F., The Dropout: Causes and Cures, University of Michigan Press, 1965, 244 pp., \$5.95.

The dropout speaks for himself in this book. His views are compared with high school graduates of similar intellect and background. The study provides a comparative analysis of the social backgrounds and relationships, personality characteristics, family, family friends, school experience, and youth culture of graduates and dropouts. The book concludes with proposed solutions.

Children's Bureau, The Nation's Youth, United States Government Printing Office, 1968, \$1.00.

A chart book which presents some basic data on the youth of the U. S., the conditions under which they are growing up, and selected facets of their experiences enroute from childhood to adulthood. Data are latest available at time of publication.

Cockburn, Alexander, and Robin Blackburn (eds.), Student Power: Problems, Diagnosis, Action, Penguin Books, 1969, \$1.25.

Examines the nature and international implications of student activism.

Cole, Luella, Psychology of Adolescence, Rinehart, 1959 (5th ed.), 731 pp., \$7.00.

College text; revised edition contains introduction on goals of adolescents; helpful for guidance counselors, parents, physicians and adolescents.

Coleman, James S., The Adolescent Society, Free Press, 1961, 368 pp., \$6.95.

Interesting and informative study of ten Illinois high schools; discusses "social rewards" of the clique as more powerful motivation for adolescents than family or teacher approval.

Connell, William A., S. J. Connell, and Barry McGannon, The Adolescent Boy, Notre Dame, Indiana: Fides Publishers, 1967, \$.95.

A set of principles strongly oriented to the Roman Catholic faith for the guidance of adolescent boys.

De Smedt, Joseph Emile, Parent-Adolescent Dialogue, Notre Dame, Indiana: Fides Publishers, 1967.

Orthodox Roman Catholic approach to parent-child relationships. Central theme--encouragement of mutual assistance and open communication.

Deutsch, Helene, Selected Problems of Adolescence, with Special Emphasis on Group Formation, International University Press, 1967, 134 pp., \$4.00.

Report of a psychoanalyst's study on youth.

Douvan, Elizabeth and Joseph Adelson, The Adolescent Experience, John Wiley and Sons, 1965, 471 pp., \$7.95.

An appraisal of the nature of contemporary adolescence, supported by a survey of 3,000 American teen-agers.

Duvall, Evelyn M., Today's Teen-agers, Association Press, 1966, 256 pp., \$4.95.

Expert guidance for parents, educators, counselors, clergymen and youth leaders who live and work with contemporary youth. Deals with questions such as cheating and dishonesty, styles, dating, sex problems, teen-agers in automobiles, drinking and smoking, management of money, drop-out problem, going to college, young marriages, and the nature and scope of living and working with teen-agers.

## ADOLESCENCE

Eisenstadt, S. N., From Generation to Generation: Age Groups and Social Structure, The Free Press of Glencoe, 1964, (paperback \$2.45).

A paperback edition of a classic study of how age and youth groups, particularly adolescents, are organized as a unit in society. Compares findings about such groups among primitive and modern societies. Originally published in 1956.

Erikson, Erik H. (ed.), The Challenge of Youth, Doubleday, 1965, 340 pp., \$1.45.

A broad central theme of the book is the challenge to young people to find meaningful personal identity and the difficulty of this task in a society characterized by rapid social and technological change. A source of provocative ideas.

Erikson, Erik H., Identity, Youth and Crisis, W. W. Norton, 1968, 336 pp., \$6.95.

Using identity as an organizing principle, Erikson discusses a wide range of phenomena, in addition to youth, including racism, womanhood, Indian tribes, slum children, totalitarianism, and identity in the light of acute historical change.

Farber, Seymour M., and Roger H. Wilson, (eds.), Teenage Marriage and Divorce, Diablo Press, 1967, 154 pp., \$3.95 (paperback \$1.95).

Proceedings of a University of California symposium on teen-age marriage. Deals with the social context, "causes," problems, nature, prognosis, and support for young marriages.

Farnham, Marynia F., The Adolescent, Harper, 1951, 243 pp., \$3.50 (paperback \$.95).

Readable discussion of adolescent period, written from experience and training as psychiatrist.

Feuer, Lewis S., The Conflict of Generations, Basic Books, 1968, \$12.50.

Richly documented, scholarly analysis of student agitation and insurrection in Germany, Poland, Russia, Hungary (1956), China, Berkeley, Columbia, and many other hotbeds of youthful unrest. A comprehensive survey of the tremendous role which student movements have played in the history of the world.

Forer, Lucille K., Birth Order and Life Roles, Charles C. Thomas, 1970, 165 pp., \$8.95.

Offers evidence that the childhood family position influences an individual's child and adult personality, behavior, choices of friends and spouse, and determines to a considerable extent ways of relating to his children.

Frank, Mary and Lawrence K. Frank, Your Adolescent at Home and in School, Viking, 1956, 336 pp., \$3.95 (paperback \$.50).

A useful distillate of previous knowledge of adolescence plus the author's clarifying point of view. Written in down-to-earth manner, addressed to parents and teachers, who will find it of practical value and appreciate its fairness in protecting the individuality of both adolescent and adult.

Frey, Sherman H., (ed.), Adolescent Behavior in School, Determinants and Outcomes, Rand McNally and Company, 1970, 454 pp., (paperback).

Includes 40 articles covering point of view and research, drawn from 25 professional journals and monographs in education, psychology, sociology and health.

## ADOLESCENCE

Friedenberg, Edgar Z., Coming of Age in America, Random House, 1965, 300 pp., \$5.95.

A critical analysis of public high school education as a force molding America's youth.

Friedenberg, Edgar Z., The Vanishing Adolescent, Beacon Press, 1959.

Critical analysis of the role of the adolescent in today's world, particularly the stifling and distortion of individuality and creativity which occurs in the schools, especially to the working class boy.

Gallagher, J. Roswell, and Herbert I. Harris, Emotional Problems of Adolescents, Oxford University Press, 1958, 174 pp., \$3.50.

Draws on clinical formulations and concepts of dynamic psychiatry but is presented in understandable language for the layman. Chapters on "Mental Health," Achieving Independence," and "Sex" are recommended.

Garrison, Karl C., Psychology of Adolescence, 1956 (5th ed.), Prentice-Hall, 602 pp., \$6.75.

Portrays the adolescent as a unified personality, growing and developing in accordance with his genetic constitution and environmental forces; emphasizes impact of present-day culture and social forces upon values and attitudes of the adolescent; includes sections on sex problems, vocational adjustment, and peer influences.

Ginott, Haim G., Between Parent and Teenager, Macmillan, 1969, \$5.95.

Ginott here deals with "peaceful co-existence" of parents and teenagers. Helpful in giving specific advice constructively, although some topics are treated very superficially.

Goldstein, Bernard, Low Income Youth in Urban Areas: A Critical Review of the Literature, Holt, Rinehart and Winston, 1967, (paperback \$5.00), (citation listed in section IE).

Goslin, David A., (ed.), Handbook of Socialization Theory and Research, Rand-McNally, 1969. See especially Chapter 20, "Adolescent Socialization," by Ernest Q. Campbell.

An up-to-date statement of the nature and status of adolescence and of the influence of various socializing agencies -- family, peers, school, religion -- on adolescent development.

Gottlieb, Bernhardt S., M.D., Understanding Your Adolescent, Rinehart, 1957, 252 pp., \$3.95.

Stimulating and comforting book for parents, teachers or adolescents; helpful information given in straightforward manner about social and sexual developmental norms, adjustments to problems, and family escape mechanisms.

Gottlieb, David, and Charles E. Ramsey, The American Adolescent, Dorsey Press, 1964, 281 pp.

An examination of the various phases of adolescent development within a sociological context. Designed to be "comprehensible and meaningful to both the behavioral scientist and the layman."

## ADOLESCENCE

Grad, Eli (ed.), The Teenager and Jewish Education, Educators Assembly of the United Synagogue of America, 1968, \$4.00.

Twenty-seven papers look at values, content, religion, education, programs, motivations and attitudes of Jewish adolescents. A five page bibliography related to the topics is included.

Gran, John M., Understand and Teach Teenagers, Denison, 1958, \$3.95.

The purpose of this book is to be helpful to parents and teachers, to show as well as tell them how to understand and teach teenagers.

Grinder, Robert E. (ed.), Studies in Adolescence: A Book of Readings in Adolescent Psychology, Macmillan, 1963, 524 pp., \$4.50.

A compilation of 45 selections. An interdisciplinary approach to adolescent development.

Group for the Advancement of Psychiatry, Normal Adolescence. Charles Scribner's Sons, 1968, 127 pp., (paperback \$1.45).

A presentation of the psychodynamics of normal adolescence intended to illuminate the transition from childhood to adulthood and to increase the understanding and rapport between the adolescent and adult generations.

Havighurst, Robert J., Developmental Tasks and Education, Longmans, 1952 (2nd ed.), (paperback \$1.25).

Discusses developmental tasks for the whole life cycle, tending to concentrate on adolescence. Each "task" is stated and described under the headings of biological, psychological and cultural bases; discussions especially useful because of emphasis on problem approach and brevity.

Havighurst, Robert J., and others, Growing Up in River City, Wiley, 1962, 189 pp., \$4.50.

Reports the results of a longitudinal study of boys and girls in a "typical mid-western community" as they go through school from age 11 to 20. Assesses the relative influence of intelligence, social adjustment and family social background in determining "early adult competence."

Hechinger, Grace, and Fred M. Hechinger, Teen-age Tyranny, Crest Books, 1962, (paperback \$.50).

A lively, thoughtful discussion of teen-age "culture," its effect on teen-agers and their parents, and its influence on American society. Profitable reading for teen-agers and especially parents of teen-agers.

Holmes, Donald J., The Adolescent in Psychotherapy, Little, Brown and Co., 1964, 337 pp., \$9.50.

Insightful approach to disturbed youngsters in treatment, and also to any adolescent in his relationship to himself, to his peers, and to the adults, whether psychotherapists, parents, teachers, or others, who are charged with his guidance in the process of growing up. Concerned with the adolescent in interaction; insists that adults must be authoritative in their dealings with adolescents.

## ADOLESCENCE

Horrocks, John E., The Psychology of Adolescence, Houghton Mifflin, 1962 (2nd ed.), 771 pp., \$7.25.

Revision of popular college text following developmental outline; presentation well supported with descriptions of research and references.

Jersild, Arthur, The Psychology of Adolescence, Macmillan, 1963 9 2nd ed.), \$7.25.

College textbook; in emotional, mental or social development, the author holds that self-understanding and self-realization must be the goals; only thus can the individual gain the inner freedom to feel and experience life, to make his own choices, to face issues and currents that influence his attitudes toward himself and others.

Keill, Norman, The Adolescent Through Fiction: A Psychological Approach, International Universities Press, Inc., 1964, 942 pp., \$12.50.

A psychoanalytic approach to adolescence concerned with testing the thesis that the great internal turmoil and external disorder of adolescence are universal and only moderately affected by cultural determinants. A vast array of anthropological data and psychoanalytic documentation are cited as support.

Kelly, Earl C., In Defense of Youth, Spectrum Books, \$1.95.

Discusses why we don't like youth very well.

Keniston, Kenneth, The Uncommitted: Alienated Youth in American Society, Harcourt, 1965, 500 pp., \$8.50.

A psychologist explores the factors that lead some brilliant, privileged youth to reject the society that has given them so much. Each of the college boys studied rejected a world they believed demanded the sacrifice of ideals and integrity in favor of materialism and drudgery. The author suggests that this new alienation is crucial evidence of the human toll of a technological society.

Konopka, Gisela, The Adolescent Girl in Conflict, Prentice-Hall, 1966, 177 pp., cloth \$4.95 (paperback \$1.95).

A portrait of the delinquent girl and why she gets into trouble emerges in these tape recorded interviews with incarcerated adolescents. The author develops a set of proposals to help these girls, suggesting reforms in youth services and in treatment of unmarried mothers, as well as re-evaluation of the status of young women in the community. Views delinquent girls as young women who should be listened to instead of as "social problems."

Lorend, Rhoda L., Love, Sex, and the Teenager, Macmillan, 1965, \$4.95.

Primarily for the teenager. Topics discussed include premarital sexual experience, promiscuity, masturbation, drinking, the psychology of dress, crushes, popularity, the nature of love, and getting along with "concerned" parents.

MacIver, Robert H. (ed.), Dilemmas of Youth: In America Today, Harper, 1961, 141 pp., \$3.00.

Deals with current concerns of and about adolescence: leisure, conformity, military service, marriage, intellectual endeavors.

## ADOLESCENCE

MacIver, Robert M., The Prevention and Control of Delinquency, Atherton Press, 1967, 215 pp., \$6.50 (paperback \$2.95).

A book aimed chiefly at the experts and academicians both in terms of orientation and vocabulary. Draws heavily on the author's experience in the New York Juvenile Delinquency Evaluation Project. Users of this volume will likely be most interested in the long and absorbing Part III, outlining MacIver's ideas for applied strategy, based on the premise that the prevention of delinquency is more feasible and less costly than later efforts at rehabilitation.

Mays, John Barron, The Young Pretenders: Teenage Culture in Contemporary Society, Schocken Books, Inc., 1968, \$6.00 (paperback \$1.95).

A reflective, wide ranging look at the situation of young people today. Its author views with concern but not alarm the alienation, hedonism, political indifference, and other-directedness of youth cultures, particularly in England and America.

McCabe, John (ed.), Dialogue on Youth, Campus Dialogue Series, The Bobbs-Merrill Company, 120 pp., 1967, (paperback \$1.25).

Six articles are included covering a variety of topics such as: contemporary education, poverty programs and hippie culture.

Michael, Donald N., The Next Generation: The Prospects Ahead for the Youth of Today and Tomorrow, Random House, Vintage Book, 219 pp., \$1.65.

Mohr, George J., M.D., and Marion Despres, The Story Decade: Adolescence, Random House, 1958, 272 pp., \$3.95.

A treating of adolescent years for adults' understanding. Four major areas covered are: personality structure and growth, adolescent development, mental health problems, and mental hygiene for the adolescent.

Moore, Bertha M., and Wayne H. Holtzman, Tomorrow's Parents: A Study of Youth and Their Families, University of Texas Press, 1965, \$7.50.

Descriptive study of 12,852 Texas High School students, their families, and their teachers. Data representative of youth in almost every economic and cultural situation.

Morse, Mary, The Unattached, Penguin Books, 1968, \$.95.

A study of teenagers in Britain. Compiled from experiences of three young social workers who, under concealed identities, lived with and became the friends and confidantes of selected groups of youngsters.

Muuss, Rolf E., Theories of Adolescence, Random House, 1962, (paperback \$1.95).

Effectively describes several theoretical approaches to the period of adolescence. Well written, easy to understand and fairly comprehensive. A particularly useful feature is the inclusion of the educational implications of each approach, from which the teacher, counselor, and parent may obtain insights into the dynamics of adolescent behavior.

## ADOLESCENCE

Musgrove, F., Youth and the Social Order, Indiana University Press, 1964, \$5.00.

Includes chapters on Population Changes and the Status of the Young, and Inter-Generation Attitudes.

Offer, Daniel, The Psychological World of the Teen-Ager: A Study of Normal Adolescent Boys, Basic Books, 1969, 286 pp., \$7.95.

A psychiatric study of "normal" adolescent boys, mostly from middleclass suburban high schools.

Osborne, Ernest C., Understanding Your Parents, Association Press, 1956, 112 pp., \$1.75.

Although addressed to teenagers, this discussion of their questions and reports of their problems may be illuminating and helpful to many parents; written in warm and friendly style.

Patterson, Franklin, and others, The Adolescent Citizen, Free Press, 1960, 387 pp., \$6.00.

Evaluates traditional approaches on citizenship education in American high schools; contributors suggest use of findings in the behavioral sciences to help students become participating and mature citizens.

Powell, Robert R., Enjoy Your Parents, Abingdon Press, 1962, 125 pp., \$1.00.

Ramsey, Charles E., Problems of Youth: A Social-Problems Perspective, Dickenson Publishing Company, 1967.

Deals with institutional pressures on youth and their responses to these pressures.

Remmers, Herman H., and D. H. Radler, American Teenagers, Merrill, 1957, 267 pp., \$3.75.

Reports findings of fifteen year inquiry into opinions of high school students. Interesting information but dated.

Roberts, Dorothy M., How to Work with Teen-Age Groups, Association Press, 62 pp., \$1.00.

A guidebook for adults working with teen-agers.

Rogers, Dorothy, Issues in Adolescent Psychology, Appleton, Century, Crofts, 1969, 614 pp., (paperback \$5.50).

Presents readings on twenty-one "issues" of social concern to youth which have attracted special attention from researchers: e. g., meaning of adolescence, adolescent image, sex roles, youth culture, political activism, generational conflict, sub-cultural variations.

Rosen, Bernard Carl, Adolescence and Religion: The Jewish Teenager in American Society, Schenkman, 1965, 203 pp., \$4.95.

Report of the author's survey of individual identification, views on assimilation, and religious attitudes and practices among four samples of Jewish adolescents. Includes a minimal analysis of the data.



## ADOLESCENCE

Rosenberg, Morris, Society and the Adolescent Self-Image, Princeton University Press, 1965, 326 pp., \$6.50.

A report of a survey of 5,000 high school students showing the effects of family experience, neighborhoods, minority groups, etc. on their self-image and response to society.

Rubinfeld, Seymour, Family of Outcasts: A New Theory of Delinquency, Free Press, 1965, 328 pp., \$5.95.

Begins with a scholarly critique of both sociological and psychoanalytic treatments of delinquency and then presents his own "new theory of delinquency," one destined to elicit a wide range of excited responses.

Rupert, Hoover, Enjoy Your Teen-Ager, Abingdon Press, 1962, 128 pp., \$1.00.

Two paper backs directed toward the reader who has little background in family life reading and wants a quick guide to discussion and further study.

Sehald, Hans, Adolescence: A Sociological Analysis, Appleton-Century-Crofts, 1968, 537 pp., \$4.95.

A "structural-functional" approach to adolescence. Broad scope. Focuses on principles drawn from several disciplines.

Seidman, Jerome M. (ed.), The Adolescent: A Book of Readings, Holt, 1960, 879 pp., \$6.50.

Collection of articles presented in developmental sequence; gives insight into some research methods used in adolescent area; reviews facts; source book.

Sherif, Muzafer, and Carolyn Sherif, Problems of Youth: Transition to Adulthood in a Changing World, Aldine Publishing Company, 1964, 352 pp.

A collection of essays by leading American theorists and practitioners outlining current thought and research into the problems of youth today.

Stone, L. Joseph, and Joseph Church, Childhood and Adolescence, Random House, 1957, 656 pp., \$8.50.

From birth through adolescence, authors describe possibilities and pitfalls of growth; recommended especially for parents wishing to understand their children.

Strang, Ruth, The Adolescent Views Himself, McGraw-Hill, 1957, \$7.95.

A psychology of adolescence; realistic and helpful view as they see themselves and their world; actual statements reveal how they regard their problems, their reactions to them, their needs and wants.

The Teenage Parent: Early Marriage and Child Bearing, University Extension, University of California, Davis, 1964, \$2.00.

Usdin, Gene L. (ed.), Adolescence: Race and Counseling, J. B. Lippincott Co., 1967, 238 pp., \$7.00.

Collection of papers by 14 psychiatrists and M. D.'s, directed toward their own profession but also useful to those in related fields.

## ADOLESCENCE

Waldhorn, Arthur, and Hilda Waldhorn, The Rite of Becoming, World Publishing, 1966.

A series of stories and studies of adolescence, this anthology aims at bridging the gap between the literary critic and the psychologist. Book contains 13 literary pieces about the adolescent, each one followed by a "psychological" interpretation. Should be of interest to high school English teachers.

Wattenberg, Wm., The Adolescent Years, Harcourt Brace, 1955, 510 pp., text ed. \$6.75, instructor's manual \$.75.

College text; presents growth patterns and valuable concepts of individual in his group, with significance for life he is now living and the one he is preparing to live; and adult guide to teenage behavior.

Wittenberg, Rudolph M., On Call for Youth: How to Understand and Help Young People, Association Press, 1955, 241 pp., \$3.50.

Explains meaning of ups and downs of normal adolescent behavior and how grown ups and teenagers affect each other; indicates when and how adults can help youngsters and when they had best let them alone.

Wittenberg, Rudolph M., Adolescence and Discipline: A Mental Hygiene Primer, Association Press, 1959, \$4.95.

Goal of this book is to guide those who would help normal teen boys and girls grow up normally and happily by achieving inner discipline, the ultimate mark of adulthood; a good source for friendly counseling.

Wittenberg, Rudolph M., The Troubled Generation, Association Press, 1967, 192 pp., \$4.95.

### 2. Pamphlets and Periodicals

"American Adolescents in the Mid-Sixties," Journal of Marriage and the Family, May, 1965.

Entire issue devoted to a consideration of various aspects of adolescence.

Child Study Association of America.

A free catalog of available titles provided on request. A few current titles include:

Redl, Fritz, Pre-Adolescents: What Makes Them Tick?, \$.25.

Klein, David, Helping Your Teen-Ager Choose a College, \$.50.

Children's Bureau Research Reports, The Webster School: A District of Columbia Program for Pregnant Girls, United States Government Printing Office, 93pp., 1968, (number 2), \$.55.

Report describing the activities, clientele and accomplishments of a comprehensive program for pregnant adolescent girls.

Also includes brief description of 35 other comprehensive service programs.

Cottle, Thomas J., "Parent and Child -- the Hazards of Equality," Saturday Review, February 1, 1969.

Some interesting insights and perspectives on the "generation gap".

## ADOLESCENCE

Dubbe, Marvin C., "What Parents Are Not Told May Hurt: A Study of Communication Between Teenagers and Parents," family life coordinator, 14: 51-118, April, 1965.

A lengthy article, based on the author's Ph.D. thesis, of communication problems between teenagers and parents.

Duvall, Evelyn M., "Family Dilemmas with Teenagers," family life coordinator, 14: 35-38, April, 1965.

A consideration of several of the dilemmas faced by families of teenagers: control of freedom, focus of responsibility, social vs. academic emphasis, mobility vs. stability, dedicated vs. uncommitted.

Feuer, Lewis S., "Conflict of Generations," Saturday Review, January 18, 1969.

Adopted from his book of the same title.

Mental Health Materials Center.

Bingham, Jure, Do Teen-Agers Have Wisdom?, 1961, 29 pp., \$.40.

Milestones to Maturity Series, 1968 revision, Publications Division, Louisiana Association for Mental Health, \$.60.

For senior high school students. Topics include: "Milestone to Maturity," "Personality and You," "Your Present Home and Your Future Home," "When Dating Begins," "Love or 'love'?", "It's Better to Match than to Patch," "When Are You Ready for Marriage?", "Partners in Living."

Public Affairs Pamphlets

A free catalog of available titles provided on request. These pamphlets are \$.25 each with quantity rates available. A few current titles include:

Landis, Paul H., Coming of Age: Problems of Teen-Agers, No. 234.

Duvall, Evelyn M., Keeping Up With Teen-Agers, No. 127.

Kirkendall, Lester A., Too Young to Marry?, No. 236.

Neisser, Edith G., School Failure and Dropouts, No. 346.

Science Research Associates,

A catalog listing publications and prices is available on request. A few titles include:

Jenkins, Gladys, and Jay Newman, How to Live with Parents, \$.60.

Kirkendall, Lester A., and Ruth Osborne, Dating Tips for Teens, \$.60.

"Stirrings out of Apathy: Student Activism and the Decade of Protest," Journal of Social Issues, 1967, 23, No. 3, \$2.25 (sp. 551, P. O. Box 1248, Ann Arbor Michigan 48104).

Six comprehensive papers discuss the present student activist movement in major American Universities.

Students and Politics," Special issue of Daedalus, Winter, 1968.

Sixteen authors discuss the new student politics in various parts of the world.

## ADOLESCENCE

"Teen-Age Culture," The Annals of the American Academy of Political and Social Science, November, 1961.

Entire issue devoted to adolescence.

U. S. Government Printing Office.

The Adolescent in Your Family, Children's Bureau Publication No. 347, \$.25.

Dialogue on Adolescence, \$.30.

Valuable discussion of the ways in which teen-agers can be helped to fit into our rapidly changing society.

Moving into Adolescence: Your Child in His Preteens, Children's Bureau Publication, \$.25.

A Look at Juvenile Delinquency, Children's Bureau Publication No. 380, \$.25.

Your Children and Their Gangs, Children's Bureau Publication No. 384, \$.20.

Your Teen-Age Children and Smoking, Children's Bureau Publication No. 423, \$.15.

Winick, Charles, "Teenagers, Satire, and Mad," Merrill-Palmer Quarterly, 8: 183-203, July, 1962.

A report of a study in which American teenager's perception of their world was assessed via a content analysis of the satirical magazine Mad and interview with some of its regular readers.

### 3. Audio - Visual Materials

#### Films

Films should always be previewed before showing. Some of those listed below have received both favorable and unfavorable reviews.

Adolescence, National Educational Television Film Service, 1964, 30 min., black and white, 16 mm.

A group of young people, not juvenile delinquents, suddenly in conflict with the law, points out the large responsibilities of the adult in the development of a teen-ager.

Act Your Age, Coronet, 1949, 14 min.

Emotional and social behavior of the teenager.

Age of Turmoil, McGraw-Hill, 1953, 20 min.

Presents various adolescent "types," focusing on behavior that mirrors emotional turmoil of person involved. Young people will enjoy seeing that all teenagers have problems and that parents are not always right.

Being Different, National Film Board of Canada, 1957, 10 min., black and white.

Departing from the norm, from accepted patterns of dress or behavior, can bring down on the head of a teen-ager the unqualified disapproval of his gang. Is this attitude valid? The film cites the case of a thirteen-year-old boy who has developed an interest in collecting butterflies -- a hobby that his friends laugh at. Should he pursue his genuine interest, or should he conform to the opinion of his friends?

## ADOLESCENCE

The End of Summer, Contemporary Films, 1964, 27 min., black and white.

Filed at a summer cottage in the Laurentians, this film penetrates briefly the charmed world of the adolescent, at once serious and gay -- when hours are long, when no thought of tomorrow intrudes upon the pleasure of the moment and there is time for confidences about life and religion and sex. Watching and listening you sense the bittersweet mood of childhood's end, the poignant awareness that for them nothing will ever be the same after this summer at the lake. The film has French dialogue, with English subtitles.

A Family Affair, Mental Health Film Board, 1955, 31 min.

Family ties in an apparently comfortable group are strained when an adolescent son derides his parents; then other areas of conflict come to the surface; professional counseling is sought through a family service agency; interesting study of the entire family.

Farewell to Childhood, Mental Health Film Board, 1952, 23 min.

Problems of Susan, a normal teenager, both at home and at school, are shown; emphasizes importance of parental understanding.

Getting Along With Parents, Encyclopedia Britannica Films, 1954, 14 min.

Six teenagers and their parents discuss going to "The Blue Room" after a school dance.

Howard, International Film Bureau, 1957, 30 min., black and white.

This film presents the problems of the teenager caught in the crossfire of adult opinions and youthful enthusiasms. Howard, just out of high school, was slated for college and a career as a chemist. But he wanted first to make a foot-loose tour of Canada with a school pal, during his summer vacation. This suggestion, however, is strongly resisted by his socially conforming parents. Howard's resultant confusion, to which the film gives shape, illustrates some of the inner conflicts that arise in teenagers when every fresh impulse is rationalized out of existence.

Joe and Roxy, International Film Bureau, 1957, 30 min., black and white.

This film deals with teenagers in love. Joe and Roxy, at fifteen and sixteen respectively, face more than the usual number of teen-age problems. Roxy, the product of a broken home, tries to keep her romantic illusions alive against her mother's worry and disappointment in life. Joe turns unsuccessfully to his father, a man of narrow mind and dulled sensibilities, to help him decide his future. In their story the film contrasts the teenagers' need for absolute rules with the confusion of adult standards.

The Losers, Carousel Films, 31 min., sound, black and white.

Aimed at making young people more aware of the damage caused by the use of drugs. Examines use of pep pills, goof balls, heroin, marijuana, and glue sniffing by 12 to 21 year olds. Shows harmful effects of such practices and recounts actual experiences.

Losers Weepers, Brigham Young University, 28 min.

Message for high school students in the discovery of the importance of graduating demonstrated by a high school dropout.

## ADOLESCENCE

Making a Decision in the Family, National Film Board of Canada, 1957, 8 min.

There is a clash of wills when a teenager declares her preference for going to a gathering of her friends rather than to a family party, as her friends insist. The question of how the parents might have handled the situation is left to the audience.

Meaning of Adolescence, McGraw-Hill, 1953, 16 min.

Film begins with a definition of "adolescence" and then contrasts the adolescent in a preliterate culture with one in our Western 20th century culture. Points to the unsure status of the adolescent. Revolves around a boy and girl in the 14-16 years age group and shows how they must adjust to five major aspects of modern life.

Measure of a Man, Brigham Young University, 1962, 23 min.

Dramatizes the problem of conformance to the group. Shows how young people may be led to act in a manner contrary to their own instincts and training without realizing that others in the group feel as they do but hesitate to express themselves.

Meeting the Needs of Adolescents, McGraw-Hill, 1953, 19 min.

Indicates some things parents may do to prepare young people for the future; shows constructive aspects of school, church, and organized activities and stresses good family life as important to growing up; for both parents and adolescents.

Mirror, Mirror, Brigham Young University, 23 min., color.

A movie dealing with the self-image of adolescents. Viewing his image in a mirror encourages a high school student to work on the positive aspects of his life and to improve those qualities.

Over-Dependency, National Film Board of Canada, 1949, 30 min.

Shows behavior consequences of affectionate but over-protective child rearing practices.

Parents Are People Too, McGraw-Hill, 1955, 15 min.

Normal adolescent feeling of resentment against authority and ways of working together as parents, teachers, youth.

Physical Aspects of Puberty, McGraw-Hill, 1953, 19 min.

Animated presentation of biological details of growing up.

The Shattered Silence, National Film Board of Canada, 1966, 28 min., black and white.

A film about noisy adolescents, motorcycles, and the tendency of some adults to make blanket judgments without troubling to know the facts. Designed to prompt discussion of what youngsters and their elders have a right to expect of each other. Touches on some basic principles of democracy and raises questions about relations between the generation.

Social-Sex Attitudes in Adolescence, McGraw-Hill, 1953, 22 min.

This is one you will want to preview with special care and thoughtfulness.

## ADOLESCENCE

The Teens, National Film Board of Canada, distributed by McGraw-Hill, 1957, 26 min., color or black and white.

Urban middle income family with teenagers, 13, 14, 15 years old; basic similarities together with individual differences shown. Depicts adolescence as a time of adjustment during which buoyancy of youth is molded into more mature forms of adulthood.

Walters, James, "Recent Films About Adolescence," Journal of Marriage and the Family, 27: 288-290, May, 1965.

Annotated list of 45 films on adolescence released since 1957.

See film listings in "Philosophy and Methodology" section of the bibliography.  
See also films listed with other areas of this bibliography.

When I'm Old Enough, Goodbye, State Employment Service (everywhere in U. S.), 1962, 25 min. (free).

A film "classic" portraying some of the reasons for the results of dropping out of school. Portrays, with sensitivity and depth, some of the behavioral dynamics associated with the needs of some adolescents to leave school and find work. Many consider this the best film on the subject.

Who Is Sylvia?, International Film Bureau, 1957, 30 min., black and white.

This film probes into the "impasse of understanding" that often arises between teen-agers and their parents. Sylvia in this film has arrived at the age where old rules no longer apply, where resentments run high against parental authority, and where the "gang" comes first. Bewildered, yet intensely aware of the new sort of world into which she is heading, Sylvia provides an insight into the inner motivations and conflicts of girls of her age.

The Young Americans, National Educational Television Film Service, 1964, 60 min., black and white.

A study of the youth of America -- who they are, what they want, where they fit in, how they affect society, what they believe in and why. Useful as a stimulus for discussion.

Your Body During Adolescence, McGraw-Hill, 1955, 20 min.

Glands regulating life and growth shown by animation; boy into man and girl into woman, with description of reproductive organs and detailed explanation of their functions.

## Filmstrips

Getting Along with the Opposite Sex, Popular Science Publishing Company, Inc., \$6.00.

The filmstrip presents various situations and problems in the lives of boys and girls of high school age. It discusses dating etiquette, going steady, sensitivity in human relationships, and communication with parents.

Getting to Know Me, Eye-Gate Films.

This filmstrip provides the adolescent with an insight into himself that will enable him to cope with his daily living. The set is designed to provoke discussion and to help in such areas as physical, mental, emotional and social development.

## ADOLESCENCE

The Tuned-Out Generation, Guidance Associates, 30 min., \$29.95.

Takes aim at the lack of communication between teens and their parents by focusing on the ways they are alike rather than on the ways the generations differ. Teens are confronted, through live, on-the-spot recording and candid photography, with many parental attitudes and opinions.

Values for Teenagers: The Choice is Yours, Guidance Associates, 32 min., \$29.95.

Talks directly to teenagers in their own language about sex, cheating, drinking, what kind of person to become, what kind of values to embrace, conformity. Live interviews show the reaction of teens to "the bomb," civil rights, Viet Nam, etc. Takes strong position that the individual still has freedom of choice, still has the responsibility for his own decisions and actions.

### Records and Tapes

Heller, Melvin, M. D., What We Know About Today's Teenagers, Orion Recording Services, \$5.00 per tape.

Recording of a keynote speech at the 56th Annual Meeting of the American Home Economics Association, June, 1965.

Lippitt, Ronald, The World of Troubled Youth, Addison-Wesley Publishing Co.

Six community action training units dealing with adult-youth problems. "The Vicious Circle" focuses on communication between youth and adults. "The In-Betweeners" unit teaches a problem-solving process relating to socially handicapped children who are disruptive in school and other structured situations but are too young to be put out of school or into the Court. "The Latchkey Child" uses the applied social sciences to effect changes in behavior of the 12 to 16 year old who is consistently in real trouble.

"The Community" unit analyzes the situation of the young person who cannot sort out the forces in the community who are competing for his time. "Teenagers Bridge the Generations" helps adult leaders improve their skills in working with teenagers, and to help teenagers take the initiative in their work with other teenagers and with adults. "The Deciders" trains adults to help adolescents with teenage dilemmas. Phonograph records and printed materials.

### B. Some Suggested Texts for Junior and Senior High School

Ahern, Nell Giles, Teenage Living, Houghton-Mifflin, 1960, 326 pp., \$5.50.

Intended for junior or senior high students. Deals with clothing and growing, diet, social customs and manners, boy-girl relationships, vocations, maturity.

Bachelor, Evelyn N., Robert J. Ehrlich, Carolyn J. Harris, and Robert M. White (eds.), Teen Conflicts: Readings in Family Life and Sex Education, Diablo Press, 1968, 240 pp., (paperback \$1.95).

A collection of readings intended for high school family life courses. Covers a number of problems of interest and concern to teenagers -- alcohol, narcotics, sexual morality, and marriage.



## ADOLESCENCE

Billett, Roy O., and J. Wendell Yeo, Growing Up, Heath, 1958, 454 pp.

A text in personal development -- self-understanding, vocation, appearance, health and fitness, mental health, education, personal and family relations, citizenship.

Brisbane, Holly E., The Developing Child, Bennett, 1965, 480 pp., \$6.60.

Primarily written for courses in child development at the senior high level. Author contends it can also be used in junior high school, college, and adult education. Deals with developmental stages of childhood and parenthood. Includes an interesting chapter on "Racial Characteristics."

Burnham, Helen A., and others (Jones and Redford), Boys Will Be Men, Lippincott, 1957 (3rd ed.), 469 pp., \$5.40.

Written primarily for boys, to help them become good family members, this book may be used in mixed classes; excellent reference materials.

Clayton, Nanalee, Young Living, Bennett, 1963 (rev.), 300 pp., \$4.40.

This pre-high course in home and family living is based on needs, interests, habits and characteristics of the "enter-teen" agers; family centered; relationships and management interwoven throughout the text.

Craig, Hazel Thompson, Thresholds to Adult Living, Charles A. Bennett Company, 1969 (2nd ed.), 416 pp., \$7.12.

Revised edition of the high school family-oriented home economics text. Includes units on marriage and family living, food and nutrition, housing and home furnishings, and financial management.

Cross, Aleene, Enjoying Family Living, Lippincott, 1967, 448 pp.

A high school text designed as a textbook for a year's course in homemaking and family life education. Part One deals with "You and Your Relationships" and includes chapters on getting along with the family, assuming responsibility, self-analysis, boy-girl relationships, and understanding and caring for children. Part Two treats "You and Your Resources."

Duval, Evelyn M., Family Living, Macmillan, 1961, 390 pp.

Revised and expanded text contains units on personality development, family inter-relationships, boy-girl relationships, preparation for marriage, child development and guidance, and modern family life; deals with psychological and philosophical aspects of family life; popular with high school students and acceptable for boy-girl classes; appropriate for junior high also.

Duval, Evelyn M., and Reuben Hill, When You Marry (High School Edition), Heath, 1962, 337 pp. \$5.25.

A revision of the former college text for high school students. Expresses the philosophy that love, marriage, and family life do not need to be dull. Readable, illustrated, with check tests and self-analyses.

## ADOLESCENCE

### C. Some Suggestions for Teen-Age Reading

#### 1. Books

Allen, Betty, and Mitchell P. Briggs, Mind Your Manners, Lippincott, 1957, 235 pp.

Behlmer, Reuben D., From Teens to Marriage, Concordia, 1959, 112 pp., \$1.95.

Bottel, Helen, To Teens with Love, Doubleday, 1968, 276 pp., \$4.95.

Columnist ("Helen Help Us") brings together innumerable questions that have come to her and adds some commentary.

Duvall, Evelyn M., The Art of Dating, Association Press, 1967, 252 pp., \$3.50.

Duvall, Evelyn M., Love and the Facts of Life, Association Press, 1963, \$4.95.

Well written, interesting book which incorporates the most recent research; of great appeal to young people.

Fleck, Henrietta, and others, Exploring Home and Family Living, Prentice-Hall, 1964 (2nd ed.), \$6.00.

Geared to problems, needs and interests of junior high boys and girls. An important aspect in development of maturity is the student's contribution to improved family life; this text helps students make this contribution through other family members and friends.

Force, Elizabeth, Your Family Today and Tomorrow, Harcourt, 1955, 417 pp.

Practical text growing out of experience as high school teacher; helpful source materials cited.

Heavey, Regina, and Harriet L. Stewart, Teen-Age Tales, Heath, 1959, 248 pp.

Stories about many facets of teen-age life. Includes discussion questions to think about and discuss. Stories could be used as basis for class discussion.

Hurlock, Elizabeth B., Child Growth and Development, 1956 (2nd ed.), Maple Press (McGraw-Hill), 354 pp., \$5.20.

Designed to help the high school student develop understanding of small children and background for parenthood; sets forth aspects of physical growth, care and feeding, play therapy, discipline, habits; introduction on baby sitting helpful for junior or senior high school girls. Includes a lengthy bibliography.

Johnson, Charlene, Altogether Lovely, Augustana, 1960.

Book for teenage girl, combining good grooming and Christian living suggestions to be read by the girl or used in "charm classes."

Jones, Evelyn G., and Helen A. Burnham, Junior Homemaking, Lippincott, 1963 (rev. ed.), \$5.40.

Written for introductory junior high home economics courses. Presents a family-centered course in which girls are helped to understand themselves in relation to their families; provides realistic standards of home living and recognizes changing patterns of today, including less formal family living. Learning experiences suggested for each section.

Landis, Judson T., and Mary C. Landis, Teenager's Guide for Living, Prentice-Hall, 1957, \$3.95.

## ADOLESCENCE

Landis, Judson T., and Mary G. Landis, Building Your Life, Prentice-Hall, 1964 (3rd ed.), \$5.50.

For early teen-agers; to help them evaluate self and develop ability to build good emotional health; attractive color photographs, self rating charts, film lists, problems and activities.

Landis, Judson, and Mary G. Landis, Personal Adjustment, Marriage and Family Living, 1966 (4th ed.), Prentice-Hall, 364 pp., \$5.75.

High school text, revised, including new findings on going steady, discussion of divorce, children, the successful family; new cartoons and photographs; excellent organization of teaching aids, review questions, problems and activities, film lists, suggested readings.

Landis, Paul H., Your Marriage and Family Living, McGraw-Hill, 1969 (3rd ed.), 488 pp.

Revision of the widely used senior high family life text. Proceeds chronologically, beginning with personality and adolescence, and continuing through relationships in the parental home, dating, mate choice, marriage and parenthood, to a discussion of marriage failures and how marriage and family might be improved.

Loeb, Robert H., Jr., She-Manners, the Teen Girl's Book of Etiquette, Association Press, 1959, 188 pp., \$3.50.

McDermott, Irene E., and Florence W. Nicholas, Living for Young Moderns, Lippincott, 1956, 380 pp., \$5.40.

Written for young people on the threshold of adulthood; offers insight into standards of living at home, at work, at play. Human relationships are discussed, offering opportunities for analyzing, learning, feeling and reacting in worthwhile ways.

McGinnis, Tom, A Girl's Guide to Dating and Going Steady, Doubleday, 1968, 218 pp., \$4.50.

A psychotherapist and marriage counselor considers social, intellectual, emotional, and sexual aspects of dating. Offers some flexible guidelines for the teenage girl in dating as well as for knowing when she's in love and ready for marriage.

Menninger, William G., and others, Blueprint for Teen-Age Living, Sterling, \$2.95.

A guide to healthy opinions on dating, petting, cars alcohol, narcotics; suggestions for coping with teen-age tensions and anxieties.

Osborne, Ernest G., Understanding Your Parents, Association Press, 1966, 122 pp., \$.75.

The need for youngsters to understand their parents is the theme of this book. Recognizing that all real-life families have difficulties at times, Osborne says the important things for teen-agers is to learn how to handle difficulties in family living. The book is aimed at helping the young person understand himself as well as his parents. Using practical examples, the author emphasizes the need for empathy, to try to understand how the other person thinks and feels.

Rainis, Margaret, Managing Livingtime, Pennett, 1964, 302 pp., \$5.60.

A high school text in home and personal management.

# ADOLESCENCE

Reiff, Florence M., Steps in Home Living, Bennett, 1966, 168 pp., \$4.00.

A junior high home economics-family living text which attempts to present concepts and generalizations in a language and with illustrations that can be more readily utilized by students from the lower socio-economic levels.

Rhodes, Kathleen, and Merna A. Samples, Your Life in the Family, Lippincott, 1964 (rev.), 472 pp., \$5.80.

For senior high boys and girls, presents broad concepts and basic principles for family living; units covered are: importance of families, child care, what makes for family well-being, and what makes a family a going concern. Has a wealth of ideas for activities and projects.

Richardson, Frank Howard, M.D., For Teen-Agers Only--The Doctor Discusses Marriage, Tupper and Love, 1960, 112 pp., \$2.95.

Riess, Walter, For You, Teen-Ager in Love, Concordia, 1960, 78 pp., \$1.00.

Sakol, Jeanne, What About Teen-Age Marriages?, Julian Messner, 1961, 190 pp., \$3.00.

Directed primarily at girls. Useful for counselors in high school.

Scott, Judith Unger, The Art of Teenage Living, Macrae Smith Company, 1969, 189 pp., \$4.50.

Practical, light-hearted book of advice for teenagers on coping with various common problems.

Shuey, Rebekah M., Elizabeth L. Woods, and Esther Young, Learning About Children, Lippincott, 1964 (rev.), 310 pp., \$5.40.

For high school courses in child development or as units in family living, home making or home management classes; units are: your role with children, the first two years, two to six years, six to twelve years, and the family and living today.

Shultz, Gladys D., The Successful Teenage Girl, J. B. Lippincott Company, 1968, 236 pp., \$4.95.

Smart, Molly, and Russell Smart, Living in Families, Houghton Mifflin, 1958, 433 pp.

Carries the learner through the family life cycle, including the "changing world"; good photographs, effective organization; listings of films and tape recordings.

Starr, Mary Catherine, Management for Better Living, Heath, 1963 (rev.), 452 pp.

To help boys and girls of high school age make better decisions about personal and family living; case studies cited for discussion. A text in management.

Strain, Frances Bruce, Love at the Threshold, Appleton, 1952 (rev. ed.), \$3.75.

Thal, Helen M., and Melinda Holcombe, Your Family and Its Money, Houghton Mifflin Co., 1969, 280 pp., \$4.80.

A text for the high school student aims to help him view money in the perspective of family living.

## ADOLESCENCE

Wallace, Inez, and Bernice McCullar, Building Your Home Life, Lippincott, 1966 (rev.), 550 pp., \$5.80.

Designed to help youth be more self-directive in preparing for effective personal and family life; aims to show that today's solutions will not necessarily solve all problems, but there are underlying principles and guides for development and wise choices. Family-centered, problem solving approach used throughout the book.

Westlake, Helen Gurn, Relationships: A Study in Human Behavior, Ginn, 1969, 432 pp., \$5.95.

The focus of this multidisciplinary text is on the individual as he strives to understand himself, his relations with others, his future interrelationships in marriage, and the subsequent relationships of his family and society.

Williams, Mary McGee, and Irene Kane, On Becoming a Woman, Dell Books, 1958, 159 pp., \$.25.

Deals with the many questions about personal development, sex roles, emotions, boys, marriage which teen-age girls "want and need to know."

### 2. Pamphlets and Periodicals

Katz, Frances (Mrs. Stanley M.), Living Through Literature, Association for Family Living, \$.25.

A bibliography suggesting pleasant reading from primary through high school ages, all related to family living; many old favorites as well as delightful new-comers listed under headings: "Brothers and Sisters," "Parents and Children," "Adjustments of Families to New Places and Situations," "Teen Aged and the Problems of Growing Up," "Children-Teacher Relations," and "... Belonging to Groups." Other bibliographies with their sources are also cited.

Sutton, Charles H., (ed.), Octet-70, An Anthology of Readings in Marriage and Family Living, Cana Conference of Chicago, 1969, 143 pp., (paperback \$1.25).

Geared for the high school student, the readings emphasize the consideration of love and marriage.

LOOKING TOWARD MARRIAGE

#### IV. LOOKING TOWARD MARRIAGE

A favorite observation of family specialists is that much of the failure in marriage is due to failure before marriage. The logical follow-up to this contention is that more must be done in a positive way to guide youth in making choices; there must be more careful preparation for marriage and parenthood.

This section and the next, "Married Living," can best be viewed as a unit as there is great overlap in potential inclusions. This section provides listings of texts for courses in marriage and family life and references primarily concerned with the premarital topics of love, mate selection, engagement, and marriage preparation. For information on premarital sexual attitudes and behavior, see Section II, "Human Sexuality."

##### A. General Information on Courtship, Love, and Mate Selection

###### 1. Books

Burgess, Ernest W., and Paul Wallin, Engagement and Marriage, Lippincott, 1953, 819 pp.

Presents the most extensive and intensive research yet made on engagement and the early years of marriage. Especially notable is its research on the factors which make for success and failure in marriage, based primarily on the author's study of 1,000 engaged and 666 married couples. This is not a textbook nor a manual of advice.

Burgess, Ernest W., Wallin, and Shultz, Courtship, Engagement and Marriage, Lippincott, 1954, \$6.00.

Conversational style reports from many young people as to their choices of action.

Byrd, Oliver E., Family Life Sourcebook, Stanford University Press, 1956, 365 pp., \$7.50.

Courtship, marriage and other aspects of family life; summaries of articles from books and magazines; valuable for surveys of material, for reading suggestions and discussions.

deVinck, Jose, and Father John Catoir, The Challenge of Love, Hawthorne Books, 1969, 241 pp., \$5.95.

Advice for married couples and those planning marriage, written from a Catholic point of view.

Duvall, Sylvanus M., Before You Marry, Association Press, 1959, \$3.50.

Questions and answer form, including many questions an engaged couple should have answered.

Fromm, Erich, The Art of Loving, Harper, 1956, 133 pp., \$3.50 (paperback \$.60).

Philosophical and psychological study of love as "eros" and "agape."

Havemann, Ernest, Men, Women, and Marriage, Doubleday, 1962, 227 pp., \$3.95.

A review of marriage and family life written for the layman. An "optimistic book" but not "ten easy rules."

Janzer, Alphonsus, The Meaning of Love and Marriage, Divine Word Publications, 1963.

Kahn, Samuel, The Psychology of Love, Philosophical Library, 1968, 101 pp., \$4.00.

Simply written, practical book for popular use.

Klemer, Richard L., Marriage and Family Relationships, Harper and Row, 1970, 340 pp.

Based on the empathetic approach to learning as a good way to study the very personal and crucial relations between men and women and between parents and children. Contains illustrations, cases, social history, research data and theoretical interpretation.

# WARD MARRIAGE

Klemer, Richard H., A Man for Every Woman, Macmillan, 1959, 193 pp., \$4.95.

Sound practical suggestions to women who would like to be married; useful for realistic self-evaluation for a woman and for those counseling single women.

Krich, Aron(ed.), Facts of Love and Marriage for Young People, Del' Publishing Co., 1962, 320 pp., (paperback \$.50).

Selections written by such authorities as E. M. Duvall, Eckert, Kirkendall, Mace, P. Landis, S. Gruenberg, E. Osborne, the Neissers, make this a valuable book.

Landis, Paul H., Husbands and Wives, Appleton, 1955, 260 pp., \$3.95.

Patterus of adjustment; "a plan for happy marriage and living together."

LeMasters, E. E., Parents in Modern America, Dorsey Press, 1969, 232 pp., (paperback \$5.00).

Focuses on what happens to parents in the child-rearing process. Sociological approach. Useful in marriage and family courses, child development classes, parents' discussion groups.

Levine, Lena, The Modern Book of Marriage, Bartholomew, 1957, \$2.50 (paperback \$1.00).

Questions and answers for the bride and groom, and the young married couple; will attract those who do not want to read a larger book.

Levy, John, and Ruth Munroe, The Happy Family, Knopf, 1938, \$4.95.

The psychological development of the family; its trials and accomplishments, conflicts and adjustments are pictured from early marriage to later stages. An interesting and psychologically sound book, liberal in point of view, written with humor for the layman to enjoy and profit by.

Lewis, C. S., The Four Loves, Harcourt, 1960, 192 pp., \$3.75.

Explores possibilities and problems of four important kinds of love: affection, friendship, erotic love, and love of God.

Mace, David R., Youth Considers Marriage, Thomas Nelson & Sons, 1966, 94 pp., (paperback \$1.50).

Addressed directly to Christian youth. Answers such questions as "How do I know I'm in Love?" "What does marriage mean?" "What is the difference between 'like' and 'love'?" "What does 'going steady' teach me about marriage, about myself?"

McGinnis, Tom, Your First Year of Marriage, Doubleday, 1967, 202 pp., \$4.95.

Written specifically for engaged and newly married persons. Offers "practical advice" on the major areas of adjustment.

Marshall, John, M.D., Preparing for Marriage, Halicon Press, 1962.

Peterson, James A., Toward a Successful Marriage, Scribner's, 1960, 265 pp., \$3.95.

Popular and easy reading. Useful for the layman.

Richardson, Frank Howard, For Young Adults Only, Tupper and Love, 1961, 133 pp., \$2.95.

Discussion of personal social and emotional problems with suggestions for decision making; helpful for those who work with youth.



## LOOKING TOWARD MARRIAGE

Rodenmayer, Robert N., I, John, Like Thee, Mary, Seabury Press, 1962, 182 pp., \$3.50.

Counsel for those contemplating marriage: preparation for the wedding, adjustments, tolerance, in-laws, sex, children. "A book of Christian marriage."

Rutherford, Jean J., and Robert N. Rutherford, Personal Understanding of Marriage, Budlong Press, 1964, \$1.50.

Easily understood booklet highlighting major areas of marital concern.

Shedd, Charlie W., Letters to Karen: On Keeping Love in Marriage, Abingdon, 1965, 159 pp., \$3.00.

A father's letters to his daughter, in response to her request for advice about marriage--what holds it together, what can tear it apart, what a wife and husband must contribute (or sacrifice) to make it meaningful. Dr. Shedd uses his experience as a husband, minister, and marriage counselor in witty discussions on communications, likes and dislikes, moods, troubles, in-laws, sex, and the home, among other aspects of marriage.

Shedd, Charlie W., Letters to Phillip: On How to Treat a Woman, Doubleday, 1968, 131 pp., \$3.95.

A father's letters to his son, the sequel to Letters to Karen.

Simons, Joseph, and Jeanne Reidy, The Risk of Loving, Herder and Herder, 1968, 144 pp., \$3.95.

Discusses the tendency to withdraw from our real feelings and full response to others; the basic emotions and feelings common to all love relationships, the fear and doubt as well as the joy and beauty in a love relationship.

Stone, Hannah M., and Abraham Stone, A Marriage Manual, Simon and Schuster, 1952, 301 pp., \$3.95.

Questions from a couple about to marry and answers from their physician.

Strain, Frances Bruce, Marriage Is For Two, Longmans, 1955, \$3.50.

Two themes presented: the relation of early childhood experiences and woman's new economic capacities for marriage today.

Sullenger, Thomas Earl, Neglected Areas in Family Living, Christopher, 1960, 447 pp., \$5.00.

Fifty-two selected articles in areas considered by the editor as neglected.

Winch, Robert F., Mate Selection, A Study of Complementary Needs, Harper, 1958, 348 pp., \$5.00.

Psychological study of mate selection on basis of "need gratification"; 25 couples; other interesting case studies; background materials for the teacher and insightful study for the marriage counselor.

## 2. Pamphlets and Periodicals

Burchinal, Lee G., "The Premarital Dyad and Love Involvement," in Harold T. Christensen (ed.), Handbook of Marriage and the Family, Rand-McNally, 1964, pp. 623-674.

Comprehensive summary of our knowledge of dating, courtship, and mate selection.

## LOOKING TOWARD MARRIAGE

### Choosing for Happiness, McGraw-Hill, 14 min.

"Is he right for me?" asks Eve each time she meets a new boy. Somehow each one fails to measure up. Eve finds a flat in each, and when she tries to change them "for their own good," they drift away. A cousin suggests that for Eve, as for everyone, self-analysis must come first; that she must accept the possibility of making certain changes in herself and make fewer demands on other people.

### Choosing Your Marriage Partner, Coronet, 13 min.

Young man tries to decide which of two girls to marry. Considers such factors as emotional maturity, family background, philosophy of life, and harmony of personalities.

### Do They Marry Too Young?, CBS News, 1959, 60 min.

Discusses problems faced by teenagers and students. Case histories of young people who go steady, marry with or without parental consent, often precipitated by premarital pregnancy. Joel Moss and Lee Burchinal present studies of teenage marriage. Chicago PTA meeting, Lutheran and Catholic conferences shown in discussions.

### Early Marriage, E. C. Brown, 1960, 25 min.

Begins with cartoon review of marriage customs; shows run-away justice of the peace wedding; reviews Protestant, Catholic and Jewish ceremonies; class room discussion of early marriage shown.

### The Engagement Ring, available from Planned Parenthood Federation, 25 min., color.

The romantic dreams of a young engaged couple come up against some of the harsh realities of modern urban life. The Planned Parenthood message is skillfully woven into this moving human story set in New York's Puerto Rican neighborhood. Spanish language. English subtitles available.

### Engagement: Romance and Reality, McGraw-Hill, 1965, 15 min., color.

Presents a step by step portrayal of a couple who plan to marry, beginning with the realization that they do not really know one another to the time when they begin to see themselves and each other realistically in terms of marriage.

### For Better, For Worse, Television, Radio, and Film Commission (TRAFCO), Methodist Church, 1967, 28 min., black and white.

Depicts struggle to establish an adequate early marriage. Designed to help teenagers think about the meaning and dimensions of marriage before rushing into it.

### Going Steady?, Popular Science Publishing Company, Inc.

A personal and critical examination of the prevalent practice of "going steady." Its advantages and its dangers are presented.

### How Do You Know It's Love?, Coronet, 1951, 15 min.

How does love grow and develop? How can you tell when it's mature love? Mother shares family album with daughter; daughter and date double with older couple and think through tests of mature love.

## LOOKING TOWARD MARRIAGE

### Is This Love?, McGraw-Hill, 14 min.

Contrasts the romances of two college roommates. One girl, impulsive and emotional, is resentful of any persuasion to delay her marriage. The other hesitates to consider marriage until she has solid proof of her love through successive stages of dating, courtship, going steady, and engagement.

### It Takes All Kinds, McGraw-Hill, 1950, 20 min.

Shows various types of personalities, all under identical stress situation--car trouble--and their approaches to problem solving.

### The Lovers, Paulist Fathers, 26 min.

The story of a couple who postpone marriage because the fellow feels he has obligations making postponement necessary. He convinces his fiancé premarital sexual relations are proper in their case. Complications of this involvement are portrayed.

### The Meaning of Engagement, Coronet, 1952, 12 min.

Engagement period is important step in marriage preparation: to develop psychological unity, to know each other better, to plan for the future; members of each family appear and offer suggestions; couple work at problem solving.

### Never a Bride, Brigham Young University, 22 min., \$225.00.

A self-seeking girl discovers that in anticipating marriage, even more important than finding the right person is being the right person.

### This Charming Couple, McGraw-Hill, 1950, 19 min.

Dramatized presentation of problems of two young people who are "in love with love" and unable realistically to evaluate good and bad qualities of each other. Suggestion: begin film after scene in Judge's chambers and cut before line "they might have found each other" or near wedding scene and have group evaluate possibilities for success of this marriage; either tell outcome or rerun film for group.

### When Should I Marry?, McGraw-Hill, 1958, 19 min.

A young couple, eager to marry but urged by their parents to delay, ask a minister's advice. He describes the experiences of two other couples who married at an early age. From this description, he is able to summarize some practical points that should be of help to all young people in answering the question of when to marry.

### Worth Waiting For, Brigham Young University, 28 min.

Teenage marriage. In this film the couple does not marry. They are about to wed in spite of their parents, but after visiting friends who did they change their minds.

## LOOKING TOWARD MARRIAGE

### Filmstrips

#### And They Lived Happily Ever After?, Guidance Associates.

Explores the underlying causes of early marriage. Combines the involvement technique of live interviews with married teenagers, and the authoritative statements of psychologists, educators, and family relations specialists.

#### Everything But..., Guidance Associates, Part I - 16 min., Part II - 13 min.

The filmstrip discusses the connection between love and sex in practice and expectation. Students offer their own descriptions of love, consider the distinctions between casual and committed relationships, probe "reputation" as a criterion for personal values, debate the value of virginity before marriage and confront such related factors as pregnancy and venereal disease.

#### What About Dates?, Popular Science Publishing Company, Inc., \$6.00.

Dating is discussed as an experience in understanding others, as courtship, as the preliminary step in selecting a life-partner. A comparison of boy-girl relationships and friendships are made.

#### When are We Ready for Marriage?, Popular Science Publishing Company, Inc., \$6.00.

Careful thought about marriage is stressed, without sermonizing. The practical as well as the emotional and spiritual qualities of marriage are brought forth.

### B. College Level Marriage and Family Texts and Anthologies

#### Anderson, Wayne J., Design for Family Living, Denison Press, 1964, 384 pp., \$5.95.

A practical, easy-to-read text for those approaching marriage; it explores individual and family needs from infancy through old age.

#### Baber, Ray E., Marriage and the Family, McGraw-Hill, 1953, 719 pp., \$8.50.

An early text, still in use.

#### Becker, Howard, and Reuben Hill, Family, Marriage, and Parenthood, Heath, 1955, 849 pp.

A textbook written by a group of specialists with a "double-barreled" approach, both traditionally and functionally oriented. Part Two, "Preparation for Marriage," is especially pertinent for those contemplating marriage.

#### Bell, Norman W., and Ezra F. Vogel (ed.), A Modern Introduction to the Family, Free Press, 1968, (rev. ed.), \$9.95.

For the advanced student. Fifty-two selections representing the structural-functional approach to the study of the family. Eighteen new selections reflecting recent advances in the comparative, cross-cultural study of the family.

## LOOKING TOWARD MARRIAGE

Bell, Robert R., Marriage and Family Interaction, Dorsey Press, 1967 (rev.), 540 pp., \$8.00.

This book professes a "value-free" approach to marriage and family interaction via a heavy emphasis upon the objective findings of social research. Includes a short section on "The Unmarried," a topic frequently neglected.

Bernard, Jessie, Keler Buchanan, and William M. Smith, Jr., Dating, Mating and Marriage, Arco, 1958, 410 pp., \$4.50 (paperback \$2.00).

A "documentary-case approach" presenting changes in culture patterns and role expectations; i.e., "challenges the family must meet today." One emphasis is upon problems and crises that may be met in marriage. Presents abundant material for class discussions.

Blood, Robert O., Jr., Marriage, Free Press, 1969, (rev. ed.), 535 pp., \$8.95.

Completely revised edition of the functional marriage text. Includes the latest studies related to marriage, sexuality, and mixed marriages.

Blood, Robert O., Jr., Marriage, Free Press, 1962, 515 pp., \$6.95.

Aimed at the interests and concerns of the college young person. A central focus is on interpersonal relationships and premarital and marital roles. Well-written, stimulating, with considerable amount of relevant research.

Bowman, Henry A., Marriage for Moderns, McGraw-Hill, 1965 (5th ed.), 709 pp., \$8.50 (Teacher's Manual \$1.50).

Up-to-date revision of a popular text attuned to current needs of college students.

Butterfield, Oliver M., Planning for Marriage, Van Nostrand, 1956, 343 pp., \$5.25.

Problems of young people planning for marriage presented with understanding. Helpful aids for the teacher include suggested projects and term papers and a carefully compiled glossary.

Cavao, Ruth Shonle, The American Family, Crowell, 1969 (4th ed.), 560 pp., \$8.00.

A sociological analysis of the contemporary family in its social context. Good discussion of social class variations. Uses a life cycle approach. This revised edition includes recent forces affecting the family.

Cavan, Ruth Shonle, American Marriage, A Way of Life, Crowell, 1960, 498 pp., \$6.95. Teacher's Manual available.

Functional, nontechnical college text. Makes good use of research. Examines philosophies of marriage and parenthood.

Cavan, Ruth Shonle, (ed.), Marriage and Family in the Modern World: A Book of Reading, Crowell, 1969, (3rd ed.), 636 pp., (paperback \$4.50).

For the advanced student. Studies illustrating the structural-functional approach to the family are included.

Christensen, Harold T., Marriage Analysis, Ronald Press, 1958 (2nd ed.), 645 pp., \$6.50.

Interdisciplinary approach with emphasis on personality.

## LOOKING TOWARD MARRIAGE

Duvall, Evelyn Millis, Family Development, Lippincott, 1967 (rev.), 540 pp., \$8.75.

Places emphasis on the family life cycle, supported by consistent application of the developmental task concept.

Duvall, Evelyn M., and Reuben Hill, Being Married, Association Press, 1960, 440 pp., \$4.95.

Popular functional text for undergraduate courses. Utilizes research well.

Eshleman, J. Ross, Perspectives in Marriage and the Family, Allyn, Bacon, Inc., 1969, (paperback \$5.95).

The book treats the American family as a social group and social system. Selected cross-cultural comparisons are made in order to develop a more objective view of the American family. The selections are from recent research. The book is based upon theoretical and empirical research and yet is appropriate as a text or supplement in a college marriage course.

Fishbein, Morris, and Ruby Jo Reeves Kennedy, Modern Marriage and Family Living, Oxford, 1957, 545 pp., \$5.50.

Integration of several disciplines into functional text for college classes. Wide variety of authors, each a specialist in his field, makes diversified presentation.

Goode, William J., Readings on the Family and Society, Prentice-Hall, 1964, (paperback \$3.95).

A comprehensive collection of readings covering the various stages of family living.

Hadden, Jeffrey K., and Marie L. Borgatta, (ed.), Marriage and the Family: A Comprehensive Reader, F. E. Peacock Publishers, 1969, 645 pp., \$9.00 (paperback \$6.50).

The volume attempts to "give a comprehensive base for a course in marriage and the family." Sections include: origins of the family, examples of family systems, approaches to family research, family life cycle, the woman in family and society, courtship and mate selection, family interaction, fertility, child development, the later years, economic factors, the Negro family, stabilities of marriage, the incomplete family, some family problems, the prospects of the family.

Himes, Norman E., and Donald L. Taylor, Your Marriage, Rinehart, 1955, 384 pp., \$5.50.

Nontechnical treatment of marriage adjustment and family living. Discusses living costs and marriage counseling.

Hirning, Jacob L., and Alma Hirning, Marriage Adjustment, American Book Co., 1956, 456 pp., \$6.00.

Nontechnical, emphasis on psychological approach, to give reader insight into the meaning of marriage.

Kelly, Robert Y., Courtship, Marriage, and the Family, Harcourt, Brace, and World, 1969, 640 pp. \$9.00. Instructor's Manual available.

Functional marriage textbook for undergraduate courses.

## LOOKING TOWARD MARRIAGE

Kenkel, William F., The Family in Perspective, Appleton-Century-Crofts, 1966 (2nd ed.), 500 pp., \$6.50.

Analysis of the American family and the dynamics of family interaction from four perspectives: institutional, historical and cross-cultural, psychoanalytic, developmental.

Kephart, William M., The Family, Society and the Individual, Houghton-Mifflin, 1966 (2nd ed.), 690 pp., \$8.25 (Teacher's Manual, \$1.10).

Views the family as a system of interacting personalities and as a social institution sensitive to the expectations of society. College text with basically sociological orientation.

Kirkpatrick, Clifford, The Family as Process and Institution, Ronald Press, 1963 (2nd ed.), 651 pp., \$7.50.

Nature and origins of the family in the context of social change. Life cycle concept of the family. A comprehensive text.

Koos, Earl Lomon, Marriage, Holt, 1957 (3rd ed.), 344 pp., \$5.95.

A functional marriage text whose major concern is the student's personal concerns rather than scholarly pursuits. It provides a number of alternative points of view to problematic issues.

Landis, Judson T., and Mary G., Building a Successful Marriage, Prentice-Hall, 1968 (5th ed.), 557 pp., \$8.95.

A "functional" marriage text; can be used either for upper senior high school students or lower college classes, because of its simple, positive approach and wide coverage of dating, sex roles, sex behavior and standards, going steady, engagement, marriage, family planning, bringing up children, etc. Outlines for self-study follow each chapter; excellent references cited for further reading. Revised edition includes recent research in the field.

Landis, Judson T., and Mary G. Landis, Readings in Marriage and the Family, Prentice-Hall, 1952, 460 pp., \$4.50.

College level readings, largely from sociology and anthropology source materials.

Landis, Paul H., Making the Most of Marriage, Appleton-Century-Crofts, 1965 (3rd ed.), 778 pp., \$7.95.

Functional, nontechnical approach to preparation for marriage. Several chapters devoted to male and female roles. Topical film list.

Landis, Paul H., Your Marriage and Family Living, McGraw-Hill, 1969 (3rd ed.), 488 pp.

A chronological discussion of adolescent development, mate choice, marriage, parenthood and family problems.

Designed for use as a high school text, including teacher's aids.

## LOOKING TOWARD MARRIAGE

Lantz, Herman R., and Eloise C. Snyder, Marriage: An Examination of the Man-Woman Relationship, Wiley, 1969 (2nd ed.), 544 pp.

An examination, from a social psychological frame of reference, of the man-woman relationship as it emerges, matures, and under certain circumstances deteriorates. The new edition has a new section on role conflict, an expanded section on interracial marriage, and an expanded section on the social-historic basis of American family life.

LeMasters, E. E., Modern Courtship and Marriage, Macmillan, 1957, 619 pp., \$6.50.

Functional overview of courtship and marriage in relation to society; well presented sections on courtship, working wives, and the "sub-culture" of male and female.

Leslie, Gerald R., The Family in Social Context, Oxford University Press, 1967, 709 pp., \$8.00.

Coverage of cross-cultural, historical, sociological-institutional, and life cycle materials. Draws heavily on research.

Magoun, F. Alexander, Love and Marriage, Harper, 1956, 451 pp., \$5.95.

Addressed primarily to young people preparing for marriage. Particularly recommended are chapters on "Love" and on "Marriage."

Martinson, Floyd M., Marriage and the American Ideal, Dodd, Mead, 1960, 491 pp., \$5.95.

A unique approach to marriage education which recognizes the importance of values by delineating three major marriage models from which marriage has often been viewed. Both a solid piece of scholarship and a text for the functional class as well.

Merrill, Francis E., Courtship and Marriage, Holt, 1959 (rev.), 451 pp., \$5.50.

College text; especially helpful chapters on the background of modern courtship and marriage patterns.

Nelson, Eloy G., Your Life Together, Knox, 1967, 197 pp., \$1.95.

Young adults in preparation for married living.

Oliver, Bernard J., Jr., Marriage and You, College and University Press, 1964, \$6.00.

Deals with the practical aspects of the what, why and how of preparation for marriage, adjustment, coping with marriage problems and parenthood.

Peterson, James A., Education for Marriage, Charles Scribner's Sons, 1964 (2nd ed.), 526 pp., \$6.95.

Takes as a central theme the rapid shift in functions and roles of modern marriage, stressing both sociological and psychological factors. A mature college text covering self-understanding, marriage preparation and adjustments.

Porterfield, Austin L., Marriage and Family Living as Self-other Fulfillment, F. A. Davis, Co., 1962, 408 pp., \$5.75.

A social psychological treatment of interpersonal relationships in marriage and family, where the basic unit is seen as the "self-other" relationship in which the self and other are actualized. Extensive use of literary illustrations and case studies.

J.



## LOOKING TOWARD MARRIAGE

Rodman, Hyman, Marriage, Family, and Society: A Reader, Random House, 1965, 302 pp., \$2.95.

A book of readings designed for the introductory course in family sociology. Nontechnical. Includes a range of selections covering the family life cycle: dating and mate selection, husband-wife relations, parent-child relations, adolescents, siblings, and peers, and extended kinship relations.

Stephens, William N., (ed.), Reflections on Marriage, Thomas Y. Crowell Company, 1968, 356 pp., (paperback \$3.50).

Provocative modern writings in the two broad areas of mate choice and family roles and relationships.

Stroup, Atlee L., Marriage and Family: A Developmental Approach, Appleton-Century-Crofts, 1966, \$7.50.

Seven analytical stages taking the family from the childless couple through to the family in later years. Addressed to the middle class family with middle class values and problems. Emphasis is "functional."

Sussman, Marvin B., (ed.), Sourcebook in Marriage and the Family, Houghton-Mifflin, 1968 (3rd ed.), 594 pp., (paperback \$5.50).

The third edition focuses on socialization, urban kinship systems, and cross-cultural perspectives while retaining its family life cycle plan of organization. Two-thirds of the selections are new, and there are expanded theoretical and research sections.

Udry, J. Richard, The Social Context of Marriage, Lippincott, 1966, 580 pp., \$7.25.

Clarifies recent behavioral research findings. Explores social-psychological aspects of masculine and feminine sexuality. Illustrates concepts and conclusion with case histories.

Williamson, Robert C., Marriage and Family Relations, Wiley, 1966, 618 pp., \$8.50.

This text provides a scholarly, interdisciplinary approach to the analysis of marriage and family problems with an emphasis on role behavior and socialization.

Winch, Robert F., The Modern Family, Holt-Rinehart-Winston, 1963 (rev.), 608 pp., \$8.25.

Social-psychological analysis of family life. Attention given to suburban living, urbanization, religion, changing parental functions.

Winch, Robert F., Robert McGinnis, and Herbert R. Barringer, Selected Studies in Marriage and the Family, Holt-Rinehart-Winston, 1962 (rev.), 645 pp.

A revised compilation of "sixty best articles in the literature" with a new first chapter which provides the reader with a set of criteria for judging the articles.

Winch, Robert F., and Louis Wolf Goodman (eds.), Selected Studies in Marriage and the Family, Holt-Rinehart-Winston, 1968 (3rd ed.), 630 pp., \$6.95.

Includes 62 articles of which 42 are new to this edition. Provides a comprehensive coverage of the field of marriage and the family.

## LOOKING TOWARD MARRIAGE

Womble, Dale L., Foundations for Marriage and Family Relations, Macmillan, 1966, \$7.95.

### C. Subcultural Factors in Mate Selection: Race, Religion, Ethnic Background, Social Class

#### 1. Books

Berman, Louis A., Jews and Intermarriage, Thomas Yoseloff, 1968, 707 pp., \$12.00.

This "study in personality and culture" by a counseling psychologist considers not merely Jews, but intermarriage in general. Covers broad ground.

Black, Algernon D., If I Marry Outside My Religion, Public Affairs Pamphlet No. 204A, 1966 (rev.), \$.25.

Deals with such questions as: Should young people of different religions marry? How difficult is it for them to achieve contentment, happiness, and mutual satisfaction? Includes latest information on church attitudes.

Bossard, James H. S., and Eleanor S. Boll, One Marriage, Two Faiths, Ronald Press, 1957, \$3.75.

Realistic presentation of difficulties found in inter-faith marriages. Intended for couples considering inter-faith marriages and for professionals.

Bowman, Henry A., A Christian Interpretation of Marriage, Westminster Press, 1959, 127 pp., \$2.50.

Brown, Leslie, and Winifred Brown, The Christian Family, Association Press, 1959, 80 pp., \$1.00.

Cahman, Werner J. (ed.), Intermarriage and Jewish Life in America, Herzl Press, 1962, 200 pp., \$5.00.

A collection of readings dealing with the history, present status, and implications of intermarriage.

Cannon, Kenneth L., and Hazel Anthony, Boy Marries Girl, Keystone Education Press, 1958, 60 pp., \$.50.

Deals with mate selection, courtship, engagement, and readiness for marriage.

DeFabrigues, Jean, Christian Marriage, Hawthorne, 1959, 109 pp., \$2.95.

A consideration of the Catholic church's views on marriage and family life.

Duvall, Evelyn M., Building Your Marriage, Public Affairs Pamphlet No. 113, 28 pp., \$.25.

Emphasizes the cooperative effort required of both husband and wife to build a marriage strong enough to withstand the stresses and strains of modern living. Money matters, in-law problems, settling differences, adjustments to each other are among the topics covered.

Eckert, Ralph G., So You Think It's Love, Public Affairs Pamphlet No. 161, 28 pp., \$.25.

Deals with many questions about the nature and meaning of love, romance, infatuation.

## LOOKING TOWARD MARRIAGE

Ellzey, W. Clark, Sex, Love, and Marriage, National Council of the Churches of Christ, 1954, 31 pp., \$.15.

A religious perspective on love, sexual behavior, maturity, and mate selection.

Eisenstein, Ira, Intermarriage, Burning Bush Press, 1964.

Eisenstein, Ira, Intermarriage for Jewish Parents, Commission on Synagogue Relations, Federation of Jewish Philanthropies of New York.

Gardner, LeRoy, The Truth about Interracial Marriage, Gardner, 1965, 143 pp.

An analysis, based on case histories of white females involved with Negroes, of commonly held ideas on race-mixing, miscegenation and legitimate interracial marriage.

Gittelsohn, Roland B., Consecrated Unto Me, Union of American Hebrew Congregations, 1965, \$4.25. (Discussion guide available for \$2.00).

A Jewish view of love and marriage.

Gordon, Albert I., Intermarriage: Interfaith, Interracial, Interethnic, Beacon Press, 1964, 412 pp., \$10.00 (paperback \$2.95).

Presents original statistical and case data on a variety of heterogamous marriages. Assembles the major research findings of earlier studies, documents of the several religious bodies stating their policies on interfaith marriages, and data on the legal status of interracial marriage. Devotes considerable attention to showing the hazards of intermarriage.

Kirkendall, Lester A., Too Young to Marry?, Public Affairs Pamphlet No. 236, 28 pp., \$.25.

Designed to give young people--and their advisers--information and understanding about the advantages, disadvantages, and possible results of early marriage.

Larsson, Cloyte M. (ed.), Marriage Across the Color Line, Johnson Publishing Co., 1965, \$.95.

Reprints of 26 articles on intermarriage.

Mace, David R., What Makes a Marriage Happy?, Public Affairs Pamphlet No. 290, 1959, 20 pp., \$.25.

Summarizes the chief findings of marriage studies and suggests how they can guide men and women toward happiness.

Mayer, John E., Jewish-Gentile Courtship: An Exploratory Study of a Social Process, Free Press, 1961, 240 pp., \$5.00.

Perceptive study of the development of the courtships of couples originally intending to make homogamous marriages but who later entered mixed marriages.

Pike, James A., If You Marry Outside Your Faith, Harper, 1954, 191 pp., \$2.50.

Rabinowitz, Stanley, Love and Marriage, B'nai Brith Youth Organization, 1961.

Schlesinger, Benjamin, Bibliography on Racial and Religious Intermarriage, University of Toronto, School of Social Work, 1968, (available free on request).

A mimeographed 120-item list.

## LOOKING TOWARD MARRIAGE

Simon, Paul, and Jeanne Simon, Protestant - Catholic Marriages Can Succeed, Association Press, 1967, 122 pp., \$3.95.

A realistic, positive approach to Protestant - Catholic marriage, which the authors have experienced personally.

Trevett, R. F., The Church and Sex, Hawthorne Books, 1960, 124 pp., \$2.95.

The Catholic Church's position enriched by language of modern psychology and sociology.

Zurofsky, Jack J. (ed.), The Psychological Implications of Inter-marriage, Commission on Synagogue Relations, 1966, 94 pp., (paperback).

Proceedings of a conference to discuss the future of the American Jew. Much of the discussion applies to other kinds of intermarriage as well.

## 2. Audio - Visual Materials

### Films

Are You Ready for Marriage?, Coronet Films, 15 min.

A marriage counselor helps a young couple to understand what is required for a successful marriage.

Are You the One?, Brigham Young University, 24 min., \$246.00.

This film pinpoints some of the issues to be considered in making the final selection of a mate. Jan and Keith are "in love" but find basic differences in temperament, personality needs, and interests, as well as attitudes toward life itself.

Being in Love, National Educational Television Film Service, 16 mm., 30 min., black and white.

Maturity in attitudes toward love, normal and pathological attachments and attractions, the interconnection between mind and body, and the varying needs of individuals in terms of love are the subjects of this film discussion.

Courtship and Marriage, National Film Board of Canada, distributed by McGraw-Hill Book Co., 60 min.

Examines courting customs in Sicily, Iran, Canada and India. Contrasts arranged marriage with marriage based upon romantic love.

How Do I Love Thee?, Brigham Young University, 1965, color, 28 min.

Boy-girl relationships and wholesome choices, with ethical and moral values explored.

Is Love Enough?, Concordia Films, 1963, 18 min.

Poses questions which arise when considering whether Christian and non-Christian should marry?

## LOOKING TOWARD MARRIAGE

One Love, Conflicting Faiths, Methodist Publishing House, 1959, 27 min.

Shows some of the difficulties facing a Protestant and a Catholic who marry, vividly portraying some of the areas of conflict. Offers no solutions but is thought-provoking and stimulating. Discussion leader's guide available on request. Dated and exaggerated now, but discussion-precipitating.

Should I Marry Outside My Faith?, Family Films, 1962, 30 min., black and white.

Protestant boy and Catholic girl, in love, visit priest and boy talks with his minister; both talk with friends of Protestant-Jewish marriage. All discuss problems of mixed marriage. Suggested for group discussion with competent leader.

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## V. MARRIED LIVING

The preceding section dealt with courtship, mate selection, and engagement. This section provides listings of references primarily concerned with the adjustment of persons to married life, with the roles of husband and wife, with divorce, with marriage counseling, and with family financial management.

The user of the Bibliography is reminded that much of the material written about married living appears in the marriage and family textbooks which have been listed in the preceding section (pages 82 - 88). The references in this section should be useful to both the professional and the layman. Some are research monographs, some are academic treatises, some are popularly written. Each is included because of its merits.

### A. General Information

#### 1. Books

Bach, George R., and Peter Wyden, The Intimate Enemy, William Morrow and Company, 1969, 348 pp., \$7.50.

Written for the layman but also of value to family-serving professionals. Bach expounds his theory of constructive marital communication, centering around the concept that marriages deteriorate because couples do not know how to "fight" fairly.

Bernard, Jessie, The Sex Game, Prentice-Hall, 1968, 372 pp., \$6.95.

Sociological discussion of how men and women communicate with one another.

Berne, Eric, Games People Play, Grove Press, 1964, \$5.00.

A psychological examination of human relationships based on the author's earlier "Transactional Analysis." The identification of "games" has implications for understanding marital interaction.

Birch, William G., A Doctor Discusses Pregnancy, Budlong Press, 1963, 114 pp., \$1.50.

Bird, Joseph W., and Lois F. Bird, The Freedom of Sexual Love, Doubleday, 1967, 189 pp., \$4.95.

A "marriage manual" offering detailed and readable discussion of attainment of "true freedom of sexual love." Carries an imprimatur, but satisfactory reading for those with any religious views or none.

Blood, Robert O., Jr., and Donald M. Wolfe, Husbands and Wives, Free Press, 1960, 320 pp., \$5.00 (paperback \$2.45).

Study in Detroit metropolitan area of contemporary marriage patterns; based on interviews with nearly 1,000 families.

Burns, Robert W., The Art of Staying Happily Married, Prentice Hall, 1963, 223 pp., \$3.95.

Offers pastoral advice and practical guidance on the art of staying happily married.

Butterfield, Oliver M., Sex Life in Marriage, Emerson, 1962 (rev.), 192 pp., \$3.00.

A sound sex manual, found useful by many couples.

Cavan, Ruth Shonle, Marriage and Family in the Modern World, Thomas Y. Crowell, 1965, 609 pp., (paperback \$4.25).

A book of readings, with articles chosen from both scholarly and popular sources.

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Christensen, Harold T., Handbook of Marriage and the Family, Rand McNally, 1964, 1028 pp., \$17.50.

An invaluable source book for the professional. Particularly relevant to this section is Chapter 17 by Jessie Bernard, "The Adjustment of Married Mates."

Cuber, John F., and Peggy B. Harroff, The Significant Americans, Appleton-Century, 1965, 204 pp., \$4.95.

A study of the sexual and emotional relationships between men and women of the upper middle class.

Davis, Maxine, Sexual Responsibility in Marriage, Dial Press, 1963, 380 pp., \$7.50.

Nontechnical guide to the physiology of love, psychological guide to contemporary sexual love.

Deutsch, Ronald M., The Key to Feminine Response in Marriage, Random House, 1968, 172 pp., \$5.95.

Carefully organized to tell the story of human sexuality thoroughly and simply. Replaces myths and confusions about the sexual relationship with the latest medical understanding. Chapter 7, entitled "The Gentle Art" and dealing with marital love making is especially recommended.

Duvall, Evelyn M., Family Development, Lippincott, 1967 (rev.), 532 pp., \$8.75.

Places emphasis on the family life cycle, supported by consistent application of the developmental task concept.

Eichenlaub, John E., New Approaches to Sex in Marriage, Delacorte, 1968, 205 pp., \$5.95.

A natural, frank approach to a still taboo topic. Readable. Teaches that sex is communication.

Ellis, Albert, and Robert A. Harper, Creative Marriage, Lyle Stuart, 1961, 288 pp., \$5.00.

Love, marriage in "rational-emotive" framework. Useful for stimulating discussions and for professional counselors.

Evoy, John J., S. J. Evoy, and Sr. Maureen O'Keefe, The Man and the Woman: Psychology of Human Love, Sheed and Ward, Inc., 1968, 143 pp., \$3.95.

Using as a basis their personal counseling experience, the authors discuss personal fulfillment and the loving human relationship.

Feldman, Harold, Development of the Husband-Wife Relationship, Cornell University, 1961.

Partial report of a long-range study of marital adjustment among a sample of middle-class couples.

Friedman, Alfred S., et al., Psychotherapy for the Whole Family, Springer Publishing Co., 1965, 354 pp., \$7.50.

Series of case studies representative of the current clinical approach to the whole family. Insights into intra-familial dynamics as well as the use of techniques.

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Genne, William, Husbands and Pregnancy, Association Press, 1956, \$2.50.

A handbook for expectant fathers.

Goode, William J., Readings on the Family and Society, Prentice-Hall, 1964, (paperback \$3.95).

A comprehensive collection of readings covering the various stages of family living.

Greenblatt, Bernard, A Doctor's Marital Guide for Patients, Budlong Press, 1968, (paperback \$1.50).

A psychiatrist discusses sexuality in marriage.

Havemann, Ernest, Men, Women, and Marriage, Doubleday, 1962, 227 pp., \$3.95.

Popularization of materials from the sociologist, psychologist, marriage counselor.

Hodge, Marshall Bryant, Your Fear of Love, Doubleday and Company, 1967, 270 pp., \$4.95.

A psychiatrist discusses the common anxieties and inhibitions that prevent us from enjoying love, sex and friendship, and how to overcome these.

Hovde, Howard, The Neomarrried, Judson Press, 1968, 155 pp., (paperback \$2.95).

Presents an approach to counseling newly married couples from a definitely religious viewpoint.

Howe, Reuel L., The Creative Years, Seabury Press, 1959, 239 pp., (paperback \$1.95).

Maintains that adult years can become creative and rewarding if relationships are broadened and strengthened.

Howe, Reuel L., The Miracle of Dialogue, Seabury Press, 1963, 154 pp., \$3.50.

Examines dialogue as the principle of effective communication. Focuses on the factors which determine success or failure in a communication situation.

Jackson, Don D., Communication, Family and Marriage, Human Communication. Volume 1, Science and Behavior Books, Inc., 1968, 289 pp., (paperback \$4.95).

Scholarly papers with psychiatric approach from the Mental Research Institute of the Palo Alto Medical Research Foundation.

Lederer, William J., and Don D. Jackson, The Mirages of Marriage, W. W. Norton, 1968, 473 pp., \$7.95.

A provocative look at the marital relationship -- as an institution today and as a frequent failure. Explores several false assumptions (mirages) about marriage; examines marriage as a system; communication; destructive elements; ways to strengthen marriage; marriage counseling. Both readable and insightful. Stimulating to family specialists and laymen.

Levy, John, and Ruth Munroe, The Happy Family, Alfred A. Knopf, 1962, \$4.95.

A classic in the field of husband-wife interaction.

## MARRIED LIVING

Lobsenz, Norman M., and Clark W. Blackburn, How to Stay Married, Cowles Book Company, 1969, 215 pp., \$4.95.

Helpful, practical approach to sex, money, and emotions in marriage. Advocates professional help for marital conflict.

Mace, David R., Marriage, the Art of Lasting Love, Doubleday, 1952, 210 pp., \$2.75.

Popular presentation of essentials to consider in marriage.

Mace, David R., Success in Marriage, Abingdon, 1958, 158 pp., \$2.95 (paperback \$1.00).

A marriage counselor discusses suggestions for meeting potential difficulties in marriage.

McGinnis, Tom, Your First Year of Marriage, Doubleday, 1967, 202 pp., \$4.95.

Simple, practical, plain spoken, constructive marriage handbook.

Mudd, Emily H., and Aron Krich, Man and Wife, Norton, 1957, 285 pp., \$4.95.

"A sourcebook of family attitudes, sexual behavior and marriage counseling," combining medical and social science knowledge.

Mudd, Emily H., Howard E. Mitchell, and Sara B. Taubin, Success in Family Living, Association Press, 1965, 254 pp., \$6.95.

Focuses primarily on success factors in family relationships. Discussion utilizes data drawn from studying 100 successful families. References are furnished at end of each chapter.

Nelson, Eloy G., Your Life Together, John Knox Press, 1967, 126 pp., \$1.95.

Focuses on concerns of engaged couples as well as married couples.

Nickell, Paulena, and Jean Muir Dorsey, Management in Family Living, John Wiley and Sons, 1967, 554 pp., \$8.95.

Useful as a college text and as a reference for high-school teachers and students.

Otto, Herbert, More Joy in Your Marriage, Hawthorne Books, 1969, 154 pp., \$5.95.

Author offers techniques to help couples find more joy through increased awareness of themselves, their feelings and their capacity for relating to each other and to others.

Pilpel, Harriet, and Theodora Zavin, Your Marriage and the Law, Collier Books, 1962, 333 pp., \$.95.

The legal side of marriage including engagements, children, rights of husbands and wives, divorce.

Rainer, Jerome, and Julia Rainer, Sexual Pleasure in Marriage, Simon and Schuster, 1969, 187 pp., \$5.95.

Revised edition offers a practical guide to sexual fulfillment in marriage.

## MARRIED LIVING

Rheingold, Joseph C., The Fear of Being a Woman, Grune and Straton, 1954, 756 pp., \$10.00.

Offers an explanation of one category of the factors that contribute to personality disorganization and marital failure. Discussion of the significant supportive and approving role of the therapist.

Rodman, Hyman, Marriage, Family, and Society, Random House, 1965, 203 pp., \$2.95.

A book of readings which covers the major areas of family living.

Rosenbaum, Salo, and Ian Alger, (eds.), The Marriage Relationship: Psychoanalytic Perspectives, Basic Books, 1968, 366 pp., \$10.00.

A collection of articles by medical psychoanalysts and psychologists. Covers a wide range of topics from a psychoanalytic perspective; expectation in marriage, deterioration of marriage, problems of older couples, interrelationships between children and parents, sexual disturbance, various methods of treatment.

Rutherford, Jean J., and Robert Rutherford, Personal Understanding of Marriage, Budlong Press, 1968, (paperback).

A guidebook to personal marital problems.

Saxton, Lloyd, The Individual, Marriage and the Family, Wadsworth Publishing Company, 1968, 385 pp., \$6.95.

An introductory marriage and family text which deals with the factors involved in personality development that may create and enhance or break down a marital relationship. Utilizes principles and findings of both sociology and psychology.

Small, Dwight Hervey, After You've Said I Do, Fleming H. Revell Company, 1968, 256 pp., \$4.95.

The author, a minister-marriage counselor, discusses communication in the marriage relationship, including the points of breakdown that cause conflict and crisis.

Snyder, Ross, Inscape, Abingdon Press, 1968, \$2.50.

Explores the I-Thou relationship of marriage -- discovering personhood in the marriage relationship.

Spotnitz, Hyman, and Lucy Freeman, The Wandering Husband: Love, Sex and the Married Man, Prentice-Hall, 1964, \$4.95.

The views and experiences of one physician and his colleague on an emotionally charged topic.

Stewart, Daniel K., The Psychology of Communication, Funk and Wagnalls, 1969, 201 pp., \$7.95.

Scholarly introduction to the field. Language, man's primary means of communication, is considered both as a medium for the transmission of information and as a reflection of the nature of the mind itself.

Stone, Hannah, and Abraham Stone (revision by Gloria Stone Aitken and Aquiles J. Sobrero), A Marriage Manual, Simon and Schuster, 1968, (rev.), 316 pp., \$6.50.

An updated and revised edition of one of the earliest guides to sexual marriage.

## MARRIED LIVING

Tenenbaum, Samuel, A Psychologist Looks at Marriage, A. S. Barnes and Company, Inc., 1968, 405 pp., \$6.95.

The author discusses marriageable personalities, the nature and consequences of a good marriage, and the source and course of marital conflicts in "fairly normal" marriages. Leans heavily on his experiences as a practicing psychotherapist.

Zimmerman, Carle C., and Lucius F. Cervantes, Successful American Families, Pageant, 1960, 126 pp., \$5.00.

Study of factors making for "success" in families.

### 2. Pamphlets and Periodicals

The New Shape of the American Family, January 1963, free single copy from Commission on Research and Social Action. The American Lutheran Church.

Basically outline of important data to be enlarged in discussions.

The following are sources of other pamphlets relative to married living. A few sample titles are listed for each. Other sources of material are listed in the Appendix.

Science Research Associates.

Adams, Clifford, R., Looking Ahead to Marriage, \$.60.

Public Affairs Pamphlets.

Duvall, Evelyn M., and Sylvanus Duvall, Saving Your Marriage, \$.25.

Klemer, Richard, and Margaret Klemer, Sexual Adjustment in Marriage, \$.25.

Klemer, Richard, and Margaret Klemer, The Early Years of Marriage, No. 424, 1967, \$.25.

Offers guidance for the beginning stage of marriage. Authors discuss three factors which characterize a good marriage: understanding, determination, and realistic expectations.

Milt, Harry, What Can You Do About Quarreling?, \$.25.

The Eogg Foundation for Mental Health.

McDonald, Eugene C., Jr., Emotional and Spiritual Security, 1960, 9 pp., \$.20.

Prescott, Daniel A., Role of Love in Human Development, 1955, 7 pp., \$.10.

Child Study Association of America.

Auerbach, Aline, and Helene S. Arnstein, Pregnancy and You, 31 pp., \$.50.

Wolf, Anna, and Margaret C. Dawson, What Makes a Good Home?, 32 pp., \$.50.

## MARRIED LIVING

### 3. Audio - Visual Materials

#### Films

David and Hazel, McGraw-Hill, 23 min.

A film on communication in marriage. It illustrates a family in which good communication exists and one in which communication is poor.

A Family Affair, International Film Bureau, 1955, 30 min.

Story of a typical family whose relationships are strained to the breaking point, helped by a family counselor.

Handling Marital Conflicts, McGraw-Hill, 14 min.

Portrays the development of an argument between each of two couples. Comparative points regarding the elements of constructive and destructive conflict.

Have I Told You Lately That I Love You?, University of Southern California, 1958, 16 min.

Shows how "the machine" has intruded into emotional relationships, situation film leading to discussion on person-to-person communication.

Love is for the Byrds, Brigham Young University, 28 min.

Demonstrates the need for understanding and effective communication, especially in marriage.

Marriage is a Partnership, Coronet, 1951, 14 min., black and white.

Some of the realities of early married life illustrated.

Marriage Problems, National Educational Television Film Service, 30 min., black and white.

Examples used to point out that young couples are often the victims of their own unrealistic expectations in marriage and need both mutuality and independence.

Roots of Happiness, Mental Health Film Board, 1953, 25 min.

A family in which each member grows and accepts self, with appreciation for human relationships, is contrasted with a family where discord and hostility prevail.

Trouble in the Family, National Educational Television Film Service, 3 parts, 90 min.

An examination of the techniques of family therapy, a relatively new and unusual form of psychotherapy in which a family is treated as a unit.

Who's Boss?, McGraw-Hill, 1950, 20 min.

Couple work out adjustments combining careers and marriage. Clothes out-dated.

Who's Right?, McGraw-Hill, 1954, 18 min.

Dramatizes experiences of young married couple whose quarrels undermine their happiness and prevent the development of adult love based on mutual understanding; open ended questions stimulate discussion of class.

## MARRIED LIVING

### Filmstrips

Early Years of Marriage, Roa Films, 10 min.

A helpful filmstrip focusing on in-laws, money, sharing, sex, deception, conflict, religion, the first baby and readjustments that must be made in the early years of marriage.

### Records and Tapes

A Chance to Grow, prepared by Norman Paul, M.D., distributed by WGBH Station, Boston, 1967, \$30.00.

Recordings of an eleven program radio series. Examines ways in which members of normal families deal with different critical changes in their lives, and how their reactions determine whether these changes will be mastered successfully.

Dr. Burns Wants to Help You Start a Happy Home, Kingdom Kraft, P. O. Box 81, Lincoln, Ill. 62656, 1967.

A recording of Robert W. Burns, minister of Peachtree Christian Church in Atlanta, Georgia, counseling with a couple contemplating marriage and a Christian home.

### B. Working Wives and Mothers

#### 1. Books

Albrecht, Margaret, A Complete Guide for the Working Mother, Doubleday & Co., 1967, 342 pp., \$4.95.

Thorough and practical book of advice to those women combining the role of wife, mother, homemaker, job-holder, and citizen. Wide range of topics; addresses women in all social and economic categories.

Bird, Caroline, Born Female: The High Cost of Keeping Women Down, David McKay, Inc., 1968, 288 pp., \$5.95.

Reviews great number of research reports and presents results of her own research on women's status. Her thesis: the conditions of modern life render old forms of the sexual division of labor obsolete, even dysfunctional.

Buytendijk, F. J. J., Woman: A Contemporary View, Newman Press or Association Press, 1968, 362 pp., (paperback \$3.95).

Leans heavily on European research, literature, and history thus offering much data and speculation that will be new to American readers. Takes neither the Freudian nor the Beauvoirian extreme. Wants women to be full and complete human beings; indeed, the author feels women have the potential of reaching a fuller and higher stage of development than do men.

Cassara, Beverly Benner (ed.), American Women: The Changing Image, Beacon Press, 1962, 141 pp., \$3.95.

Wide variety of contributors include Pearl Buck, Ethel Alpenfels, Lillian Gilbreth, Agnes de Mille; introduction by Margaret Mead.

## MARRIED LIVING

Campus Dialogue Series, Dialogue on Women, The Bobbs-Merrill Company, 1967, 98 pp., \$1.25.

Topics such as sexual equality, the mother's role and woman's self-image are included.

Chapman, J. Dudley, M.D., The Feminine Mind and Body -- The Psychosexual and Psychosomatic Reactions of Women, Philosophical Library, 1967, 325 pp.

Of interest to medical students, physicians, marriage counselors, sex educators, nurses, and psychologically sophisticated laymen. Discusses psychosexual development of female. Interesting recommendations on sex education. Psychogenic explanations of infertility, menstruation, pregnancy, menopause, frigidity, problems of sexual adjustment.

Ellmann, Mary, Thinking About Women, Harcourt, Brace, and World, 1968, 240 pp., \$4.95.

A free lance writer and literary critic investigates contemporary conceptions of femininity and follows them through a good deal of modern fiction.

Friedan, Betty, The Feminine Mystique, W. W. Norton and Co., 1963, 410 pp., \$5.95 (also available in paperback).

Cavron, Hannah, The Captive Wife: Conflicts of Housebound Mothers, The Humanities Press, 1966, 176 pp., \$5.00.

Based on interviews with lower-class and middle-class London mothers. Proposes a reanalysis of the education of girls, a reanalysis of women's roles and capacities as workers, and efforts to reintegrate mothers with young children into society.

Kaufman, Sherwin, M.D., The Ageless Woman: Menopause, Hormones, and the Quest for Youth, Prentice-Hall, 1967, 191 pp., \$4.95.

Lewis, Edwin, Developing Woman's Potential, Iowa State University Press, 1968, 389 pp., \$7.50.

A psychologist offers a realistic view of the present and potential status of women in our society -- relying heavily on current research.

Lifton, Robert Jay (ed.), The Woman in America, Houghton, 1965, 293 pp., \$6.00.

An examination of today's new patterns in marriage, the special problems women encounter in choosing careers, the specific nature of woman's creativity, and the institutional innovations needed to create a true equality of sexes. All papers originally appeared in the Spring 1964 issue of Daedalus.

Montagu, Ashley, The Natural Superiority of Women, Macmillan, 1968, (rev.), 235 pp., \$6.95.

Revised, expanded edition. Offers food for thought. The reader is continually supplied with facts, statistics, and research results all presented in a good-humored, readable way.

Nye, F. Ivan, and Lois Wladis Hoffman, with 19 contributing authors, The Employed Mother in America, Rand McNally & Co., 1963, 325 pp., \$6.50.

Reports research on the employed mother, her relationships to her husband and effects on children.

## MARRIED LIVING

Laves, Isabel A., Women Alone, Funk and Wagnalls, 1968, 316 pp., \$4.95.

Provides information on most normal situations that a woman alone can confront.

Weingarten, Violet, The Mother Who Works Outside the Home, Child Study Association of America, 1961, \$.40.

Informative discussion of the advantages and disadvantages of working mothers; explores and probes many of the problems that face mothers in our changing society.

Wood, Mildred W., Management Problems of Homemakers Employed Outside the Home, U. S. Dept. of Health, Education and Welfare, 1962, 153 pp., \$.65.

Basically a source book for senior high school home economics teachers; references to books and periodicals, films, film strips, recordings.

Women's Bureau, Handbook on Women Workers, available from Superintendent of Documents, U. S. Government Printing Office, published periodically.

A handbook of factual information covering the participation and characteristics of women in the labor force.

### 2. Pamphlets and Periodicals

Glenn, Hortense M., and James Walters, "Feminine Stress in the Twentieth Century," American Home Economics Association, reprint.

Herzog, Elizabeth, Children of Working Mothers, U. S. Dept. of Health, Education and Welfare, 1960, \$.70.

Presents various statistical facts about employed mothers, and reviews studies of the effect of the mother's employment on the family.

Marriage and Family Living, November, 1961.

Entire issue devoted to "Women and Work."

### 3 Audio - Visual Materials

#### Films

Marriage and Career, Popular Science Publishing Company, Inc., Filmstrip, \$6.00.

The social and economic changes in the role of women are discussed, and the importance of a woman's planning of her dual role, in the home and career.

Modern Women: The Uneasy Life, National Education Television Film Service, 1966, 60 min., 16 mm, black and white.

Explores the feelings of college-educated women about the various roles which are available for educated women today. Interviews are conducted with women who are living the traditional roles of mother and housewife, those who have combined the roles of career woman and housewife, and professional career women. These women discuss candidly the frustrations and satisfactions which they encounter in their different lives. The attitudes of husbands and unmarried men toward educated women are also explored.

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### C. Marriage Counseling

#### 1. Books

Ackerman, Nathan W., Frances L. Beatman, and Sanford N. Sherman (eds.), Expanding Theory and Practice in Family Therapy, Family Service Association, 1967.

Deals with the field of family treatment in the past few years. Includes papers on the future of family therapy, processes of family change, classification of family types.

Ard, Ben N., Jr., and Constance C. Ard (eds.), Handbook of Marriage Counseling, Science and Behavior Books, 1969, 446 pp., \$12.95.

A comprehensive reference for the marriage counselor, psychiatrist, psychologist, social worker, physician, pastor, lawyer or other helping professional who counsels couples. The fifty chapters by 32 counselors and scholars cover a wide range of theory, techniques, and practical information.

Blanck, Rubin, and Gertrude Blanck, Marriage and Personal Development, Columbia University Press, 1968, 191 pp., \$6.00.

Two psychoanalysts offer a theoretical base for marital counseling based on "ego psychology."

Brodey, Warren M., Changing the Family, Clarkson N. Potter, Inc., 1968, 160 pp., \$6.00.

Offers good suggestions in regard to therapy with the entire family. However, author's style of writing is often wordy and difficult to understand.

Dicks, Henry V., Marital Tension, Basic Books, 1967, 354 pp., \$10.00.

Focuses on the interaction between husband and wife as the crucial area of operation in dealing with marital disharmony.

Feldman, Frances Lomas, and Frances H. Scherz, Family Social Welfare: Helping Troubled Families, Atherton, 1967, 386 pp., \$8.50.

Comprehensive volume on family social work. Authors analyze the causes of dysfunction in troubled families and project treatment goals.

Fisher, Esther O., Help for today's Troubled Marriages, Hawthorne Books, 1968, 288 pp., \$6.95.

Written for the counselor, gives an over view of individual counseling methods and problems, from the psychological point of view.

Freeman, Harrop A., Counseling in the United States, Oceana Publications, 1967, 322 pp., \$10.00.

This is a report based on a three-year study of lawyers, doctors and clergymen who do counseling in the U. S.. It is an exploratory study on the state of training and practice in counseling, a general definition of counseling, its distinction from other disciplines, clients expectations and reactions; offers a guide for counseling practice and training.

Greene, Bernard L. (ed.), Psychotherapies of Marital Disharmony, Free Press, 1965, 191 pp.

A collection of writings by therapists representing a variety of approaches. For counselors.

## MARRIED LIVING

Haley, Jay, Strategies of Psychotherapy, Grune and Stratton, 1963, 204 pp., \$7.50.

Written by a communications analyst, examining commonalities of several methods of therapy. The chapters on "Marriage Therapy" and "Family Conflicts" are recommended for professional counselors.

Haley, Jay, and Lynn Hoffman, Techniques of Family Therapy, Basic Books, Inc., 1967, 480 pp., \$12.50.

Views of five leaders in the field are presented, with verbatim extracts from counseling sessions.

Jackson, Don D. (ed.), Therapy, Communication, and Change, Human Communication Volume 2, Science and Behavior Books, Inc., 1968, 276 pp., (paperback \$4.95).

The volume contains four sections of papers on the family. The first two parts contain theoretical papers on behavior in the context of family interaction. They deal with psychotic behavior, anxiety, asthma, and hypnosis. The third part is concerned with views on psychotherapeutic training, theory and technique. The last section deals with theoretical, technical and research considerations of conjoint family therapy.

Johnson, Dean, Marriage Counseling, Theory and Practice, Prentice-Hall, 1961, 246 pp., \$6.95.

Operational definitions, theoretical formulations and practical illustrations for those concerned with marital counseling.

Meier, R. H. (ed.), Counseling in Marital and Sexual Problems, Williams & Wilkins Co., 1965, 309 pp., \$9.75.

Handbook for physicians and other professionals.

Mace, David, What Is Marriage Counseling?, Public Affairs Pamphlet No. 250, 1957, 28 pp., \$.25.

Mudd, Emily H., et al., Marriage Counseling: A Casebook, Association Press, 1958, 488 pp., \$6.50.

Cases submitted by members of the American Association of Marriage Counselors.

Nash, Ethel M., Lucie Jessner, and D. Wilfred Abse (eds.), Marriage Counseling in Medical Practice, University of North Carolina Press, 1964, 368 pp., \$8.00.

Twenty-one papers dealing with what the physician can do in counseling and with the curriculum of medical colleges. Provides much material of interest and importance to all counselors.

Peterson, James A. (ed.), Marriage and Family Counseling: Perspective and Prospect, Association Press, 1968, 188 pp., \$7.95.

Major addresses from 25th anniversary meeting of the American Association of Marriage Counselors. Useful for serious students of marriage counseling. Deals with progress in research methodology in marriage and family; contemporary status of family; trends in premarital, marital, and family therapy; impact of marriage counseling.

Rutledge, Aaron L., Pre-Marital Counseling, Schenkman, 1966, 336 pp., \$8.95.

Covers the important aspects of preparing a couple for marriage.

## MARRIED LIVING

Sanctuary, Gerald, Marriage Under Stress: A Comparative Study of Marriage Conciliation, George Allen and Unwin Ltd., 1968, 197 pp.

This is a comparative account of marriage conciliation services in Britain, the U. S., Scandinavia, New Zealand, and Australia. Differences between the services of selected areas of the U. S. are drawn.

Satir, Virginia, Conjoint Family Therapy: A Guide to Theory and Technique, Science and Behavior Books, 1964, 196 pp., \$5.95.

A well-known family therapist puts forth her theory and method of family treatment, intended primarily to prepare students for effective family therapy.

Stewart, Charles W., The Minister as Marriage Counselor, Abingdon, 1961, 223 pp., \$4.00.

Sourcebook for the minister and the student in training.

Taylor, Donald L., Marriage Counseling, Charles C. Thomas, 1965, 180 pp., \$6.75.

An effort to form a theory of marriage counseling.

Trainer, Joseph B., M.D., Physiologic Foundations for Marriage Counseling, C. V. Mosby, 1965, 287 pp., \$8.00.

Provides information on the biology and medicine of sex, marriage, and reproduction. General chapters on marriage from the social and legal viewpoint and marital problems.

Younghusband, Eileen (ed.), Casework with Families and Children, University of Chicago Press, 1966, 175 pp., \$1.75.

Fourteen articles from American and British social work journals dealing with practical and theoretical aspects of family casework.

### D. Divorce

#### 1. Books

Bernard, Jessie, Remarriage, Holt, Rinehart & Winston, 1956, 372 pp., \$3.75.

Basically a sociological analysis of remarriage in its various manifestations.

Blake, Nelson, Road to Reno, Collier-Macmillan, 1962, 269 pp., \$5.00.

History of divorce in the United States, considering various state laws and problems of the Supreme Court in solving situations arising through variations in state laws.

Bossard, J. H. S., and Eleanor S. Boll, Why Marriages Go Wrong, Ronald Press, 1958, 224 pp., \$4.00.

Examines social and cultural factors which work against stability of marriage.

Dominian, J., Marital Breakdown, Penguin Books, 1968, 172 pp., (paperback \$1.25).

Draws on latest findings of sociology, psychology, medicine, and law to pinpoint mental problems and to indicate those areas where deeper insight can help toward reconciliation and avoid collapse.

## MARRIED LIVING

Donelson, Kenneth, and Irene Donelson, Married Today, Single Tomorrow: Marriage Break-up and the Law, Doubleday, 1969, 320 pp., \$6.95.

Attorney and his wife offer counsel on three major aspects of a marital break-up: causative problems, the actual divorce procedure, and what happens after the break-up. Primarily from a legal point of view.

Despert, J. Louise, M.D., Children of Divorce, Doubleday & Co., 1962, 298 pp., (paperback \$.95).

Examines divorce versus a hostile marriage in relation to the welfare of children involved.

Engleson, Jim, and Janel Engleson, Parents Without Partners, Dutton, 1961, 249 pp., \$4.50.

Guide for divorced, widowed or separated parents.

Goff, Beth, Where Is Daddy?, Beacon Press, 1969, 28 pp., \$3.95.

The story of Janeydear's feelings surrounding the divorce of her parents, may help a child in a like situation to stand back from his own confusion, identify with another child and then go back to examine his own feelings.

Goode, William J., After Divorce, Free Press of Glencoe, 1956, 366 pp., \$6.00.

Study dealing with adjustment after divorce.

Grollman, Earl A., (ed.), Explaining Divorce to Children, Beacon Press, 1969, 257 pp., \$5.95.

Nine experts on divorce from the fields of sociology, psychiatry, psychology, law, child study, and the three major religions examine the child's fears, tensions, unhappiness and undermined sense of security. The authors' point the ways for parents to deal realistically and reassuringly with their children, alleviate some of the strain on both the children and themselves.

Haussamen, Florence, and Mary Anne Guitar, The Divorce Handbook, Putnam, 1960, 256 pp., \$3.95.

Written in popular style. Suggests legal aspects of divorce and alternatives and hazards.

Hunt, Morton, World of the Formerly Married, McGraw Hill, 1966, 326 pp., \$5.95.

A well written delineation of the plight of the divorced person in our society. Not a research study, but scholarly.

Hunt, Morton, The Affair, A Portrait of Extramarital Love in Contemporary America, World Publishing Co., 317 pp., \$6.95.

An exploration of the secret world of the unfaithful, through the words and experiences of eighty men and women -- details the wide range of affairs and the corresponding feelings for each stage of an extramarital relationship.

Jacobson, Paul H., American Marriage and Divorce, Rinehart, 1959, 188 pp., \$12.00.

Deals statistically with the occurrence, duration, and dissolution of marriage in the United States.

## MARRIED LIVING

Mariano, John H., The Use of Psychotherapy in Divorce and Separation Cases, American Press, 1958, 179 pp., \$3.00.

Advocates that a humane approach to the problem of marital frustration can be found only through a blending of psychology and the law.

Mayer, Michael F., Divorce and Annulment in the Fifty States, Arco Publishing Company, 1967, \$4.95.

The author, a practicing attorney, examines the lawful reasons for divorce and annulment in the fifty states, defenses against divorce action, and by-products of marriage terminations.

Mindey, Carol, The Divorced Mother, McGraw-Hill Book Company, 1969, 268 pp., \$6.95.

A practical handbook for the divorced mother, giving pointers on learning to live without a man around the house, raising the children without a resident father and adjusting personally to a new life status. Written by a young divorcee with two sons.

Neubeck, Gerhard, Extramarital Relations, Prentice-Hall, Inc., 1969, 205 pp., (paperback \$2.45).

A reader including discussions of extramarital relations in America and cross-culturally.

Ogg, Elizabeth, Divorce, Public Affairs Pamphlet No. 380, 1965, \$.25.

Touches on all aspects of divorce, including preventive measures.

O'Neill, William L., Divorce in the Progressive Era, Yale University Press, 1967, 295 pp., \$6.50.

Purports to analyze the liberal-conservative clash over divorce policy in the period 1880-1920. O'Neill strongly favors the liberal position. Sees divorce proper as an index of family strength rather than weakness.

Payne, Dorothy, Women Without Men, Creative Living for Singles, Divorcees and Widows, Pilgrim Press, 1969, 150 pp., \$4.95.

A spiritually based design for living, written by a woman who is both a widow and a divorcee for the middle-aged woman alone.

Sherwin, Robert Veit, Compatible Divorce, Crown Publishing, 1969, 308 pp., \$3.95.

The author, an attorney, explains the complexities of divorce.

Steinzor, Bernard, When Parents Divorce, Pantheon Books, 1969, 247 pp., \$5.95. (Citation listed in Section VI - C.)

Wolf, Anna W. M., and Lucille Stein, The One-Parent Family, Public Affairs Pamphlet No. 287, 1959, \$.25.

Suggestions for adjustment on the part of parent and children.

## MARRIED LIVING

### E. Family Financial Management

#### 1. Books

Selected References and Resources on Socio-Economic Aspects of Money Management, compiled by the Women's Division, Institute of Life Insurance, 1967, Free.

Contains references on family budget standards and costs, money management, and money management counseling and services.

American Home Economics Association, Consumer Credit in Family Financial Management, Proceedings of a National Workshop, AHEA, 1967, 183 pp., \$2.00.

Experts in various fields offer papers in the following areas: consumer credit and the law, consumer credit and the U. S. economy, guidelines and problems in using credit and teaching consumer credit.

Feldman, Frances L., The Family in a Money World, Family Service Association of America, 1957, 188 pp., (paperback \$2.60).

Considers the social, economic and psychological connotations of handling money and how these can reflect conflict within the family. Useful suggestions about money management for counselors in all fields.

Gross, Irma H., and Elizabeth W. Crandall, Management for Modern Families, Appleton-Century-Crofts, 1963 (2nd ed.), 589 pp.

Designed primarily for college courses in Home Management. Emphasizes the point of view that management is a highly significant determinant of the quality of life experienced by families.

Hastings, Robert J., How to Manage Your Money, Broadman Press, 1965, 128 pp., \$1.50.

An excellent overview of family finance. Family values and goals emphasized.

Lasser, J. K., Managing Your Family Finances, Doubleday, 1968, 278 pp., \$5.95.

Practical guide to family finances.

Margolius, Sidney, How to Make the Most of Your Money, Appleton-Century, 1966, 241 pp. \$5.95.

Practical guide for families and for counselors.

Northwestern National Bank, How to Manage Your Money, Rutledge Books, 1966, 144 pp., \$1.00.

Phillips, E. Bryant, and Sylvia Lane, Personal Finance, John Wiley and Sons, 1969, 536 pp., \$9.95.

Comprehensive discussion of financial management, written as a college text.

Springer, John L., Make the Most of Your Income, Prentice-Hall, 1961, 214 pp., \$4.95.

A reference book dealing with all aspects of financial management. Easy reading.

Troelstrup, Arch W., Consumer Problems and Personal Finance, McGraw Hill, 1965.

College level text. Economically sound.

## MARRIED LIVING

Wilder, Rex, The MacMillan Guide to Family Finance, Macmillan Company, 1967, 235 pp., \$6.95.

A detailed, understandable guide.

Wynn, John Charles, How Christian Parents Face Family Problems, Westminster Press, 1955, 144 pp., \$2.50.

A nontechnical book of advice about family money management from a religious perspective.

### 2. Pamphlets and Periodicals

Margolius, Sidney, Buyer, Be Wary, Public Affairs Pamphlet No. 382, 1965, 28 pp., \$.25.

Attempts to help persons become more intelligent shoppers. Deals with deceptions in packaging, major shopping difficulties, guides and standards.

Margolius, Sidney, A Consumers Guide to Health Insurance Plans, Public Affairs Pamphlet No. 325, 1962, 28 pp., \$.25.

Examines the advantages and limitations of various health plans.

Margolius, Sidney, How to Stretch Your Money, Public Affairs Pamphlet No. 302, 1960, 28 pp., \$.25.

Techniques and advice on managing the family's finances.

### 3. Audio - Visual Materials

#### Films

Why Budget?, McGraw Hill.

Explains the importance of the budget, what it is, and how to set it up in relation to family needs and income.

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## VJ. PARENT-CHILD RELATIONSHIPS

Faced with the complex task of child rearing, all parents fall back on procedures, ideas and traditions by which they themselves were reared. If these attitudes and methods are basically sound and still appropriate to the "times," the child and society profit; if not, personal and social waste are perpetuated.

The materials listed here are submitted as an aid to parents who wish to evaluate their own practices and attitudes. In preparation of the list we have been less concerned with particular techniques in training children and more concerned with exploring the "why." Parents must be thoughtful in weighing the significance of various alternative methods of control and qualities of parent-child relationships. Decisions in specific instances will be more constructive and consistent when the goals and purposes of the training are well defined and clearly understood. The readings include illustrations of how basic goals may be implemented through the handling of specific problems.

Some of the readings are suggested because they are challenging and thought-provoking, not because they are the "last word." We believe the "last word" in this area will never be said since the "word" must change as the social situation changes.

### A. General Information

#### 1. Books

Abrahamsen, David, The Emotional Care of Your Child, Trident Press, 1969, 267 pp., \$6.95.

Easy to read, practical guide for parents. Discusses the handling of children, and the "why" behind their behavior.

Alder, James B., (ed.), In Praise of Babies, Doubleday and Company, 1968, 39 pp., \$2.95.

A witty book of brief verses by Ogden Nash, among others, on marriage and family life. The accompanying sketches are very attractive.

Alderfer, Helen, and Edwin Alderfer, Helping Your Child to Grow, Herald Press, 1968, 29 pp., (paperback \$.35.).

Simply written discussion of the various ways a child grows.

Arnstein, Helene S., What to Tell Your Child, Bobbs-Merrill, 1962, 202 pp., \$3.50.

The author offers guidelines to parents in answering questions about birth, illness, community dangers, mental illness, mothers working, divorce and remarriage, death, financial crises, and family moves.

Association for Childhood Education International, Bibliography of Books for Children, 1969, \$1.50.

Contains over 1500 listings, annotated, giving price, age level, publisher, author, illustrator.

Baker, Helen Read, and Xenia F. Fane, Understanding and Guiding Young Children, Prentice-Hall, 1967, \$7.32.

Stresses child understanding rather than child care.

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Deutsch, Martin, and Associates, The Disadvantaged Child: Studies of Social Environment and the Learning Process, Basic Books, 1967, 400 pp., \$10.00.

Examines the problems of the disadvantaged child and the social environment from which he comes.

Dingmeyer, Don C., Child Development: The Emerging Self, \$5.95.

Dittmann, Laura L., (ed.), Early Child Care: The New Perspectives, Atherton Press, 385 pp., \$8.95.

Proceedings of four conferences, in which particular attention is given to what is known about today's pre-school children -- advantaged, disadvantaged; normal, handicapped, disturbed.

Dreikurs, Rudolf, and Loren Grey, Logical Consequences: A New Approach to Discipline, Meridith Press, 1968, 216 pp., \$4.95.

Contains useful examples of specific situations illustrating Dreikurs' approach to raising children.

Dreikurs, Rudolf, and Vicki Stolz, Children: The Challenge, Duell, 1964, \$5.95.

Abundance of material covering the myriad situations and challenges parents face with their children. Each situation is followed by an appropriate tested solution and the principles behind it.

Eakin, Mary K., (ed.), Good Books for Children, (3rd ed.), University of Chicago Press, 407 pp., (paperback \$7.95).

For parents, teachers, and librarians, this annotated bibliography lists children's books reviewed and recommended in the Bulletin of the Center for Children's Books from 1950 through 1966.

Ellis, Albert, with Sandra Moseley and Janet L. Wolfe, How To Prevent Your Child from Becoming a Neurotic Adult, Crown Publishing Company, 1967, 247 pp., \$4.95.

Authors believe children "are born with very definite physiological tendencies which often predispose them to react in certain psychological ways." They here offer ways in which they can be changed by training and re-education.

English, O. Spurgeon, and Constance J. Foster, Fathers Are Parents Too, Putnam, 1951.

Father's role laid out from getting ready to become a father to becoming a grandfather.

Fox, Lorena K., and others, All Children Want to Learn: A Guide for Parents, Grolier Society, 1954, 233 pp., \$3.50.

A simple and attractively illustrated book about children and their play; offers many valuable suggestions for play activities and easy-to-make equipment; focuses on the child under nine.

Frank, Lawrence K., On the Importance of Infancy, Random House, 1966, \$1.95.

An excellent discussion of infancy drawing upon research from many disciplines. Extensive bibliography.

Freiberg, Selma, The Magic Years, Scribners, 1964, 305 pp., \$3.95.

A lucid account of the mental and emotional development of the child from infancy to school age.

## PARENT-CHILD RELATIONSHIPS

Benson, Leonard, Fatherhood: A Sociological Perspective, Random House, 1968, 452 pp., \$7.95.

Valuable discussion of the importance and role of the father. Deals mainly with the middle class father.

Bergler, Edmund, M.D., Parents Not Guilty! of Their Children's Neuroses, Liveright, 1964, 283 pp., \$6.95.

Main thesis is that neurosis is the outcome of the clash of inner forces, above and beyond the educational process, and not a creation of the parent. Makes biological endowment the chief determinant of emotional health or pathology and contends that it is not environment per se but the child's reaction to it that is decisive in the development of neurosis.

Bettelheim, B., Dialogues with Mothers, Free Press, 1962, 284 pp., \$4.95.

Twenty-three of the author's discussions with parents of normal children about the ordinary but inescapable difficulties that face every parent are produced verbatim.

Brenneman, Helen Good, Meditations for the Expectant Mother, Herald Press, 1968, 80 pp., (paperback \$1.50).

A book of verses for the lady-in-waiting.

Bro, Margueritte H., When Children Ask, Harper and Brothers, 1956, \$3.50.

Various points of view are offered to help parents answer children's questions about many subjects, including the atomic bomb, death, religion.

Bruch, Hilde, Don't Be Afraid of Your Child, Farrar, Strauss and Young, 1952.

Dr. Bruch, a psychiatrist, feels parents have become confused by the demands of educators and psychologists who have heavily underscored the responsibility of parents in molding children's lives. She feels some of the parents' confusion must be ascribed to changes in family relations over the years and pin points the problems growing out of changing times. She wants to "give the child back to his parents." Good sense, but must be read with perspective.

Carrier, Blanch, Integrity for Tomorrow's Adults, Crowell, 1959, 182 pp., \$3.00.

A religious but nonsectarian book dealing with the parent's role in guidance of young people as they attempt to resist the crowd, stand for the right, and develop responsibility.

Chess, Stella, Your Child Is a Person, Viking Press, 1965, 213 pp., \$4.75.

A view of child rearing principles and practices based on the author's longitudinal studies of the individual behavior patterns of infants and young children. Emphasizes the unique ways each child reacts and the responses his reactions generate as crucial elements in personality development. Includes many implications for professionals and parents.

Day, Beth, and Margaret Liley, M.D., The Secret World of the Baby, Random House, 1968, 113 pp., \$3.95.

This book describes the world of the unborn and newborn baby, including how a baby behaves before birth, what birth is like from a baby's point of view, and his development during the first few months in the world of air and people.

## PARENT-CHILD RELATIONSHIPS

Fromme, Allan, ABC of Childcare, Pocketbooks, 1969, (paperback \$ .95).

Accumulated knowledge of emotional problems of infancy and childhood is contained in this cross-referenced, alphabetized encyclopedia. Information is freshly put with the aim of helping people build "a sense of certainty" about themselves as parents.

Gersh, Marvin J., M.D., How to Raise Children at Home in Your Spare Time, Stein and Day, 1967, \$4.95.

A light, nonserious discussion of medical, physical, and emotional aspects of child development. Dr. Gersh's philosophy is that "child rearing is so serious that no parent can afford to take it seriously."

Ginott, Haim G., Between Parent and Child, Macmillan, 1965, 223 pp., \$4.95.

Dr. Ginott invites parents to communicate with their children more effectively in a helpful book that examines the feelings that lie behind what children say and do. Offers concrete suggestions for everyday situations parents face, including discipline, sex education, fears, etc.

Glaeser, Nona, and Carol F. Creedon (eds.), Children and Poverty: Some Sociological and Psychological Perspectives, Rand McNally, 1968, 328 pp., \$3.95.

Thirty contributions explore interconnections between social institutions and the social and psychological characteristics of poor American children. Considers the problems faced by families and children living in poverty.

Glover, Leland E., How to Guide Your School-age Child, Macmillan, 1965, 275 pp., (paperback \$.95).

Goodman, David, A Parents' Guide to the Emotional Needs of Children, Hawthorne, 1959, \$6.95.

Points out to parents ways that they can meet children's basic emotional needs. Stressed is the parents' relationship to each other in establishing the climate for wholesome growth.

Gottlieb, David, and Charles E. Ramsey, Understanding Children of Poverty, Science Research Associates, 1967, 76 pp.

A summary and analysis of the contribution sociologists have made toward understanding the culturally deprived child in the context of the family, the social life of the community, the employment market, the school as a social institution, and the classroom within the school. A recurrent theme is the goals of deprived youth.

Grams, Armin, Children and Their Parents, T. S. Denison and Company, 1963, 176 pp., \$4.50.

For interested parents, pastors and laymen. Central theme is relationship between concepts of faith, hope and love for preschool child, middle childhood and adolescence and growth to manhood.

Gruenberg, Sidonie, The New Encyclopedia of Child Care and Guidance, (2nd ed.), Doubleday, 1968, 1016 pp., \$10.00.

Practical information on all aspects of a child's growth; thumb-indexed.

## PARENT-CHILD RELATIONSHIPS

Gruenberg, Sidonie M., Parent's Guide to Everyday Problems of Boys and Girls, Random House, 1958, 363 pp., \$4.95.

Deals with the often overlooked school-age child. Offers useful suggestions for bettering daily life and family relationships. The author is continuously aware of how social changes are profoundly influencing the lives and behavior of today's children.

Hadfield, J. A., Childhood and Adolescence, Penguin Books, 1962, (paperback \$1.25).

Interesting and enjoyable reading. Written by an English medical psychologist, primarily for parents, although it is worthwhile reading for anyone interested in child development. The general nature of maturation, early development, the organization of the child's personality, adolescence, and various abnormalities are discussed with an abundance of illustrative materials. The final chapter discusses what Hadfield views as three principles of parenthood: love, freedom, and discipline.

Hartley, Ruth E., and Robert M. Goldenson, The Complete Book of Children's Play, Crowell, 1957, 462 pp., \$5.00.

An encyclopedic volume of help to parents and others who work with children; follows a chronological sequence.

Hein, Lucille E., Enjoy Your Children, Abingdon, 1959, \$3.50.

The author, a free-lance writer for radio, TV and popular magazines, suggests many games suitable for family car trips, amusements for convalescent children, creative activities, hobbies, etc., concentrating on children 7-12.

Hess, Robert D., and Judith V. Torney, The Development of Political Attitudes in Children, Doubleday, 1968, 331 pp., (paperback \$1.95).

Studying more than 17,000 elementary school children, the authors conclude that the school stands out as the dominant force in the political socialization of the young child -- much more important than family, peer group, or church.

Holt, John, How Children Learn, Pitman Publishing Corporation, 1967, 189 pp., \$4.95.

Provides insight into ways of leading children through learning experiences.

Holt, John C., Why Children Fail, Pitman Publishing Corporation, 1964.

Hymes, James L., Jr., Effective Home-School Relations, Prentice-Hall, 1953.

A good aid to coordinating two major influences for the child's benefit.

Ilg, Frances L., and Louise Bates Ames, Parents Ask, Harper and Brothers, 1962.

Using parents' letters, the authors discuss causes and answer questions dealing with problems of feeding, toilet training, discipline, school behavior, etc.

Isaacs, Susan, The Nursery Years: The Mind of the Child from Birth to Six Years, Schocken Books, Inc., 1968, 140 pp., \$4.50 (paperback \$1.95).

New edition of a work first published in 1929 by a noted child psychiatrist. A discussion emphasizing the child's point of view.

#### PARENT-CHILD RELATIONSHIPS

Jones, Eve, The Intelligent Parent's Guide to Raising Children, Free Press, 1959.

The author explains how to meet the child's emotional and physiological needs as he develops naturally from birth through adolescence.

Kanner, Leo, M.D., A Word to Parents About Mental Hygiene, University of Wisconsin Press, 1959, 94 pp., \$1.00.

Kawin, Ethel, "Parenthood in a Free Nation"; Volume I, Basic Concepts for Parents; Volume II, Early and Middle Childhood; Volume III, Later Childhood and Adolescence; Macmillan, 1963, Vol. I, 207 pp., \$2.00; Vol. II, 303 pp., \$2.75; Vol. III, 338 pp., \$3.00.

The volumes in this series were developed as content for a study-discussion program designed to help parents acquire knowledge of children at various stages of development and to help parents to understand themselves, both as persons and as parents. Volume I deals with the characteristics of a mature, responsible citizen in a democratic society and the ways in which parents contribute to their development. Volumes II and III, based on the assumption that parents need to know what children are like at various stages, contain descriptions of the physical, mental, and social-emotional characteristics of boys and girls during successive periods of childhood.

The format of the volumes is excellent with discussion questions, case histories, and suggested reading provided. The author has avoided talking down to parents, yet the reading level is geared for parents with relatively limited reading skills. The volumes are well-written and illustrated.

Kehm, Freda, and Joe L. Mini, Let Children be Children: Questions and Answers about Raising Children from Infancy through the Pre-Teen Years, Association Press, 1962, 60 pp., \$4.95.

Answers questions most often asked by parents and teachers, simply and directly. Emphasis on importance of family unit.

Klein, Ted, The Father's Book, William Morrow and Company, 1968, 392 pp., \$7.95.

Helpful in providing detailed information as to where help of many sorts can be found.

Langdon, Grace, and Irving W. Stout, Bringing Up Children, John Day, 1960, \$4.50.

The authors studied more than 4,000 families with well-adjusted children and organized the experiences of these successful parents into a comprehensive guide to rearing children from infancy through the teens.

Langdon, Grace, and Irving W. Stout, Teaching Moral and Spiritual Values, John Day, 1962, 124 pp., \$3.50.

A guide to help parents in the character development of their children.

LeShan, Eda J., The Conspiracy Against Childhood, Atheneum, 1968, 368 pp., \$6.50.

A hard-hitting insightful book. Her major thesis is that this is a terrible time in which to be a child, in a mechanized and dehumanized society. Written to encourage discussion among thoughtful parents and family life educators of a number of vital questions.

## PARENT-CHILD RELATIONSHIPS

LeShan, Eda J., How to Survive Parenthood, Random House, 1965, 239 pp.

Analyzes the dilemma of parents caught between the demands of permissive child-rearing norms and today's highly competitive society. Stresses the needs of parents as individuals and as married couples, rather than the demands of the children.

Liley, H. M. I., Modern Motherhood, Random House, Inc., 1967, 239 pp., \$4.95.

Physician discusses pregnancy, childbirth and the first six months of life. She includes instructions on care of the baby and of the mother.

Maternity Center Association, Prelude to Action: The Next Twenty Years in Maternity Care, 1969, 170 pp., (paperback \$3.00).

McNeil, Elton B., Human Socialization, Brooks Cole Publishing Company, A Division of Wadsworth Publishing Company, Inc., 1969, \$7.50.

A comprehensive discussion which incorporates the theoretical and practical aspects of human socialization. It covers the nature, agents and components of socialization, the influence of education as well as informal influences in childhood, youth and the adult years. It is designed for use as an under-graduate text for courses which focus on socialization.

Miller, D. R., and G. E. Swanson, The Changing American Parent, John Wiley and Sons, 1958.

A classic study of the American parent in the context of American society.

Muller, Philippe, The Tasks of Childhood, World University Library, McGraw-Hill, 1969, 254 pp., (paperback \$2.45).

Author treats the stages of growth as "tasks" in the increasingly demanding relationship which each individual contracts with society.

Neill, A. S., Summerhill: A Radical Approach to Child Rearing, Hart Publishing Co., 1960.

An unusual book about a most unusual school and an even more unusual man. A. S. Neill is the headmaster of Summerhill and this book reports his experiment in bestowing unstinted love and approval on children.

Neisser, Edith G., Mothers and Daughters: A Lifelong Relationship, Harper and Row, 1967, \$7.95.

Explores an important aspect of family life in a broad context, yet relates each finding to everyday American life in such a way that mothers (and fathers too) will gain new understanding of their roles.

Niblett, W. R., (ed.), Moral Education in a Changing Society, Humanities Press, 1963, \$4.00.

Series of addresses given in 1962 at the University of London Institute of Education by Christians and agnostics, including an atomic scientist, a theologian, a psychiatrist, two educators, a sociologist, a philosopher, a social-science researcher, and an Oxford woman den.

Offen, J. Allan, Adventure to Motherhood, Simon and Schuster, 1965, 65 pp., \$2.95.

#### PARENT-CHILD RELATIONSHIPS

Ostrovoley, Everett S., Father to the Child, Putnam, 1959, \$3.75.

The author, a student of Piaget, attempts to trace the consequences of father absence in individual cases -- the widow's family, the divorcee's family, the family whose father's business keeps him long-absent, etc.

Parfit, Jessie, (ed.), The Community's Children, Humanities Press, 1968, 108 pp., (paperback \$2.75).

Contributors discuss the work that is being done (through state organizations) in England for deprived children.

Powledge, Fred, To Change A Child: A Report on the Institute for Developmental Studies, Quadrangle Books, Inc., 1967, 110 pp., \$2.25.

A portrait of the Institute's program for education of the young disadvantaged child -- the "intervention: classroom.

Richardson, Stephen A., and Allan F. Guttmacher, Childbearing: Its Social and Psychological Aspects, Williams and Wilkins, 1967, 334 pp., \$8.50.

Offers a valuable inter-disciplinary approach to the subject. Includes the papers of 6 professionals, and much supportive data.

Richette, Lisa Aversa, The Throwaway Children, Lippincott, 1969, 342 pp., \$6.95.

"Throwaway" refers to the children the author has encountered in juvenile court. These are the children of families in all of the socio-economic classes of America whose parents, community and society have failed to help them develop their potential. Through case studies the realities of subsequent events in the lives of youth in the courtroom posits the need for more rehabilitative and less punitive legislation for "throwaways."

Riesmann, Frank, The Culturally Deprived Child, Harper and Row, 1962, 140 pp., \$3.95.

An examination of the subculture and family background of disadvantaged children and a challenge to the middle-class oriented public schools to adapt their programs to better serve the needs of these youngsters.

Schramm, Wilbur, J. Lyle, and E. B. Parker, Television in the Lives of Our Children, Stanford University Press, 1961, 324 pp., \$7.50 (paperback \$2.95).

How does television affect children's health, schoolwork, reading, behavior, fears and values? Members of the Stanford University Institute for Communication Research provide some thoughtful answers in this lively report of their study of the viewing habits and attitudes of some 6,000 youngsters. The authors' abundant data on television's immediate impact lends impressive weight to their discussion of possible long-term effects, values, and dangers.

Senn, Milton J. E., and Clair Hartford, The Firstborn: Experiences of Eight American Families, Harvard University Press, 1968, 533 pp., \$10.00.

Describes and interprets the experiences of eight representative families with their firstborn children, concentrating on parental expectations, sociocultural factors, and the family pattern which emerges. Captures the texture of day-to-day family living from the mother's early pregnancy through the first two years of the child's life.





PARENT-CHILD RELATIONSHIPS

Sern, Milton J. F., and Albert J. Solnit, Problems in Child Behavior and Development, Lea & Febiger, 1968, 268 pp., \$7.50.

Two doctors who specialize in child psychiatry and pediatrics deal with the management of life situation and the prevention of behavior problems in children. Geared to the medical practitioner.

Simons, Joseph, and Jeanne Reidy, Wisdom's Child: Exploring Adult Immaturity, Herder and Herder, 1969, 144 pp., \$4.50.

A small boy tells the story of his life, providing a commentary on adult living. "Some people will read this book and hear a small boy talking as no small boy has ever talked. Others will read this book and hear themselves talking as they have always wanted to talk."

Smith, Charles P., (ed.), Achievement-Related Motives in Children, Russell Sage Foundation, 1969, 362 pp., \$8.75.

Papers included reflect the major traditions of research on a topic which has been given a relatively small amount of attention.

Smith, Leona J., Guiding the Character Development of the Preschool Child, Association Press, 1968, 127 pp., \$3.95.

A psychologist offers this practical guide for parents and teachers.

Spock, Benjamin, Problems of Parents, Houghton-Mifflin, 1962, 308 pp., \$5.00 (paperback \$.60).

In his well-known popular style, Dr. Spock deals with parent's daily problems (tensions, everyday management, anxieties, answering questions), periodic crises (divorce, desertions, the step child), and critical problems presented by mass media, prejudice, war.

Stolz, Lois Meek, Influences on Parent Behavior, Stanford University Press, 1967, 355 pp., \$8.95.

A unique study in that parent behavior is treated as the dependent variable -- the behavior which is to be explained. Her findings provide much food for reflection.

Talbot, Toby, (ed.), The World of the Child: Birth to Adolescence from the Child's Viewpoint, Doubleday and Company, 1967, 468 pp., \$6.95.

Essays and excerpts from writings of psychologists, educators, anthropologists, and others concerning the integration of the individuality of the child with the external world. Considers the adult's ability to recollect his own childhood; discusses the infant's abrupt arrival in the world, his tentative exploration and growing sense of self and sexuality, and the private world of children's play, art, and language; explores the child's reaction to certain realities of adult life -- death, war, bigotry; considers how one generation can best prepare the next to contribute to society.

Thomas, Alexander, Stella Chess, and Herbert G. Birch, Temperament and Behavior Disorders in Children, New York University Press, 1968, 309 pp., \$8.50.

Based on a longitudinal study of 136 children during the first 10 years of life the authors hold that innate temperament makes a fundamental contribution to personality as does environment. An earlier volume established the theoretical framework, while this work deals with actual behavior problems that developed in shortened treatment method emphasizing parent guidance.

## PARENT-CHILD RELATIONSHIPS

What To Do When "There's Nothing to Do": A Mother's Handbook - 601 Tested Play Ideas for Young Children, by members of the staff of the Boston Children's Medical Center. Delacorte Press, 1967, 156 pp., \$3.95.

Collection of creative play ideas sorted into age groups, and written with an understanding of what a child is able to do and is interested in doing at each age.

Wright, Ruth Stout, Report to the Nation on Children and Youth, National Committee for Children and Youth, 1968, 135 pp., (paperback).

Report on the problems, needs and assets of the nation's children and youth, with the information coming from people in varied areas working with youth.

### 2. Pamphlets and Periodicals

Space limitations preclude the listing of all pamphlets dealing with parent-child relationships. Some sources of materials are listed below together with a few current pamphlets. Other sources are listed in the Appendix.

Child Study Association of America.

Auerbach, Aline B., The Why and How of Discipline, \$.50.

Children's Books of the Year, 1966, 30 pp., \$1.00.

Mayer, Greta, and Mary Hoover, When Children Need Special Help with Emotional Problems, \$.40.

Recommended Reading About Children and Family Life, 30 pp., \$1.00.

Careful selection and evaluation of publications about children and parents.

Redl, Fritz, Are Parents Worrying About the Wrong Things?, \$.25.

Weingarten, Violet, The Mother Who Works Outside the Home, \$.40.

Wolf, Anna W. M., Helping Your Child To Understand Death, \$.75.

Children's Bureau Publications.

Prenatal Care, No. 4, \$.20

Infant Care, No. 8, \$.20.

Your Child From One to Six, No. 30, \$.20.

Your Child From Six to Twelve, No. 324, \$.25.

The Adolescent in Your Family, No. 347, \$.25.

Your Gifted Child, No. 371, \$.20.

A Creative Life for Your Children, Margaret Mead, Headliner Series No. 1, \$.35.

Pogo Primer for Parents (TV Division) Headliner Series, No. 2, \$.20.

Cressman, Rhoda Garber, So You're Going to Be Parents, Herald Press, 1968, 31 pp., (paperback \$.50).

Valuable discussion and suggestions for helping a couple become ready to be parents.

National Foundation - March of Dimes, available free through local chapter.

Birth Defects - Questions and Answers (59-60).

Advice to Mother-to-Be (R-59-3).

Parent's Magazine, \$4.00 per year, \$.50 per issue.

A monthly magazine devoted to all aspects of child rearing.

PTA Magazine, \$1.50 per year - 10 issues.

## PARENT-CHILD RELATIONSHIPS

Peterson, Edward, and Barbara Nan, Christian Attitudes on Race: A Parent's Pamphlet, Friendship Press, 1967, 64 pp., \$.75.

Approximately the first fourth of the pamphlet consists of the author's discussion of the role parents play in shaping the racial attitudes of their children. This is followed by related background readings.

### Public Affairs Pamphlets.

Archer, Jules, and Dixie Leppert, What Should Parents Expect From Children?, No. 157, \$.25.

Frank, Josette, Children and TV, No. 323, \$.25.

Gruenberg, Sidonie Matsner, Your Child and Money, No. 370, \$.25.

Hymes, James L., Jr., How to Tell Your Child About Sex, No. 149, \$.25.

Neisser, Walter, and Edith Neisser, Making the Grade as Dad, No. 157, \$.25.

Osborne, Ernest, You and Your Child's School, No. 321, \$.25.

Saturday Review, "A Symposium on the Child," December 7, 1968.

Six valuable articles highlighting current scientific research findings about human personality and growth.

### Science Research Associates.

Montagu, Ashley, Helping Children Develop Moral Values, \$.60.

Puner, Helen W., Helping Brothers and Sisters Get Along, \$.60.

Ridenour, Nina, Building Self-confidence in Children, \$.60.

Weitzman, Elba, Guiding Children's Social Growth, \$.60.

## 3. Audio - Visual Materials

### Films

Angry Boy, International Film Bureau, 1951, 33 min., black and white.

Dramatization of the story of a boy taken to child guidance clinic after being caught stealing; the psychiatric team reveals source of the difficulty in the boy's home situation. An experienced leader should be present for adequate interpretation.

The Bad Strangers, Guidance Films, 1964, 6 min., color.

Designed to teach young children to avoid certain situations and to impress them with the dangers involved without frightening them.

Children of Change, International Film Bureau, 1960, 31 min., black and white.

Problems of working mothers and children left alone during the day; reveals good child care center activities and challenges community for responsibility for the children; technical unevenness.

Children's Bureau Publication No. 376, Selected Films on Child Life, 1965, \$.40.

## PARENT-CHILD RELATIONSHIPS

Families First, New York State Department of Commerce, 20 min.

By a series of everyday episodes in the lives of two contrasting families this film demonstrates the sources of tension, frustrations, and anti-social attitudes as well as the opposite results of affection, achievement and harmonious personality adjustment.

Family Teamwork and You, Charles Cahill and Associates, 1966, color, 11 min.

Two homes contrasted as to cooperative spirit with rapid camera shifts. Introductory narration only so children have ample opportunity to observe and develop ideas for discussion.

Feeling of Hostility, National Film Board of Canada, 1948, 27 min., black and white.

Early childhood adolescence and mature life of child with feelings of resentment and frustration.

Feeling of Rejection, National Film Board of Canada, 1947, 20 min.

Case history of a 23-year old girl who learned in childhood not to risk social disapproval by taking independent action. Symptoms of her trouble are illustrated by incidents in which she submits to other people while inwardly protesting. Under psychiatric help she became more able to understand her feelings and assert herself. Should be shown only with able discussion leader.

Their First Teachers, 10 m.m., City College Institute of Film Technique, available from Pennsylvania State University, rental \$1.75.

Characteristic aspects of the home in terms of parent-child relationships; should contribute to better understanding of needs of children and of responsibilities of parents as their first teacher.

Jamie--The Story of a Sibling, National Film Board of Canada distributed by McGraw-Hill, 1964, 28 min., black and white.

Designed to promote discussion of rivalry between children in the same family. Shows how the emotional development of children is affected by parental attitudes and by competition for parental attention. Jamie in this film is a ten-year old, an age when it hurts if you fail to win a parent's approval, or if you must give way because you are smaller. Parents who want to know what goes on inside a child's mind will find Jamie and the family of which he is part, a provocative, revealing study.

Kindergarten, McGraw-Hill, 1962, 22 min. black and white, \$120.00.

A candid camera study of children being very much themselves in the special world of the kindergarten classroom. This film shows children as they are--uninhibited, spontaneous in every word and gesture. Herein are the assertions of individuality, the beginnings of rivalry and cooperation within the group. How the children adjust to one another and to the situations in which they find themselves makes this film an interesting study for the adult.

The Parents: Changing Problems of American Families, National Educational Television Film Service, 1964, 60 min.

Part of "America's Crisis" series. Depicts the confusions and opportunities facing parents in a time of rapid social change. Since the film suggests few solutions but effectively outlines problems, it can best serve as a basis for group discussions.

## PARENT-CHILD RELATIONSHIPS

Sibling Rivalries and Parents, McGraw-Hill, 1956, 11 min., black and white.

Reasons for a certain amount of rivalry among brothers and sisters, its varied manifestations, and ways of holding friction to a minimum are described in this film.

Television and Children, Pennsylvania State University, 1961, 28 min., black and white.

A talk on television and its effect on children by a university faculty member.

Who Cares About Jamie?, Smart Family Foundation, 16 min., black and white or color. Available for purchase for \$10.00.

A day in the life of a first grader, the difficulties in growing up, how parents handle a difficult situation, raising the question of how much punishment parents should use.

### Filmstrips

You and the Other Generation, Popular Science Publishing Company, Inc., \$6.00.

This filmstrip provides an analysis of some typical causes of conflict between teenagers and parents with indications of possible solutions.

## B. More Comprehensive Information

### 1. Books

Alexander, Theron, Children and Adolescents: A Bio-Cultural Approach to Psychological Development, Atherton, 1969, 500 pp., \$8.00.

A combined emphasis on the biological and cultural factors that determine the course of the child's psychological development.

Aries, Philippe, Centuries of Childhood, Vintage Books, 1965, 447 pp., (paperback \$2.45).

Deals with the historical development of childhood (not children) by analyzing dress, games, art, sex behavior, educational policy, social and economic activities. Well written with a clear presentation and massive documentation.

Bettelheim, Bruno, The Children of the Dream, Macmillan, 1969, 363 pp., \$6.95.

An analysis of the children reared from birth through adolescence in the Israeli Kibbutz and consideration of the implications for our methods of child-rearing both in the slums and in middle class homes.

Bossard, J. H. S., Parent and Child, University of Pennsylvania Press, 1953.

The basic family situations which call out certain kinds of behavior in family members are presented with full and complete discussion: description of the sociological factors to which the child and his parents respond; the "spatial index for family interactions"; interesting comparison of small and large family "systems"; the effect of size of family patterns and the effect on the child as he moves out into the world.

#### PARENT-CHILD RELATIONSHIPS

Bossard, J. H. S., and Eleanor S. Boll, The Sociology of Child Development, Harper and Row, 1966 (4th ed.), 566 pp., \$8.75.

A thorough revision of the well-known informative and highly readable text. The authors consider the role of family life in society as the basis for child development. Includes many references to recent research and an excellent bibliography.

Bowlby, John, Maternal Care. Schocken, 1966, 357 pp., (paperback \$2.45).

Two of the classics -- Maternal Care and Mental Health and Deprivation of Maternal Care -- in one volume. Discusses the effects of maternal deprivation in early life and appropriate methods to prevent such deprivations.

Clausen, John A., (ed.), Socialization and Society, Little, Brown, and Company, 1968, 400 pp., \$5.50.

Examines conceptual usage, approaches, and issues in the field of socialization research, especially emphasizing the effects of social structure upon the socialization process.

Coles, R., Children of Crisis: A Study of Courage and Fear, Little, Brown, and Company, 1967, 401 pp., \$8.50.

A child psychiatrist examines the lives of modern Negro children in the South -- and describes the way those lives have come to terms with current political and social changes.

Erikson, Erik H., Childhood and Society, W. W. Norton & Co., 1963 (2nd ed.), 445 pp., \$6.50 (paperback \$2.95).

Devoted to explaining the relation of the individual ego to society. Emphasizes that understanding this relationship depends on grasping three processes -- the somatic process (biology), the ego process (psychology), and the societal process (the social sciences).

Faegre, Marion L., John E. Anderson, and Dale B. Harris, Child Care and Training, 1958 (8th ed.), University of Minnesota Press, 300 pp., \$3.00.

A basic handbook of child development and growth; useful to teachers, students, physicians, parents and nurses.

Gardner, Riley W., and Alice Moriarty, Personality Development at Preadolescence: Explorations of Structure Formation, University of Washington Press, \$9.50.

Presents the results of a research project intended to assess a number of major aspects of preadolescent individuality and personality organization. An ego-psychological point of view drawing heavily on psychoanalytic theory. A scholarly and thorough work, including a comprehensive review of the literature.

Garrison, Karl C., Albert J. Kingston, and Harold W. Bernard, The Psychology of Childhood: A Survey of Development and Socialization, Charles Scribner's Sons, 1967, 457 pp., \$7.25.

This college text takes the biosocial approach to child development. The two major divisions of the book cover the course of development and the socialization process. Particular attention is given to the early foundations of development in the pre-school and earliest school years.

## PARENT-CHILD RELATIONSHIPS

Hoffman, Martin L., and Lois W. Hoffman, Review of Child Development Research, Russell Sage Foundation; Volume I., 1964, 547 pp., \$8.00; Volume II., 1966, \$8.00.

These two volumes represent a treasury of information and interpretation of the social, psychological, genetic, and neuro-psychological aspects of child development. The chapters, written by prominent specialists, are much more than mere summaries of research. Each includes a synthesis and an evaluation of the best studies available as well as extensive bibliography. A most significant contribution to the child development practitioner.

Lomas, Peters, (ed.), The Predicament of the Family, International University Press, 1967, 219 pp., \$5.50.

Nine papers from the Institute of Psychoanalysis, emphasizing the importance of family influences on the child, primarily for the professional.

Lynn, David B., Parental and Sex Role Identification: A Theoretical Formulation, McCutchan Publishing Corporation, 1969, 134 pp., (paperback \$3.30).

Author offers hypotheses in this area, and deals with research evidence either supporting or refuting his hypotheses.

Maier, Henry W., Three Theories of Child Development, Harper and Row, 1969 (rev.), 336 pp., \$7.95.

Presents and compares the research and theoretical formulations of Erikson, Piaget, and Sears. Shows how concepts drawn from the theories can be employed by those engaged in the helping professions. Extensive bibliography.

McCandless, Boyd R., Children and Adolescents, Holt, Rinehart and Winston, 1961.

Medinnus, Gene, (ed.), Readings in the Psychology of Parent-Child Relations, John Wiley, 1967, \$4.50.

A paperback of relevant research reports on the parent-child relationship. Topics include parental antecedents of child behavior, children's perception of parents, identification, and social class and cultural factors in child rearing.

Miller, D. R., and G. E. Swanson, The Changing American Parent, Wiley, 1958.

A readable and illuminating report of research in the Detroit area.

Mishler, Elliot A., and Nancy E. Walker, Interaction on Families: An Experimental Study of Family Processes and Schizophrenia, John Wiley and Sons, 1968, 436 pp., \$11.95.

This is a report of a 5-year study of the inter-relationship of family processes and schizophrenia. Almost one-fourth of the volume is devoted to explaining the method of investigation. Three types of families were compared in terms of their expressiveness, power, strategies of attention and person control, communication and responsiveness.

Pavenstedt, Eleanor, M.D., (ed.), The Drifters: Children of Disorganized Lower-class Families, Little and Brown, 1967, 345 pp., \$10.50.

Study of nursery-school-aged children and their lower-class disorganized families, from a multi-disciplinary point of view.



#### PARENT-CHILD RELATIONSHIPS

Pearson, Gerald, (ed.), A Handbook of Child Psychoanalysis, Basic Books, 1968, 384 pp., \$12.50.

Guide to the psychoanalytic treatment of children and adolescents. A major portion of the book is devoted to the description of the treatment of two specific children.

Peck, Robert F., and Robert F. Havighurst, The Psychology of Character Development, Wiley, 1960, (paperback \$1.45).

A study of character development and its personality correlates during adolescence.

Piaget, Jean, and Barbel Inhelder, The Psychology of the Child, Basic Books Inc., 1969, 173 pp., \$5.95.

The book is a concise synthesis of Piaget's cognitive development of the child from infancy to adolescence. Piaget employs a genetic theoretical approach to analyze the child's mental development.

Rabin, A. I., Growing Up in the Kibbutz, Springer, 1965, 230 pp., \$5.00 (paperback \$2.95).

Examines the effect of kibbutz child-rearing practices on ego functioning and personality development. Compares child-rearing in the kibbutz to child-rearing in Israeli settlements similar in most ways to kibbutzim but characterized by "normal" family life.

Ritchie, Oscar W., and Marvin R. Koller, Sociology of Childhood, Appleton-Century-Crofts, 1964, 333 pp., \$5.00.

It is the authors' contention that students are relatively knowledgeable regarding the developmental, psychological, and educational approaches to childhood, but have not been sufficiently sensitized to the social and cultural contexts in which children grow and develop. The book is a sociological analysis of childhood dealing primarily with socialization: settings, approaches, and obstacles. College textbook.

Sears, R. R., Eleanor Maccoby, and Harry Levin, Patterns of Child Rearing, Row Peterson, 1957.

A report of the child rearing practices of 379 mothers of five-year-old children; deals with feeding, weaning, toilet training, aggression and other parent-child interactivities. A research report interestingly written; illustrated with appropriate live sketches, and comprehensible to the intelligent parent.

Shapiro, Sam, Edward K. Schlesinger, and Robert E. L. Nesbitt, Jr., Infant, Perinatal, Maternal, and Childhood Mortality in the United States, Harvard University Press, 1968, 388 pp., \$7.95.

A technical volume prepared by the American Public Health Association. Documents the notoriously bad record of the U. S. in infant mortality. Discusses reasons for the situation, and means to remedy it.

Smart, Mollie S., and Russell C. Smart, Children, Development and Relationships, Macmillan Co., 1967, 582 pp., \$7.50.

Introductory text book for college students. The first to integrate the views of Erik Erikson and Jean Piaget. Furnishes comprehensive material on the physical and psychological growth of the child, relating both to the familial and cultural environment.

## PARENT-CHILD RELATIONSHIP

Stone, L. Joseph, and Joseph Church, Childhood and Adolescence: A Psychology of the Growing Person, (2nd ed.) Random House, 1968, 616 pp., \$11.25.

Descriptions of how children grow, learn, feel, think, and react give a living picture of the dynamic process of growth toward maturity -- including a fine statement of what maturity really is. Revisions take into account the newest research dealing with pre-natal and infancy periods and later cognitive development.

Stott, Leland H., Child Development: An Individual Longitudinal Approach, Holt-Rinehart-Winston, 1967, 513 pp., \$8.50.

Developmental story of one of a series of longitudinal research families to illustrate the author's theme that development in both physical structure and in the functioning of that structure comes about as the result of the interaction or interchange between the individual as he is and his unique environment.

Whipple, Dorothy V., M.D., Dynamics of Development: Euthenic Pediatrics, McGraw-Hill, 1966, 648 pp., \$14.00.

Discussion by a pediatrician of the dynamics of the developmental process. Written primarily for the pediatrician, it is also of interest to parents and all students of child development.

Wolff, Sula, Children Under Stress, Penguin Press, 1969, 249 pp., \$6.95.

A clear account of how normal children deal with the stresses of growing up. Includes an outline of personality development, examination of specific stressful situations, and suggested treatment approaches.

Zietz, Dorothy, Child Welfare: Services and Perspectives, Wiley, 1969 (2nd ed.).

Deals with child welfare as a social movement from its beginnings up to contemporary services.

## 2. Pamphlets and Periodicals

Dager, Edward Z., "Socialization and Personality Development in the Child" in H. T. Christensen (ed.), Handbook of Marriage and the Family, Rand-McNally, 1964, pp. 740-781.

A comprehensive summary of studies on socialization and the presentation of a theory of socialization.

## 3. Audio - Visual Materials

### Films

Beginnings of Conscience, McGraw-Hill, 1957, 16 min.

The social conscience of an adult is traced back to his socialization as a child, through the experiencing of such social sanctions as force, exclusion, and ridicule.

## PARENT-CHILD RELATIONSHIPS

### The Conscience of a Little Child (no information available).

Shows some of the ways in which psychologists are studying the growth and development of personality and emotional behavior in children.

### C. Special Kluds of Parent - Child Relationships

#### 1. Books

Blatt, Burton, and Fred Kaplan, Christmas in Purgatory: A Photographic Essay on Mental Retardation, Allyn and Bacon, Inc., 1966, \$5.95.

A numbing recital in words and pictures of conditions in institutions for the mentally retarded. The text is written with great compassion and the pictures are stark evidence of this hidden scandal of our society.

Carlson, Bernice Wells, and David R. Ginglend, Play Activities for the Retarded Child, Abingdon Press, 1961, \$4.00.

Designed to help parents and teachers of retarded children plan play activities that will develop skills as well as entertain. Games, crafts, and activities are keyed to five areas of development -- mental, social, physical, language, intellectual.

Cutts, Norma E., and Nicholas Moseley, Bright Children: A Guide for Parents, Putnam, 1953, 238 pp., \$3.95.

Cutts, Norma E., and Nicholas Moseley, The Only Child, Putnam, 1954.

de Hartog, Jan, The Children: A Personal Record for the Use of Adoptive Parents, Atheneum, 1969, 265 pp., \$6.50.

The Dutch author writes a "handbook for adoptive parents," based on his own adoption of two slightly older (ages 3 and 5) Korean children. Practical, entertaining style.

Despert, Louise, Children of Divorce, Doubleday, 1953, (paperback, 1962).

Describes the effect of marriage failure on the child both before and after divorce; suggests ways of safeguarding the child and explores such questions as "When children experience divorce, are they bound to experience failure in their own marriage?" Presents a "child's eye view" of failing marriage.

Egg, Maria, Educating the Child Who Is Different, The John Day Company, 1963, 192 pp., \$4.50.

Simply and warmly written, Dr. Egg's book emphasizes the development of specific skills, such as music, crafts and painting. The leitmotif throughout is the development to the fullest of the limited capacities of retarded children.

Ellingson, Careth, The Shadow Children: A Book About Children's Learning Disorders, Topaz Publishers, 1967, \$6.50.

Papers relating to learning disorders. Directory of private and public agencies in U. S. who offer service to children in this area.

#### PARENT-CHILD RELATIONSHIPS

Elmer, Elizabeth, Children in Jeopardy: A Study of Abused Minors and Their Families, University of Pittsburgh Press, 1967, (paperback \$2.50).

A study of 50 children hospitalized because of abuse.

Engleson, Jim, and Janet Engleson, Parents Without Partners, E. P. Dutton, 1961, 249 pp., \$4.50. Also available in paperback.

A guide for divorced, widowed, or separated parents, written by a presently married couple, each of whom had previously been members of Parents Without Partners, Inc. From their own and other's personal experiences and from a review of assorted literature, the authors have written a book which should be of value to the "single parent" as well as to others seeking information about this ever-growing problem.

Faber, Nancy W., The Retarded Child, Crown Publishing Company, 1968, 308 pp., \$5.95.

Guide to the important recent advances in the care and rehabilitation of the mentally handicapped child.

Fanshel, David, Foster Parenthood, A Role Analysis, University of Minnesota Press, 1966, 176 pp., \$5.50.

Inquires into the motivations of a group of foster parents, and identifies the psychological, cultural and sociological attributes of those who functioned well in the role as contrasted with those who performed in less than adequate fashion.

Farmer, Robert A., How to Adopt a Child, Arco, 1957, \$4.95.

A guide for aspiring adoptive parents. Discusses procedures, requirements, organizations, sources of assistance and information.

French, Edward L., and J. Clifford Scott, How You Can Help Your Retarded Child: A Manual for Parents, Lippincott, 1967, 190 pp., \$3.95.

Updated to include latest developments in treatment and general philosophy of dealing with the retarded child. Authors discuss what it means to be a retarded child, reasonable expectations of child, parents' role in raising such a child.

Gelman, Betsy H., Twins, Lippincott, 1965, 224 pp., \$4.95.

Haller, J. Alex, Jr., M.D., and other (ed.), The Hospitalized Child and His Family, Johns Hopkins Press, 1967, \$5.95.

Discussion of the emotional as well as physical effects of hospitalization on a child.

Haywood, H. Carl, (ed.), Brain Damage In School Age Children, Council for Exceptional Children, Department of the National Education Association, 1968, 273 pp., \$6.50 (paperback \$5.50).

Papers included concern the topics of neurological foundations, psychological diagnosis, and approaches to treatment.

Heiser, Karl F., Our Backward Children, Norton, 1955, 240 pp., \$3.75.

A guide to the recognition and care of the mentally disabled child; the importance of expert diagnosis in cases of mental retardation and the need for further scientific research is stressed. There is a helpful discussion of the distinction between emotional disturbance and mental retardation.

#### PARENT-CHILD RELATIONSHIPS

Helfer, Ray E., M.D., and Kampe, C. Henry, M.D. (eds.), The Battered Child, University of Chicago, 1968, 268 pp., \$12.50.

Comprehensive collection of articles from many fields, including the history of child abuse, extent of the problem today, medical, legal and psychological aspects. Treatment rather than punishment of the parents is emphasized.

Isaac, Rael J., Adopting a Child Today, Harper and Row, 1965, 300 pp., \$5.95.

Jones, Eve, Raising Your Child in a Fatherless Home, Free Press, 1962, 340 pp., \$4.95.

A discussion of the problems that confront the single woman -- separated, divorced, widowed, or never wed -- and her children.

Kirk, Samuel A., Merle B. Karnes, and Winifred D. Kirk, You and Your Retarded Child: A Manual for Parents of Retarded Children, Pacific Books, (2d ed.), 1968, 164 pp., \$1.50.

Practical guide for parents and interested others. Specific suggestions are given for handling and guiding the retarded child.

Koch, Helen L., Twins and Twin Relations, University of Chicago Press, 1966, \$6.95.

Exploratory study of first-born five- and six-year-old twins, exploring their behavior comparatively, their attitudes in relation to each other, to family, and to playmates. Attempts to show the effects of the unique aspects of being a twin.

Kvaraceus, William G., and E. Nelson Hayes, (eds.), If Your Child Is Handicapped, Sargent, 1969, 412 pp., \$7.95.

The personal stories of 45 families are presented to tell of their adjustments to the limitations of a handicapped child.

Neisser, Edith G., The Eldest Child, Harper, 1957.

Raymond, Louise, Adoption and After, Harper, 1955, 238 pp., \$3.00.

A thorough, thoughtful and sympathetic treatment of the emotional experiences of the adopted child and his parents; discusses the need for the parent's emotional preparation before adopting a child, the ways whereby the usual parent-child tensions may become accentuated by the fact of adoption, and what to do about them; procedures for adopting a child also explained.

Rochford, Elbrun, Mothers on Their Own, Harper, 1953.

A mother who is raising her own children alone shares her experience with others in similar plight. The book offers concrete help and exudes realistic courage, but must be read evaluatively; controversial in spots.

Rondell, and Michaels, The Family That Grew, Crown, 1951.

A story to be read to the adopted child: "Mommy turned to Daddy and Daddy to Mommy and said, 'This is the child for us'."

Rowe, Jane, Parents, Children, and Adoption, Humanities Press, 1966, \$6.00.

Geared to the needs of social workers. Constitutes a rather comprehensive handbook for practice.

## PARENT-CHILD RELATIONSHIPS

Schlesinger, Benjamin, The One-Parent Family, University of Toronto Press, 1969, 132 pp., \$5.00.

Valuable reference source in a rather neglected field. Includes annotated bibliography.

Simon, Anne W., Stepchild in the Family, Odyssey Press, 1964, 256 pp., \$5.00.

A pioneering work in an unexplored area of family relations. Case histories of the step-child's world.

Smith, William C., The Step-Child, University of Chicago Press, 1953.

The author surveys the literature from folk-lore, professional writings and popular magazines on this special relationship; good presentation, but the author tends to use the literature to prove his point; does, however, show the importance of the question.

Spock, Benjamin, and Marion O. Lerrigo, Caring for Your Disabled Child, Fawcett Crest Books, 1965, 383 pp., (paperback \$0.95).

Practical information for understanding and helping the mentally, physically or emotionally handicapped child, directed mainly toward parents. Covers a wide range of subjects.

Steinzor, Bernard, When Parents Divorce: A New Approach to New Relationships, Pantheon Books, 1969, 243 pp., \$5.95.

Help for the parent and child during the period of adjustment during and immediately after the separation. An unhealthy marriage is far more damaging than a healthy divorce, the author holds. He further defends the concept that "for the sake of the children and for the sake of the growth of your possibilities of loving another, you should keep as clear of your ex-partner as is humanly possible."

Szurek, S. A., and I. N. Berlin (eds.), Psychosomatic Disorders and Mental Retardation in Children, Science and Behavior Books, Inc., 1968, 306 pp., \$6.95.

A group of primarily psychiatrists offers articles in four areas: genetic considerations and diagnosis and treatment of psychosomatic disorders, mental retardation of various etiology, and case studies.

Torrance, E. Paul, Gifted Children in the Classroom, Macmillan, 1965, 102 pp., \$1.25.

## 2. Pamphlets and Periodicals

American Humane Association, Neglecting Parents, 1969, \$.35.

Bernard, Viola W., Adoption, Child Welfare League of America, 1964, \$.35.

Focuses on the mental health aspects of adoption. Answers questions that are constantly posed by adoptive couple applicants, physicians, lawyers, judges, legislators, board members and the average citizen who contributes financially to adoption agencies.

## PARENT-CHILD RELATIONSHIPS

### 3. Audio - Visual Materials

#### Films

The Chosen Child, McGraw-Hill, 1964, 54 min., black and white.

Study of the tragedies and happiness surrounding child adoption as the camera follows a childless couple to a New York adoption agency where interviews are shown with case workers.

The Gifted Ones, International Film Bureau, 1959, 22 min., black and white.

The gifted child, whose advanced mind distinguishes him from others of his age, is being recognized as a most valuable asset to society. Opinions differ about his education. This film presents the views of two prominent Canadian educators who discuss the challenge that such children present to society. It takes the audience right into the classroom to observe gifted children in their regular school activities.

The Summer We Moved to Elm Street, McGraw-Hill, 1966, 28 min., color.

Tries to show what goes on in the mind of a 9-year-old girl when she moves to a new street.

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## VII. MIDDLE AND LATER YEARS

Now that more and more individuals are living out their full span of years, we will continue to have large numbers of aging and aged family members. The increasing incidence of aging persons has raised a number of practical concerns -- the problems of their retirement, support, health, housing, and leisure. The increase in life span has also extended the duration of the family life cycle raising the issue of intergenerational relations. A considerable body of knowledge about the social, physical, and psychological aspects of aging has been developed and much of it has been published. This section provides a listing of some of this material. The reader is also referred to the earlier section dealing with the "kin-family network."

### A. General Information

#### 1. Books

Albrecht, Ruth E. (ed.), Aging in a Changing Society, University of Florida Press, 1962, 187 pp., (paperback \$3.75).

Conference report of a meeting of specialists in Florida.

Alleger, Daniel E. (ed.), Social Change and Aging in the Twentieth Century, University of Florida Press, 1964, 114 pp., \$3.75.

Presents the proceedings of a conference on gerontology. Papers by sociologists, home economists, government and volunteer agency personnel.

Barron, Milton L., The Aging American, Crowell, 1961, 288 pp., \$5.75.

An introductory college textbook from a sociological point of view, presenting historical background, a theory that older people form a minority group, and research reports.

Birren, James E. (ed.), Handbook of Aging and the Individual, University of Chicago Press, 1959.

Collection of competent and thorough reviews of selective topics and the psychology of aging; basic reference and source of further bibliographic suggestions.

Birren, James E., The Psychology of Aging, Prentice-Hall, 1964.

Textbook presentation of psychological processes in aging, including psycho-motor and perceptual changes, alterations in learning and intellectual ability, adjustment, and preparation for death.

Bogges, Louise, Your Social Security Benefits, Funk and Wagnalls, 1960, 116 pp., \$5.95.

Presents a readable history of the Social Security system and an explanation of its workings.

Bromley, D. B., The Psychology of Human Aging, Penguin Books, 1969, (paperback \$1.45).

Deals with the biological and social aspects of age, personality and adjustment; mental disorders; changes in occupational and skilled performance; changes in intellectual, social, and other achievements.

#### MIDDLE AND LATER YEARS

Burgess, Ernest W., Aging in Western Societies, University of Chicago Press, 1960, 492 pp., \$7.50.

A survey of the situation of older people in a variety of western societies; compares the status of the aged in each country in regard to population structure, employment and retirement, income, medical care, housing, and social roles.

Champagne, M., Facing Life Alone -- What Widows and Divorcees Should Know, Bobbs-Merrill Company, 1964.

Cumming, Elaine, and William F. Henry, Growing Old, Basic Books, 1961, 293 pp.

A research report from the Kansas City studies of adult life in which the much-discussed theory of disengagement is set forth for the first time.

Donahue, Wilma, and Clark Tibbetts, Growing in the Older Years, University of Michigan Press, 1951.

Compilation of papers presented at one of the famed University of Michigan Gerontology Workshops.

Donahue, Wilma, and Clark Tibbetts (eds.), The New Frontiers of Aging, University of Michigan Press, 1957.

Invited papers presented at a University of Michigan Conference on Gerontology.

Donahue, Wilma, Woodrow W. Hunter, Dorothy H. Coons, and Helen K. Maurice (eds.), Free Time: Challenge to Later Maturity, University of Michigan Press, 1958.

Drake, Joseph T., The Aged in American Society, Ronald Press, 1958.

Sociologically-oriented textbook in gerontology; presents description of the status of the aged in American society and of social programs for older persons.

Felstein, Ivor, Later Life: Geriatrics Today and Tomorrow, Penguin Books, Inc., 1969, 141 pp., (paperback \$1.25).

A physician deals with the medical and social aspects of old-age, as well as the various community services for the elderly. Practical, for the non-professional as well as the professional.

Gernant, Louis, You're Older Than You Think, Western Michigan University, 1960.

Popular presentation of what it means to grow older; includes suggestions for preparing oneself.

Gerontological Society, Projects Division, Working with Older People: A Manual for Practice, Vols. I-IV, June, 1965.

Vol. I: The Practitioner and Aging

Vol. II: Biological, Psychological and Sociological Aspects

Vol. III: Clinical Medicare

Vol. IV: Needs Related to Aging: Community Services and Resources

Gilbert, Jeanne, Understanding Old Age, Ronald Press, 1952.

A textbook presentation of what happens to a person as he ages; a psychological interpretation.

#### MIDDLE AND LATER YEARS

Havighurst, Robert J., and Ruth Albrecht, Older People, Longmans, Green, 1953.

One of the research reports growing out of the Kansas City study of adult life; discusses the social roles of older persons.

Kelly, G. Lombard, A Doctor Discusses Menopause, Budlong Press, \$1.50.

Informative and reassuring for husbands and wives.

Kleemeier, Robert W., Aging and Leisure, Oxford University Press, 1961, 464 pp., \$5.75.

Symposium of 18 specialists from various social science disciplines presenting a research perspective into the meaningful use of time; suggests further investigation of meaningful activity for older adults.

Klein, Wilma H., Eda J. LeShan, Sylvan S. Furman, Promoting Mental Health of Older People Through Group Methods: A Practical Guide, Mental Health Materials Center, Inc., 156 pp., (paperback).

Consideration of techniques and characteristics of psychotherapeutic group discussion for older persons.

Koller, Marvin R., Social Gerontology, Random House, 1968, 192 pp., \$5.95.

A distillation of the growing literature concerning the aging individual and the impacts of the aging process on society.

Kreps, Juanita M. (ed.), Employment, Income, and Retirement Problems of the Aged, National Council on the Aging, 1963.

Kutner, Bernard, et al., Five Hundred Over Sixty, Russell Sage Foundation, 1956.

Survey report of interview with 500 persons over 60 years of age. Describes their situation and morale.

May, Siegmund H., The Crowning Years, Lippincott, 1968, 191 pp., \$3.95.

The author, director of a geriatric institution, offers a wealth of information and guidance toward helping persons "make a career of their lives." Objects to elderly persons trying to fill their lives with pastimes and trivia.

Neugarten, Bernice L. (ed.), Middle Age and Aging, University of Chicago Press, 1968, 596 pp., \$15.00 (paperback \$7.50).

Deals with age status and age-sex roles, psychological changes in the life cycle; social psychological theories of aging; changing family roles; work, retirement, and leisure; perspectives on time and death. A comprehensive coverage of current knowledge. The focus on middle-age, a relatively neglected area, is useful.

Neugarten, Bernice L., Personality in Middle and Later Life, Atherton, 1964, 231 pp., \$7.75.

Reichard, Suzanne, et al., Age and Personality: A Study of 87 Older Men, Wiley, 1962, 237 pp., \$7.95.

Based on in-depth studies of the 87 subjects; five typical personality profiles are presented.

#### MIDDLE AND LATER YEARS

Rice, F. Philip, The Change of Life, University of Maine Cooperative Extension Service Bulletin, 1967, 18 pp., \$.15.

Considers the physical, emotional, social, and family problems of the woman of middle-age.

Riley, Matilda White, Anne Foner, et. al., Aging and Society. Volume One: An Inventory of Research Findings, Russell Sage Foundation, 1968, 636 pp., \$25.00.

A compendium of research in the field of aging. Hundreds of selected researches digested under four headings: the socio-cultural contexts, the organism, the personality, and social roles. Tables, charts, references, cross-referencing.

Rose, Arnold M., and Warren G. Peterson (eds.), Older People and Their Social World, Davis, 1965.

A collection of research reports growing out of studies conducted by members of the Midwest Council of Social Research on Aging.

Shanas, Ethel, and others, Old People in Three Industrial Societies, Atherton Press, 1968, \$15.00.

Cross-cultural exposition of the health, family relationships, and social and economic status of aged in U.S., Britain, and Denmark.

Simon, Anne W., The New Years: A New Middle Age, Alfred A. Knopf, 1968, 331 pp., \$6.95.

The author considers the new time of life that has appeared in the 20th century -- middle age -- and the possibilities it brings.

Start, Clarissa, When You're a Widow, Concordia Publishing House, 1968, 138 pp., \$3.75.

The author tells of her personal experience in becoming a widow and of how she surmounted her grief.

Taves, Marvin J. (co-editor), As Senior Citizens See Themselves: A Survey of Aging in the Upper Midwest, Midwest Council on Social Research on Aging, June 1961.

Tibbetts, Clark (ed.), Handbook of Social Gerontology, University of Chicago Press, 1960.

Companion volume to Handbook of Aging and the Individual; includes in-depth discussions of aging as a social process and the societal implications of an older population; source of bibliographical references.

Tibbetts, Clark, and Wilma Donahue, Aging in Today's Society, Prentice-Hall, 1960.

Vedder, Clyde (ed.), Social Gerontology: A Book of Readings.

Collection of worthwhile journal article reprints.

Vedder, Clyde (ed.), Problems of the Middle Aged, Charles C. Thomas Co., 1965.

A book of readings on the physical, social, and psychological problems of middle-age.

Whitman, Virginia, Around the Corner From Sixty, Moody Press, 1967, 142 pp., \$2.95.

The retirement years offer many opportunities to enjoy life fully by accomplishing things never before possible because of the many responsibilities of younger years. Such opportunities are considered here from a Christian viewpoint.

## MIDDLE AND LATER YEARS

Williams, Richard H., and Claudine G. Wirths, Lives Through the Years: Styles of Life and Successful Aging, Atherton, 1965, 298 pp., \$9.50.

### 2. Pamphlets and Periodicals

Berardo, Felix M., "Widowhood Status in the United States: Perspective on a Neglected Aspect of the Family Life Cycle," The Family Coordinator, 17: 191-203.

A review of the literature on this significant social and psychological problem.  
Includes an extensive bibliography.

Occasional Papers in Gerontology, University of Michigan Institute of Gerontology, 1969.

A series of papers providing information and stimulation on the major issues and problems of older people in our society today.

Streib, Gordon, and Wayne Thompson (eds.) "Adjustment in Retirement," Journal of Social Issues, Vol. 1, No. 2 (entire issue).

Report of a Cornell study of retirement dealing with what happens after retirement and what factors contribute to adjustment.

### 3. Audio - Visual Materials

#### Films

Adventure in Maturity, International Film Bureau, 1955, 25 min., color.

Convincingly depicts transformation of a sixtyish woman from empty, almost useless existence to active enjoyable, fruitful living.

Date of Birth, National Film Board of Canada, 1960, 16 mm, black and white.

A tribute to the older worker's high standard of dependability and productivity, and a plea to employers to remove age barriers in hiring new staff. The bitter disappointment felt by an able man denied work because he is over forty-five is expressed in a brief dramatic sequence, and then the film presents the actual record of employees in this age group, reminding us that there is less absenteeism, a lower turnover rate and an equal standard of production among older workers. Produced for Canadian Department of Labour.

Golden Age, National Film Board of Canada, 1958, 30 min. available through McGraw-Hill.

Must retirement at 65 mean the end of the road or can it become "the last of life for which the first was made"? Three men, each with a different approach to "the golden age" are shown. Attempts to present a cross-section of what the future holds for senior citizens.

Homespun, University of Minnesota Instructional Films, Encyclopedia Britannica, 1952, 20 min.

Minnesota farm wife whose children are grown enjoys shearing, carding, spinning wool, dyeing and waving yarn into beautiful homespun in traditional Scandinavian patterns.

## MIDDLE AND LATER YEARS

Old Age--Out of Sight Out of Mind, National Educational Television Film Service, 16 mm, 60 min., black and white.

Hospitals, nursing homes, and other institutions are observed in terms of the treatment and rehabilitation facilities available to the aged and in terms of the concerns of medical experts and government officials.

Old Age--The Wasted Years, National Educational Television Film Service, 16 mm, 60 min., black and white.

In this study of the aged, the individual who has retired and the worker who loses his job due to advancing years are seen in terms of the limited social opportunities that await them and the living situations available to them.

Rest of Your Life, 1966, 28 min., color.

This film discusses the problem of what to do after retirement, a new problem facing the American people. The film points out that one must plan for this time in the future. Plans for financial security and use of leisure time must be made before entering this part of man's life.

Retire to Life, International Film Bureau, 1953, 20 min.

Portrays disillusionment of retired worker who finds himself alone and unappreciated; subsequent successful adjustment comes when he discovers that he must put something into life in order to get something out of it.

The Rights of Age, Mental Health Film Board (or State Depts. of Public Welfare), 1967, 28 min., black and white.

A survey of old age benefits -- legal, medical, psychological -- now available in many communities. A pleasant, warm treatment.

Steps of Age, International Film Bureau, 1951, 25 min.

Shows the emotional unpreparedness of an elderly couple -- and later of the surviving widow -- to meet the changes that come with old age and retirement. The film suggests in dramatic terms the importance of preparing early in life for the later years.

Three Grandmothers, National Film Board of Canada, 28 min., available through McGraw-Hill.

A glimpse into the lives of three grandmothers in widely different parts of the world, showing the very core of life in three countries and how universal is the role of the grandmothers.

To Live Till You Die, National Educational Television Film Service, 16 mm, 60 min., black and white.

Two contemporary and contrasting western points of view concerning the aged (in Sweden and Italy) reveal old age as a social problem in one case and as a traditional family problem in the other.

## MIDDLE AND LATER YEARS

### B. Aging and the Family

#### 1. Books

- Arthur, Juliette K., How to Help Older People: A Guide for You and Your Family, Lippincott, 1960, 315 pp., (paperback \$1.95).
- Deutscher, Irwin, Married Life in the Post Parental Years, Community Studies Incorporated, 1959.
- Research report of an interview study testing the hypothesis that the departure of children from the family presents a crisis for the middle aged parent.
- Donahue, Wilma, Joyce Dornbluh, and Lawrence Powers (eds.), Living in the Multigeneration Family, Number three of the Occasional Papers in Gerontology. University of Michigan Institute of Gerontology, 1960, 106 pp., (paperback \$3.75.).
- Duvall, Evelyn M., Family Development, Lippincott, 1967.
- Discussion of the concept of family life cycle and description of life in the post-parental and later years of the family.
- Kleemeier, Robert W., Aging and Leisure, Oxford University Press, 1961, 464 pp., \$5.75.
- A research perspective into the meaningful use of time -- symposium of 18 specialists from various social science disciplines; suggest further investigation of meaningful activity for older adults.
- Marris, Peter, Widows and Their Families, Routledge and Kegan Paul, 1958.
- Peterson, James A., Married Love in the Middle Years, Association Press, 1962, 157 pp., \$4.95.
- For couples in their 40's and 50's. Insights on sexual relations, menopause and male climacteric, masculinity and femininity, self-image, recapturing the joys of early marriage, finding new interests together, adjusting to absence of children.
- Rubin, Isadore, Sexual Life After Sixty, Basic Books, 1965, 274 pp., \$5.95. Also available in paperback.
- Reports on present research about sex problems, interests, and functions in later life.
- Rubin, Herman H., M.D., and Benjamin W. Newman, Active Sex After Sixty, Arco, 1969, 126 pp., \$5.95.
- Advice is given concerning the maintenance of a full sex life after sixty.
- Shanas, Ethel, and Gordon Streib (eds.), Social Structure and the Family, Prentice-Hall, 1965.
- Deals particularly with intergenerational and extended family relationships.
- Stern, Edith M., and Mabel Ross, You and Your Aging Parents, A. A. Wyn, Inc., 1952.
- Townsend, Peter, The Family Life of Old People: An Inquiry in London, Routledge and Kegan Paul, 1957.

## MIDDLE AND LATER YEARS

Young, Michael, and Peter Wilmont, Family and Kinship in East London.

English study comparing families in inner-city area with those who have moved to a working class suburb; places implication for relationships among generations.

### 2. Pamphlets and Periodicals

Albrecht, Ruth, "The Role of Older People and Family Rituals," In: Tibbetts, Clark and Wilma Donahue, Aging Around the World: Social and Psychological Aspects, International Congress of Gerontology.

Apple, Dorrian, "The Social Structure of Grandparenthood," American Anthropologist, Vol. 58, No. 4, 1956.

Beard, Beile B., "Are the Aged Ex-Family?," Social Forces, Vol. 27, 1948-49, pp. 274-279.

Brody, Elaine, "The Aging Family," The Gerontologist, Vol. 5, 1966, pp. 201-206.

Brody, Elaine, and G. Spark, "Institutionalization of the Aged: A Family Crisis," Family Process, Vol. 5, 1966, pp. 76-90.

Cavan, Ruth E., "Family Life and Family Substitutes in Old Age," American Sociological Review, Vol. 14, February 1949, pp. 71-83.

Chilman, Catherine S., "Families in Development at Mid-Stage of the Family Life Cycle," The Family Coordinator, Vol. 17, October 1968, pp. 297-312.

Council on Medical Service, American Medical Association.

Education of Children for the New Era of Aging.

Ways the Older Person Can Get the Most Out of Living.

Ways in Which Younger and Older Adults Can Improve and Maintain Their Health.

AMA Position on Employment of Older People.

Freid, Edrita G., and Karl Stern, "The Situation of the Aged Within the Family," American Journal of Orthopsychiatry, Vol. 18, January 1948.

Glasser, Paul, and Louis Glasser, "Role Reversal and Conflict Between Aged Parents and Their Children," Marriage and Family Living, Vol. 24, 1962, pp. 46-51.

Gravatt, Arthur E., "Family Relations in Middle and Old Age; a Review," Journal of Gerontology, Vol. 8, April 1953, pp. 197-201.

Jacobs, H. Lee, Youth Looks At Aging, University of Iowa, 1964, Bulletin No. 819, 41 pp., \$1.00.

Intended for secondary level, a teacher's guide for a three to four week unit on aging as a social and psychological phenomenon.

Koller, Marvin R., "Studies of Three-Generation Households," Marriage and Family Living, Vol. 16, August 1954.

Linden, Maurice E., "The Older Person in the Family," Social Casework, Vol. 37, February 1956, pp. 75-81.

Lipman, Aaron, "Marital Roles of the Retired Aged," Merrill-Palmer Quarterly, Vol. 6, 1960, 192-195.



## MIDDLE AND LATER YEARS

McKain, Walter C., Retirement Marriage, Storrs, Connecticut: University of Connecticut Agricultural Experiment Station booklet, 140 pp., \$1.00.

A systematic study of marriage of older people. Information on the courtship; the wedding ceremony, reasons for marriage; relationships with children before and after marriage; and the joys and sorrows, pleasures and problems of these elderly couples before and after marriage.

Miller, M. B., and A. T. Harris, "Social Factors and Family Conflicts in a Nursing Home Population," Journal of the American Geriatric Society, Vol. 13, 1965, pp. 845-851.

Newman, G., and C. R. Nichols, "Sexual Activities and Attitudes in Older Persons," Journal of the American Medical Association, Vol. 173, 1960, pp. 33-35.

Nimkoff, Meyer F., "Changing Family Relationships of Older People in the United States During the Last 40 Years," The Gerontologist, Vol. 1, 1961, pp. 92-97.

"Old Age as a Social Issue," Journal of Social Issues, October 1965.

Entire issue deals with status and role changes of the aged in American culture. Contains valuable bibliographies.

### Public Affairs Pamphlets.

Hart, Evelyn, So You're Getting Older.

Lawton, George, and Maxwell Stewart, When You Grow Older.

Milt, Harry, Middle Age. Threat or Promise.

Milt, Harry, Young Adults and Their Parents.

Neisser, Edith G., How to be a Good Mother-in-law and Grandmother.

Ogg, Elizabeth, When Parents Grow Old.

Rosenmeyer, Leopold, "Family Relations of the Elderly," Journal of Marriage and the Family, Volume 30, Number 4, November 1968, pp. 672-680.

Scherz, Frances H., "Strengthening Family Life Through Social Security," Social Casework, Vol. 36, October 1957, pp. 352-359.

Shanas, Ethel, "Family Responsibility and the Health of Older People," Journal of Gerontology, Vol. 15, 1960, pp. 408-411.

Smith, William M., Jr., Jean O. Britton, and Joseph H. Britton, Relationships Within Three-Generation Families, Pennsylvania State University, College of Home Economics, 1958.

Stone, Carol L., "Living Arrangements and Social Adjustment of the Aged," The Coordinator, Vol. 6, September 1957, pp. 12-14.

Sussman, Marvin B., "Intergenerational Family Relationships and Social Role Changes in Middle Age," Journal of Gerontology, Vol. 15, 1960, pp. 71-75.

Sussman, Marvin B., and Lee Burchinal, "Kin Family Network: Unheralded Structure in Current Conceptualization of Family Functioning," Marriage and Family Living, Vol. 24, 1962, 231-240.

## MIDDLE AND LATER YEARS

Taves, Marvin J., and Bernard Nash, Education For and About Minnesota's Aging Citizens, Minnesota Libraries (Department of Education, State of Minnesota), Vol XIX, No. 11, September 1960.

U. S. Government Printing Office, Case Studies in the Patterns for Progress in Aging Series:

- No. 1 - An Activity Center for Senior Citizens.
- No. 2 - A Community Craft Program.
- No. 4 - A Community Craft Program.
- No. 5 - Retirement Preparation: Chicago Plan.
- No. 6 - A Senior Citizens Association.
- No. 10 - A Senior Citizens Service Center.
- No. 13 - A Friendly Visiting Program.
- No. 14 - Senior Housing - Golden Age Center Program.

The Older Person in the Home: Some Suggestions for Health and Happiness in the 3-Generation Family, Public Health Service Bulletin No. 542.

Selected References on Aging: An Annotated Bibliography, 1961 White House Conference Edition, 110 pp.

The Nation and Its Older People, Washington, D.C., U.S. Department of Health, Education and Welfare, April 1961.

Report of the White House Conference on Aging, January 9-12, 1961, 333 pp.

Webber, Irving L., and Gordon F. Streib, A Syllabus and Annotated Bibliography on the Sociology of Aging and the Aged, Ann Arbor, Institute for Social Gerontology, University of Michigan, 1959, 35 pp., (paperback \$.15).

### 3. Audio - Visual Materials

#### Films

Aging, National Educational Television Film Service, 16 mm, 30 min., black and white.

Questioning the prevalent notion that an old person is functionless, this film suggests that by reestablishing the natural roles of grandparents as useful participants in family situations, the child, parent, and grandparent may benefit.

Life With Grandpa, March of Time, 1947, 17 min.

Graphically presents longer life span, degenerative diseases, insecurity of aged, employment and financial adjustments.

The Proud Years, Columbia University Educational Films, 1956, 28 min.

A film for adults whose parents are reaching their 70th to 80th birthdays. It suggests ways in which older people may be helped to live active and useful lives, even with illness or handicaps.

## MIDDLE AND LATER YEARS

Where Mrs. Whalley Lives, National Film Board of Canada, 1966, 28 min., black and white.

A study of the conflict between generations that can arise despite best efforts of all to avoid it. Mrs. Whalley is an aging grandmother who lives with her son's family. To observe life from the sidelines is a painful reminder that the best of her own life is in the past. Sometimes it becomes a strain to hide hurt and loneliness for the sake of harmony in her son's home. The film is as much character study as social observation.

The Yellow Leaf, McGraw-Hill, 29 min., National Film Board of Canada, 1956, black and white.

Sympathetic study of the problem of an elderly widow who is forced to leave her daughter's household to live in a home for the aged. Shocked and disappointed at first, she overcomes her dejection when she finds that her new home offers congenial friends, new interests and a measure of independence she had not had before.

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## VIII. FAMILY LIFE EDUCATION: PHILOSOPHY AND METHODOLOGY

The preceding sections provide annotations of references in various substantive areas of family life. This section, by contrast, lists a number of items dealing with the philosophical and methodological aspects of family life education. The revisions committee felt that the increasing demand for family life education in schools and communities often coupled with an inadequate supply of well-trained family life educators, warranted the inclusion of a list of references dealing with "what it is" and "how to do it." Unfortunately, there has been little systematization of the literature. Thus this section, unlike others in the Bibliography, consists largely of pamphlets and articles from journals and other periodicals. Subsections include: philosophical perspectives, methodological considerations, program reports, curriculum guides, reference lists, subscriptions, and audio-visual materials.

### A. Philosophical Perspectives and Current Status of Family Life Education

#### 1. Books

Brim, Orville G., Jr., Education for Child Rearing, Russell Sage Foundation, 1959, 362 pp., \$5.00 (paperback \$2.45).

A major study of parent education theory and practice in which the author analyzes the assumptions and methods of parent education programs and approaches, reviews pertinent research, and points out areas that need critical evaluation.

Brim, Orville G., Jr., and Stanton Wheeler, Socialization After Childhood: Two Essays, John Wiley and Sons, Inc., 1966, 116 pp., \$4.95 (Paperback \$2.25).

Considers socialization through the life cycle, and the organizational context of socialization. Speculative and exploratory.

Foote, Nelson N., and Leonard S. Cottrell, Identity and Interpersonal Competence, University of Chicago Press, 1955.

Proposes a "new direction in family research" with implications for family life education.

Frank, Lawrence K., and Ernest G. Osborne, Parent Education in Perspective, Child Study Association Publication 707, 12 pp., (paperback \$ .25).

Easy-to-read articles defining the skills of the parent educator and the contribution of the parent education movement.

Grams, Armin, Facilitating Learning and Individual Development: Toward a Theory for Elementary Guidance, Minnesota Department of Education, 1966, \$2.85.

Laycock, S.R., Family Life and Sex Education: A Guide for Parents and Youth Leaders, Baxter Publishing, 1967, 144 pp., \$2.00.

A digest summary, highlighting primary family life education and sex education from 6-12 years old, with four small chapters on adolescent development. It attempts to do too much in too short a space, rather than developing some major ideas more fully. The 65 item bibliography has only two references to Canadian material, the rest is American oriented.

Merrill, Pearl, Training for Parenthood, Child Guidance League of New York, 1955.

Oakes, Don, A Handbook for Reluctant Family Life Educators, Rapid Printers and Lithographers, Inc., 1967, 52 pp.

Guidance is offered in developing a multi-disciplinary family life program; supervising and evaluating the project.

## FAMILY LIFE EDUCATION

Powers, G. Pat, and Wade Baskin (eds.), Sex Education: Issues and Directives, Philosophical Library, 1969, 532 pp., \$15.00.

An interdisciplinary book of readings reflecting contemporary thinking and practice regarding many aspects of the broad and often controversial subject of sex education. Comprehensive list of materials and resources.

Ridenour, Nina, Mental Health Education: Principles in the Effective Use of Materials, Mental Health Materials Center, 1969, 116 pp., (paperback \$5.00).

Discussion of the principles and philosophy of mental health education.

Seidman, Jerome M. (ed.), Educating for Mental Health, Crowell, 1963.

A collection of 56 recent articles on education and mental health, several of which should be directly relevant for family life educators.

### 2. Pamphlets and Periodicals

Albert, Gerald, "Learning Theory and Parent Education," Marriage and Family Living, vol. 24, no. 3 (August 1962), pp. 249-253.

The application of a number of learning theories or principles of learning to parent education.

Auerbach, Aline B., Trends and Techniques in Parent Education: A Critical Review, Child Study Association Publication 721, 77 pp., (paperback \$ .75).

A critical review of parent education programs examining the extent to which they contribute to the health and well-being of the nation's children.

Avery, Curtis E., Sex Education: Concepts and Challenges, E.C. Brown Center for Family Studies, 1969, 84 pp.,

Includes reprints from the family life coordinator. "Family Life Education: Its Philosophy and Purpose," "Toward an Understanding of Sex Education in Oregon," "Inside Family Life Education," "Sex Education Through Rose Colored Glasses," "The Use of Films for Family Life Education," "Some Thoughts on the Fourth 'R'," "Single Concept Films for Sex Education," "Eights, Sixteens and Satellites," "Human Development and Family Life Education," "Toward Understanding the Problems of Early Marriage."

Berger, Miriam E., "The Continuous Parent Education Group," The Family Coordinator, vol. 17, no. 2 (April 1968), pp. 105-109.

A parent education program is described in which lay membership organizes to hire professional leaders as discussants in a continuing group.

Blair, Thomas Lucian, "Socialization, Social Status, and the Family Life Educator in Urban Public Agencies," The American Catholic Sociological Review, vol. 21, (Fall 1960), pp. 208-212.

Examines some implications of class differences in approaches to socialization for family life educators. Concludes with a list of suggestions to improve the educator's effectiveness.

Bowman, Henry, Richard K. Kerckhoff, Forest K. Davies, and Marvin Sussman, "Teaching Ethical Values Through the Marriage Course: A Debate," Marriage and Family Living, vol. 19 no. 4 (November 1957), pp. 325-339.

A debate on the ethical role of the instructor in marriage education.

#### FAMILY LIFE EDUCATION

Brown, Janet, "Where's the Action in Family Life Education?" The Family Coordinator, vol. 17, no. 1 (January 1968), pp. 13-14.

A discussion of the family life educator's role in finding new approaches to prevention of problems relating to their concerns, or improvements in curative methods.

Brown, Muriel W., "Education and Family Life," in Morris Fishbein and Ruby Jo Reeves Kennedy, Modern Marriage and Family Living, Oxford University Press, 1957, pp. 17-36.

Brown, William D., "Supplementary Readings in Sex: Marriage and Family Courses," The Family Coordinator, vol. 18, no. 2 (April 1969), pp. 172-173.

A discussion of the use of Sexology magazine in marriage and family courses and the subsequent evaluation of the technique by the students.

Bruch, H., "Parent Education or the Illusion of Omnipotence," American Journal of Orthopsychiatry, vol. 24, (October 1954), pp. 723-732.

A critical attack on parent education questioning the assumptions on which it is based and the attitudes of the "experts." Concludes with suggestions for improving parent education.

Buchmueller, A.D., "The Place of Values in Parent Education," Child Study, vol. 37, (Spring 1960), pp. 16-20.

Discusses the dilemma of the parent educator: "Can or should parents' long-held values be attacked; can or should the parent educator improve his own values?" The author suggests guidelines for answering these questions.

Chilman, Catherine S., "The Crisis and Challenge of Low-Income Families in the 1960's: Implications for Parent Education," Journal of Marriage and the Family, vol. 26, no. 1 (February 1964), pp. 39-44.

Duvall, Evelyn M., "How Effective Are Marriage Courses?" Journal of Marriage and the Family, vol. 27, no. 2 (May 1965), pp. 176-184.

A review of over 80 reports of the effectiveness of marriage courses. Concludes that generally marriage courses are effective, but provides suggestions for upgrading marriage and family life education.

Duvall, Evelyn M., "Implications for Education Through the Family life Cycle," Marriage and Family Living, vol. 20, no. 4 (November 1958), pp. 334-343.

Gives a brief summary of the developmental approach to family life. Provides a list of the challenges and hazards of each stage of the family life cycle and their implications for education. Closes with a discussion of some family life education challenges.

Folkman, Jerome D., "A New Approach to Family Life Education," Marriage and Family Living, vol. 17, no. 1 (February 1955), pp. 20-25.

Discusses the disadvantages of a "problem-oriented" approach to family life education and describes his own "simplified theoretical" approach based on the "cultural lag theory", essentially a situational approach.

Force, Elizabeth, "A Critical Look at Family Life Courses," PTA Magazine, April 1964.

A forthright estimate of three decades of attempts to implement education for family life at all age levels.

## FAMILY LIFE EDUCATION

Frank, Lawrence K., "The Beginnings of Child Development and Family Life Education in the Twentieth Century," Merrill-Palmer Quarterly, vol. 8, (October 1962), pp. 207-227.

A historical analysis of child development and parent and family life education.

Frank, Lawrence K., "Challenge of Family Life Education," Merrill-Palmer Quarterly, vol. 5, (Winter 1959), pp. 67-80.

Discusses the implications of changes in the family institution for family life education: unspoken assumptions, expectations and inclinations affecting teachers and "students."

Frasier, Roberta C., "Beware the Elephants," Journal of Marriage and the Family, vol. 29, no. 2 (May 1967), pp. 380-383.

A discussion of the meaning and nature of family life and sex education.

Frick, Willard B., "Child Psychology: The Challenge to Parent Education," Merrill-Palmer Quarterly, vol. 5, (Summer 1959), pp. 180-184.

Discusses the often misleading or inaccurate nature of "popular" articles for parents. Stresses the responsibility of parent education agencies to give parents adequate knowledge of the basic principles of child growth and adjustment.

Grams, Armin, Parent Education and the Behavioral Sciences, Children's Bureau Publication No. 379, 1960, 52 pp., (paperback \$ .25).

The edited proceedings of a 1958 conference concerned with the relationship between parent education and behavioral science research. Deals with the definition of parental roles; determinants of parental behavior; modification of parental behavior; parent education and personality change; and research and the future of parent education.

Gruenberg, Sidonie M., "Do Parents Need the Experts?," Parents Magazine, (October 1956).

A popular consideration of such questions as: "Who are the experts?," "What can they tell parents?," "How can their advice be put to best use?"

Hobbs, Daniel F., Jr., "Transition to Parenthood: A Replication and an Extension," Journal of Marriage and the Family, vol. 30, no. 3, (August 1968), pp. 413-417.

An attempt to replicate an earlier study and to determine whether variability among published findings on adjusting to the first child may be due in part to the use of different measuring instruments. Confirms that parenthood is not as severely stressful as earlier studies had suggested.

Kofstein, Sol, "Planning for Family Life Education," Mental Hygiene, vol. 41, (October 1958), pp. 525-529.

Develops the theme that family life education is a product of our change-oriented, future-oriented culture and should be treated not as a panacea but as a contribution in the society's effort to assuage the effects of its own changing.

Huff, Patricia, "Does Family Life Education Help?," The Family Coordinator, vol. 17, no. 3 (July 1968), pp. 185-187.

A study of the effects on attitudes toward child-rearing of a college course in marriage and the family. The results appear to indicate that an education program in family living may be effective in changing attitudes.



## FAMILY LIFE EDUCATION

Kamneyer, Kenneth, "Social Research and Community Programs: Family Life and Sex Education," The Family Coordinator, vol. 17, no. 1 (January 1968), pp. 33-36.

Kerckhoff, Richard K., "Evaluating Family Life Education," Merrill-Palmer Quarterly, vol. 6, (1960), pp. 187-191.

Kerckhoff, Richard K., "Family Life Education in America," in H.T. Christensen, Handbook of Marriage and the Family, Rand-McNally, 1964, pp. 881-911.

A discussion of family life education in American schools including: a brief history of the family life education movement; the focus and boundaries of family life education; college, secondary, and elementary school programs; methods and techniques in family life education; recruitment and training of family life teachers; issues and problems in need of resolution; and conclusion, evaluations, and predictions.

Kirkendall, Lester A., "Education for Marriage and Family Living," in Albert Ellis and Abarbone (ed.) Encyclopedia of Sexual Behavior, Hawthorne Books, 1961, pp. 696-704.

Klewer, Richard H., "Helping Families Through Marriage Counseling and Family Life Education," The Family Coordinator, vol. 18, no. 3 (July 1969), pp. 298-300.

A discussion of the role of marriage counseling and family life education in handling the three great losses which are creating problems in marriage: the loss of understanding between partners; the loss of determination to stay married; and the loss of satisfaction due to unrealistic expectations.

Kolb, W.L., "Family Sociology, Marriage Education, and the Romantic Complex," Social Forces, vol. 29, (1950), pp. 65-72.

Landie, Judson T., "The Challenge of Marriage and Family Life Education," Marriage and Family Living, vol. 29, no. 3 (August 1957), pp. 247-252.

Discusses eight challenges and needed emphases in family life education many of which seem quite timely even many years later.

Latts, Sander M., "Why Students Take a Marriage and Family Course," The Family Coordinator, vol. 17 no. 3 (July 1968), pp. 162-164.

Discusses the expectations of students entering a marriage and family course and concludes that relatively few students take the course because it is a snap, or because they needed a "filler", but they take it because they are well motivated and interested in learning more about marriage and family relationships.

LeShan, Lawrence, and Eda J. LeShan, "Some Recent Trends in Social Science Research Relevant to Parent Education," Marriage and Family Living, vol. 23, no. 1 (February 1961). pp. 31-37.

Leslie, Gerald R., "Personal Values, Professional Ideologies, and Family Specialists," Marriage and Family Living, vol. 21, no. 1 (February 1959), pp. 3-12.

Luckey, Eleanor Braun, "Education for Family Living in the Twentieth Century," Journal of Home Economics, vol. 17, (November 1965), pp. 685-690.

The preparation necessary to live happily in families is the author's concern.

Luckey, Eleanor Braun, "Family Life Education and/or Sex Education?," Journal of Marriage and the Family, vol. 29, no. 2 (May 1967), pp. 377-380.

A discussion of alternative ways to present the content of family life education. Calls for better preparation of family life teachers.

## FAMILY LIFE EDUCATION

Luckey, Eleanor Braun, "Values as the Content of Parent Education Programs," Marriage and Family Living, vol. 23, no. 3 (August 1961), pp. 263-266.

Reminds us that as parent educators we can't keep our own values out.

Luckey, Eleanor Braun, "What Are We Doing in Marriage Education?," Marriage and Family Living, vol. 18, no. 4 (November 1956), pp. 349-354.

A critical discussion of the philosophy and practice of family life education and the extent to which the two are consistent.

Mannino, Fortune V., and Margaret M. Conant, "Dropouts from Parent Education Groups," The Family Coordinator, vol. 18, no. 1 (January 1969), pp. 54-60.

Dropouts from 19 parent education groups were compared with those who completed the courses in terms of social characteristics, perception of the program, personal expectations, etc. Suggested by the findings was a class difference between the groups and an association between parental interests and concerns and the family's place in the family life cycle. Implications for program planning in parent and family life education are discussed.

Marshall, William H., "Family Life Education and/or Sex Education?," Journal of Marriage and the Family, vol. 29, no. 2 (May 1967), pp. 382-384.

One attempt at clarifying the relationship between sex education and family life education.

Morgan, Owen, "A Philosophy for Family Life Education," Merrill-Palmer Quarterly, vol. 5, (Winter 1959), pp. 80-84.

Stresses the worth and dignity of the human personality and the bearing of the needs of all family members on the total health of the family group.

Ormsby, Ralph, "Family Life Education: Some Administrative Considerations," Social Casework, vol. 44, (January 1967), pp. 29-33.

Papanek, Miriam L., "Authority and Sex Roles in the Family," Journal of Marriage and the Family, vol. 31, no. 1 (February 1969), pp. 83-96.

Poffenberger, Thomas, "Family Life Education in This Scientific Age," Marriage and Family Living, vol. 21, no. 2 (May 1959), pp. 150-154.

Concludes that family life courses are justified but makes some suggestions for their improvement.

Pollak, Gertrude K., "Family Life Education: Its Focus and Techniques," Social Casework, vol. 34, (May 1953), pp. 198-204.

Riggs, M. David, "Protestant Family Life Education: Current Theory and Practice," Marriage and Family Living, vol. 19, no. 3 (August 1957), pp. 253-255.

A discussion of the history, philosophy, objectives, basic issues, methods, and limitations of "Protestant" family life education.

Rodman, Hyman, "The Textbook World of Family Sociology," Social Problems, vol. 12, (Spring 1965), pp. 445-457.

A review of the textbooks and books of readings available in the family area; geared both to the study of the American family and to comparative analyses.

## FAMILY LIFE EDUCATION

Singer, Laura J., "The Development of Teaching Materials for the Training of Family Life Educators as Discussion Group Leaders," The Family Coordinator, vol. 18, no. 4 (October 1969), pp. 318-321.

Discussion of a program to aid teachers in handling critical incidents or problem situations that may arise between teacher and student.

Smith, William M., Jr., "Family Life Education: Who Needs It?," The Family Coordinator, vol. 17, no. 1 (January 1968), pp. 55-61.

The answer to the question is that we all do. Maintains that channels of communication on behalf of families should be extended and nurtured among professionals—to educate one another and to carry family life education to all who need it.

Somerville, Rose M., "Governors' Council and Family Life Programs," The Family Coordinator, vol. 18, no. 1 (January 1969), pp. 76-84.

Discussion of the possibilities for sharing of concerns and resources in the family area, with the establishment of an interstate effort or conferences stemming from the individual state organizations.

Udry, J. Richard, "Marriage Counseling and Marriage Education," in The Social Context of Marriage, Lippincott, 1966, pp. 542-562.

Discusses the goals of marriage education, the ethical role of the marriage instructor, and the effectiveness of marriage education. Includes a lengthy bibliography of articles and books.

Walker, Joseph E., "Some Uses and Abuses of Family Life Education," Clearing House, vol. 36, (December 1961), pp. 199-202.

Identifies several factors interfering with widespread acceptance of family life and sex education.

### B. Methodology: Techniques and Procedures

#### 1. Books

Auerbach, Aline B., Parents Learn Through Discussion: Principles and Practices of Parent Group Education, John Wiley and Sons, Inc., 1968, 358 pp., \$7.95.

A detailed, practical guide to setting up and conducting discussion groups for parents and expectant parents. Attention given to groups of parents with special concerns—unwed mothers, adoptive parents, physically and emotionally handicapped children.

Brunner, Edmund de S., et al., An Overview of Adult Education Research, Adult Education Association of the U.S.A., 278 pp., \$4.00.

A survey of nonvocational adult education research citing over 600 pieces of research. A straight-forward and readable summary of the characteristics, capacities, and motivations of adult learners and of adult education administrative and organizational problems and approaches.

Cheavens, Frank, Developing Discussion Leaders in Brief Workshops, University of Texas: The Hogg Foundation for Mental Health, 1963, 31 pp., (paperback \$ .25).

A publication based on a four-year experiment in the training of lay leaders. Aimed primarily at community members interested in developing leaders for discussion groups.

## FAMILY LIFE EDUCATION

Child Study Association of America, Recruiting Low-Income Families for Family Life Education Programs, 1965, 27pp., (paperback \$ .50).

Four reports presented at the 1964 Annual Forum of the National Conference on Social Welfare dealing with such questions as: How are low-income groups reached? How do they respond? What methods can be used to recruit them? Are they different from middle-class groups? How successful are current programs?

Chester, Mark, and Robert Fox, Role-Playing Methods in the Classroom, Science Research Associates, 1966.

Cummings, Pearl T., and others, A Guide for Leaders in Parent and Family Life Education, Institute of Child Development, University of Minnesota, 1955.

Hereford, Carl F., Changing Parental Attitudes Through Group Discussion, University of Texas Press, 1963, 198 pp., \$5.00.

A report of the effectiveness of parent discussion groups moderated by nonprofessional leaders. Reports evaluation by means of before-after roles of learner and of teacher.

Kidd, J.R., How Adults Learn, Association Press, 1959, 324 pp., \$4.75.

On the premise that adults can be effective learners, the author presents a "guidebook" for the adult educator. Attention is given both to roles of learner and of teacher.

Naylor, Harriet H., Volunteers Today: Finding, Training and Working With Them, Association Press, 1967, 192 pp., \$5.50.

Tannenbaum, Abraham J., (ed.), Special Education and Programs for Disadvantaged Children and Youth, The Council for Exceptional Children, of the National Education Association, \$4.50 (paperback \$3.50).

Papers presented at a conference conducted by the Council for Exceptional Children. The application of knowledge and methods known to special education to the instruction of disadvantaged children.

Working with Low-Income Families, American Home Economics Association, 1965, 239 pp., \$1.50.

Consists of 22 papers first presented at a 1965 workshop on "Working with Low-Income Families" addressed to the role of the home economist in meeting the needs of low-income families. Deals with such topics as poverty in contemporary American society, the nature and scope of the problems of poverty, culture of low-income families, and specific areas in which problems arise as the result of poverty.

### 2. Pamphlets and Periodicals

Appell, Clara, and Morey Appell, "Broadcasting," Journal of Marriage and the Family, vol. 27, no. 4 (November 1965), pp. 537-540.

A discussion of television and radio as media of family life education.

Arnold, Katherine L., and Virginia Gleason, "Discussion Methods with New Variations," Marriage and the Family, vol. 21, no. 2 (May 1959), pp. 180-181.

Describes four techniques to stimulate discussion in family life education.

FAMILY LIFE EDUCATION

Bee, Lawrence, "Evaluating Education for Marriage and Family Living," Marriage and Family Living, vol. 14, no. 2 (May 1952), pp. 97-103.

An old article but with some useful suggestions for evaluation.

Calderwood, Deryck, "Adolescent's Views on Sex Education," Journal of Marriage and the Family, vol. 27, no. 2 (May 1965), pp. 291-298.

Taped excerpts from adolescent boys and girls revealing their views about sex education.

Child Study Association of America, When Parents Get Together, 1964, 64 pp., \$1.00.

Provides a "philosophy of parent education" and outlines such methodological procedures as forming a planning committee, finding and developing a leader, planning a program, program and meeting arrangements, resources for parent education.

Chilman, Catherine S., and Ivor Kraft, "Helping Low-Income Parents Through Parent Education Groups," Children, vol. 10, (July-August 1963), pp. 127-132.

Educating the Teen-Ager in Human Relations and Management of Resources, American Home Economics Association, 1965, 107 pp., \$1.00.

Aimed at providing facts and suggestions for home economists and others who are concerned with educating the teen-ager in human relations and management of resources.

"Family Life Education Programs: Principles, Plans, Procedures," The Family Coordinator, vol. 17, no. 3 (July 1968), pp. 211-214.

Report of the National Commission on Family Life Education, a task force of the National Council on Family Relations.

Fuller, Frances F., Oliver H. Brown, and Robert F. Peck, Creating Climates for Growth, Hogg Foundation for Mental Health, 1967, 35 pp., \$ .35.

Based upon a several-year study, this booklet offers guidelines to help teachers understand themselves and their pupils and to cope with the always complex human relationships in which their work involves them daily.

Hereford, Carl F., Organizing Group Discussion, University of Texas: The Hogg Foundation for Mental Health, 1961, 27 pp., \$ .25.

A "how-to-do-it" pamphlet on organizing and conducting an educational program using a group discussion method based on a four-year research project in parent-child relationships directed by the author. The method described has been subjected to evaluative research.

Hillman, Christine H., "An Advice Column's Challenge for Family Life Education," Marriage and Family Living, vol. 16, no. 1 (February 1954), pp. 51-54.

Houle, Cyril O., "Adult Education and Family Life," available from Managing Editor, Room 42, Agriculture Hall, University of Wisconsin, Madison 6, Wisconsin.

Reprint of a two-part article in the Journal of Cooperative Extension, Fall and Winter 1963. Thoughtful review of the scope of family life education problems, weaknesses, and trends.

Irion, Mary Jean, and others, 7 Offers from Tension: Dramatic Discussion Starter for Group Meetings, Friendship Press, 1969, 40 pp., \$ .85.

Four short dramas written for the use of church and community groups, to help them consider some of the tensions that must be resolved in order to bring about reconciliation between individuals and groups.

# FAMILY LIFE EDUCATION

Kirkendall, Lester A., and Helen M. Cox, "Starting a Sex Education Program," Children, vol. 14, (July-August 1967), pp. 136-140.

A discussion of the scope and content of sex education, suggestions for overcoming misconceptions and community opposition to sex education and other methodological considerations in "starting" a school sex education program.

Kirkendall, Lester A., "Vitalizing Frames of Reference in Teaching Family Living," the family life coordinator, vol 10, (July 1961), pp. 59-62.

Discusses the use of questionnaires to promote student awareness of the vitality of theories about human behavior and family interaction.

McCluggage, Marston M., "Teaching Sociology by the Case Method," Midwest Sociologist, (Winter 1955).

Osborne, Ruth F., "Boys and Family Life Education " Marriage and Family Living, vol. 23, no. 1 (February 1961), pp. 50-52.

Briefly discusses boys' attitudes toward sex, parenthood and family life and the implications and challenge for family life education.

Osborne, Ruth F., "Practical Suggestions for Using Films," Journal of Marriage and the Family, vol. 26, no. 3 (August 1964), pp. 355-356.

Payne, David C., "Evaluating Community Programs in Family Life Education," The Family Coordinator, vol. 18, no. 3 (July 1969), pp. 235-239.

Poffenberger, Thomas M., "A Technique for Evaluating Family Life and Mental Health Films," Marriage and Family Living, vol. 18, no. 3 (August 1956), pp. 219-223.

Rapp, Don W., and Margaret Baker, "Classroom Debates of Controversial Family Life Questions," Journal of Marriage and the Family, vol. 28, no. 3 (August 1966), pp. 362-364.

Describes a method--"contrived" debate--used in college classes in family development to provide a systematized airing of opposing points of view on complex and/or controversial family life issues.

Schroeder, Wayne L., "Adults Can and Must Learn," Journal of Cooperative Extension, vol. 4, (Winter 1966), pp. 205-212.

Certain peculiarities about the adult's life suggest that his learning behavior may be somewhat unique from that of the young person. These characteristics emphasize the necessity for the adult to continue "learning his way through life."

Shipman, Gordon, "The Use of Autobiographies in Marriage Education," Marriage and Family Living, vol. 24, no. 4 (November 1962), pp. 393-398.

Shoenaker, Louise Proehl, Parent and Family Life Education for Low-Income Families, Children's Bureau Publication No. 434, 1965, 66 pp., \$ .30.

A guide for professional personnel working with low-income families.

Somerville, Rose, and others, "Creative Literature for Study of the Family," Journal of Marriage and the Family, vol 28, no. 2 (May 1966), pp. 213-232.

Includes four articles on the use of literature--novels, biography, drama, short stories-- in teaching family courses in college and secondary schools.

## FAMILY LIFE EDUCATION

Somerville, Rose, Family Insights Through the Short Story, Columbia University Press, 1964, 102 pp., \$1.75.

A guide for incorporating short stories into college courses in marriage and the family, adult education classes, and counseling workshops. Provides summaries of stories and detailed indication of the problem areas they illuminate. Includes a listing of more than 100 modern stories, all tested in a variety of classrooms.

Somerville, Rose, "Imaginative Literature in Family Life Education," Journal of Home Economics, (June 1963), pp. 409-412.

Stern, Edgar E., "Family Life Education: Some Rationales and Contents," The Family Coordinator, vol. 18, no. 1 (January 1969), pp. 39-43.

Discusses the role of family life education in helping our society to maintain values and norms and to formulate those new value and behavioral norms that are appropriate and functional for the achievement of optimum individual fulfillment and social good.

Techniques for Effective Teaching, Department of Home Economics, National Education Association, 1966, 40 pp., \$.75.

Described as "a compendium of workable and reasonable techniques that can serve as alternatives in the crucial decision-making area of selection of learning opportunities."

Warren, Virginia B., A Treasury of Techniques for Teaching Adults, National Association for Public School Adult Education (a Dept. of NEA), 1964, 48 pp., \$1.00.

Provides advice on how to make up lesson plans, how to group adult students, how to provide varied and interesting class presentations, how to lead discussions.

Welch, Frank W., "Pooling Resources for Family Life Education," The Family Coordinator, vol. 17, no. 4 (October 1968), pp. 293-296.

Discusses the combining of the resources of Lambuth College with the federal government to create a community family life education program.

Westerville, Evelyn C., "Role Playing: An Educational Technique," Marriage and Family Living, vol. 20, no. 1 (February 1958), pp. 78-80.

A discussion of role playing as a method in family life education.

### C. Some Reports of Family Life Education Programs

American Social Health Association, The Story of the Rocky Mountain Project, 1964, 32 pp., \$.35.

A report of the organization and implementation of a three-year experimental program in family life education sponsored by the National Congress of Parents and Teachers and the American Social Health Association.

American Social Health Association, Family Life Education—A Cause for Action, 1966, 64 pp., \$2.00.

Documentation of the family life education demonstration projects conducted by the American Social Health Association, 1953-1962.

Arny, Clara Brown, "The Minnesota Inter-Cultural Seminar," Journal of Marriage and the Family, vol. 28, no. 3 (August 1966), pp. 360-362.

Describes a college-level seminar on "Family Life in Different Cultures" for wives of foreign graduate students.

#### FAMILY LIFE EDUCATION

Bayer, Allan E., and F. Ivan Nye, "Family Life Education in Florida Public High Schools," Journal of Marriage and the Family, vol. 26, no. 2 (May 1964), pp. 182-187.

An investigation of the administrative provisions for family life education in Florida high schools, subjects and topics taught in family life courses, characteristics and qualifications of family life teachers, and teaching methods employed in family life courses.

Blackburn, Clark W., "The Church's Unique Opportunity in Family Development-- A Community-Wide View," Lutheran Social Welfare Quarterly, (June 1966), pp. 49-60.

Brown, Muriel W., "Organizational Programs to Strengthen the Family," in H.T. Christensen, Handbook of Marriage and the Family, Rand McNally, 1964, pp. 823-880.

An exhaustive discussion of education and service programs offered under federal and state government auspices in the U.S. and by American voluntary organizations; a discussion of "parent and family life education in perspective"—situations and trends in out-of-school family life education; a discussion of programs to strengthen the family in other countries.

Dager, Edward Z., and others, "Family Life Education in Public High Schools: A Survey Report on Indiana," Marriage and Family Living, vol. 24, no. 4 (November 1962), pp. 365-370.

A Directory of Specialists in Parent Education, Children's Bureau, U.S. Department of Health, Education, and Welfare, 1967, 55 pp.

Force, Elizabeth C., Teaching Family Life Education, Columbia University, Teachers College Bureau of Publications, 1962, 38 pp., \$1.00.

A step-by-step description and evaluation of the Toms River, New Jersey family life program from its inception as an experiment through its development and implementation, under the author. Suggests approaches and procedures to other schools and communities seeking to strengthen education for family life.

"Government Services Affecting American Families," Special Issue, Marriage and Family Living, vol. 20, no. 3 (August 1958).

Paget, Norman W., A Diary of a Family Life Education Experiment, San Bernardino: Family Service Agency of San Bernardino, 1961. 72 pp.

Pope, Edward V., "Extension Service Programs Affecting American Families," Marriage and Family Living, vol. 20, no. 3 (August 1958), pp. 270-277.

A discussion of the structure and functions of the Cooperative Extension Service with particular emphasis on programs affecting families.

#### D. Curriculum Guides

Curriculum in Health and Family Life Education--Grades 1 to 12, Public Schools of the District of Columbia.

Dale, Gayle, and George C. Chamis, Sex Education Guide for Teachers, Family Life Program, Flint, Michigan. Community Schools, 1967, \$1.00.

A guide in family life education, sex education, and reproduction education for preadolescence, early adolescence and late adolescence.

Family Life Curriculum, K-12, Bloomington, Minnesota, Public Schools, 1967.

Family Life Education for Adolescent Youth and Their Parents. School of Home Economics, Oregon State University, \$1.00.



## FAMILY LIFE EDUCATION

Family Life Education in the High School, Information Service, Detroit, Michigan, Public Schools, 1958, \$1.50.

A sourcebook offering materials and methods to aid teachers. Includes suggestions for goals, topics for study, suggested activities, and references for ten different units; suggestions as to classroom arrangements, community and professional resources, usable textbooks, pamphlets, mental health plays, films and filmstrips, and professional periodicals.

Family Living for High Schools, A Semester Course, Curriculum Bulletin Series No. 5, 1960-61, Board of Education of the City of New York.

Family Relations for High School Seniors, Kansas City, Missouri Public Schools, 1965, \$2.50.

Contains eleven topics ranging from "The 20th Century Family in the U.S.," through the marital partnership selection and marital adjustment processes to "The Family--1965-1975 Style."

Johnston, Johanna, and Murry Karmiller (eds.), Family Tree, World Publishing Co., 1967. \$7.95.

An anthology of selections from fiction, non-fiction and poetry illustrating ten kinds of family relationships ranging from husbands and wives through family gatherings. Selections contain variety and emotional range from comic to tragic. Useful for persons who wish to explore family relationships through literature.

Kirkendall, Lester A., and Ruth F. Osborne, Teacher's Question and Answer Book on Sex Education, Craft Educational Services, 1969, \$3.00.

Latts, Sander M., A Teacher's Syllabus For Functional Marriage and Family Courses, General College, Division of Psychology, Philosophy and Family Studies, University of Minnesota, 1968, 33 pp., plus appendices.

Designed for the high school or college teacher who does not have the background and training to teach a marriage and family course. The usual areas are covered with three sub-divisions in each: 1) topics to be considered, 2) suggested readings and 3) suggested classroom activities.

Limbacher, Walter J., Dimensions of Personality: Here I Am, George A. Pflaum, 1969, 82 pp.

Teacher's edition of a mental health course for normal children in grade 4.

Lloyd, Sarah, and Jane Evans, Claimed by God, United Church Press, 1967, 128 pp.

A coursebook for a church program in personal awareness and understanding and interpersonal relations for junior high school young people.

Manley, Helen, A Curriculum Guide in Sex Education, State Publishing Co., 1967, \$1.75.

Contains a suggested curriculum on sex for the public schools, suggested pamphlets and books for teachers and for students, and films for classroom use.

Manley, Helen, Family Life Education in the Elementary School, National Education Association, 1968, 26 pp., \$1.00.

Bulletin designed for use by elementary educators, by an expert in health education.

Millstone, Dorothy, Family Planning, Population Problems and the Secondary School Curriculum, Planned Parenthood Federation, 1966, 35 pp., \$ .50.

A sourcebook for teachers with bibliography, suggested films and brief chapters on curriculum, a model unit and teacher training.

## FAMILY LIFE EDUCATION

Moore, Bernice M., and Bert Kruger Smith, Accents for Young Homemakers, Hogg Foundation for Mental Health, 1959, 53 pp., \$ .25.

A study guide.

Nolte, Margaret Proshek, Family Living, A Curriculum Guide, Roseville, Minnesota, Public Schools, 1961, \$2.75.

Schulz, Esther D., and Sally R. Williams, Family Life and Sex Education: Curriculum and Instruction, Harcourt, Brace and World, 1969, 218 pp., (paperback \$4.00).

Compact, lucid guide dealing with the Anaheim family life and sex education program, k-12. Includes information on planning family life and sex education programs; content for k-12 curriculum; teaching aids and techniques; bibliographic references; documents by notable professionals.

Sex Education: Approach, Program Resources for the Parish, Sacred Design Associates, Inc., 1968, 96 pp., \$10.00.

A curriculum and resource guide designed for the teacher, youth leader or pastor. The body of the guide is divided into upper elementary, junior high, senior high, adult groups and includes discussion techniques. The appendix contains an annotated bibliography, definitions of technical and slang terms, sample questionnaires, developmental patterns and sex myths.

SIECUS and AAHPER, A Resource Guide in Sex Education for the Mentally Retarded, 1967

SIECUS Discussion Guide No. 1, Lester A. Kirkendall, SIECUS, \$ .50.

Southard, Helen F., Sex Education Program: A Guide for Leaders, National YMCA, 1965.

A Teacher's Guide for Family Living Instruction, High School Level, Hayward, California, Unified School District. \$3.50.

The Paperback Goes to School, A Selected List of Elementary and Secondary School Titles, Bureau of Independent Publishers and Distributors, 1967.

Titles considered for suitability by a committee made up of members of the National Education Association, the American Association of School Librarians, and the National Council of Teachers of English.

### E. Bibliographies and Reference Lists

Aker, George F., Adult Education Procedures, Methods and Techniques: A Classified and Annotated Bibliography, 1953-1963, Library of Continuing Education, Syracuse University, 1965, \$7.00.

An annotated and classified bibliography of research studies, description of practice and thinking on problems of adult education methodology. Designed for lay and professional leaders as well as scholars in broad areas of adult education.

Alfus, Joan, and Reuben L. Hill, International Bibliography of Research in Marriage and the Family, University of Minnesota Press, 1967, 508 pp., \$15.00.

Ard, Ben N., Jr., "Basic Books on Sex for Family Life Educators," the family life coordinator, vol. 10, (July 1961), pp. 63-68.

A listing of 100 books on sex and a textual discussion of several of these.

Books of the Year, Child Study Association, 32 pp., \$ .50.

Lists readings for children aged three to thirteen and for parents.

## FAMILY LIFE EDUCATION

Educational Resources Bulletin, Audio-Visual Extension, University of Minnesota, Bulletin No. 2, 1968-1973, 314 pp.

An annotated list of films including rental fee and running time. Available from any state university audio-visual service.

Family Life and Family Life Education--Selected and Annotated Readings, American Social Health Association.

Compiled by Elizabeth Force for nonspecialists wishing an overview of the field.

Family Life Education Bibliography of Selected Books, Pamphlets, Curriculum Guides and Material Published Since 1960, April 1966, California State Department of Education.

Films on the Family, National Film Board of Canada, 1967.

Kirkendall, Lester A., A Reading and Study Guide for Students in Marriage and Family Relations, William C. Brown, 1965, \$2.90.

A unique service for teachers and students in high school, college, and adult family life education. Excellent bibliography, including works published through 1964. Reading--study guides dealing with a broad range of courtship, marriage and family topics. Useful self-quizzes and attitude check-lists are offered.

Koblitz, Minnie W., The Negro in School Room Literature; Resource Materials for the Teacher of Kindergarten Through Sixth Grade, Center for Urban Education, 1966, 66 pp., \$ .25.

A well-annotated bibliography which would serve well beyond sixth grade. Books recommended show situations in neighborhoods of ethnic variations and portray many family patterns which can be found in American life and about which school children need to learn.

OEO Film Guide, Office of Economic Opportunity, Public Affairs Office, 41 pp.

An annotated listing of over 150 films dealing with the nature and extent of poverty in the U.S and with opportunities and programs for self-help. Also includes lists of film sources.

Paltiel, Freda L., Poverty: An Annotated Bibliography and References, Canadian Welfare Council, 1966, \$3.00.

Nearly 700 references on the general subject of poverty.

Publications of United States Government Agencies Useful in Parent and Family Life Education, Children's Bureau, 1967.

A partial list of references compiled by members of the Parent and Family Life Education Subcommittee, Inter-Departmental Commission on Children and Youth.

Recommended Readings on Sex Education, Child Study Association, 16 pp., \$ .35.

Lists books and pamphlets in various age groupings from kindergarten to young adults and mentions some audio-visual aids as well.

Reference List of Resource Materials in Child Development and Family Life for Classroom Use in Elementary School, Contra Costa County Health Department, California, 1967, 13 pp.

Annotated list of films, books, pamphlets with comments by the publishers, teachers and parents.

## FAMILY LIFE EDUCATION

Rubin, Isadore, "The Humanist Bookshelf on Sex," Humanist, American Humanist Association, (Spring 1965), \$ .50.

A comprehensive annotated listing.

Selected Films on Child Life, Children's Bureau Publication No. 376, 114 pp., \$ .40.

Film guide with brief description of 480 films about children, from infancy through adolescence. Subject matter includes child care, child development, emotionally disturbed children, family life, marriage, sex education, human relations, mental retardation, etc. Directory of film distributors included.

Selected Mental Health Films, U.S. Public Health Service Publication No. 1519, 119 pp., \$ .40.

Helpful guide with an alphabetical listing of films, subject index with annotations of the films. The family life preparation, marriage and family life sections are very pertinent.

Sutton, Charles H., (ed.), Octet - 68, Delaney Publication, 1967, 151 pp., (paperback \$1.25).

A syllabus and anthology of readings in marriage and family living. Provides an approach to marriage education for high school students.

Educators' Guide to Free Films, 1967, Educators' Progress Service.

### F. Subscriptions

Adolescence, Libra Publishers, \$10.00 per year.

An international quarterly devoted to the physiological, psychological, psychiatric, sociological, and educational aspects of the second decade of human life.

Aging, monthly journal of the Administration on Aging, U.S. Department of Health, Education and Welfare, U.S. Government Printing Office, \$1.00 per year.

American Education, a monthly publication of the U.S. Office of Education, U.S. Government Printing Office, \$4.50 per year.

Frequently issues are pertinent to the family life field. See May 1969 issue on Progress in Family Law.

Children, published bimonthly by Children's Bureau, U.S. Government Printing Office, \$1.25 per year.

An interdisciplinary journal for the professions serving children.

Daedalus, published quarterly, Harvard University, \$7.50 per year.

Often includes articles pertinent to the family life field.

The Divorced American, inquiries may be addressed to Marge Lee (ed.), P.O. Box 19242, Portland, Oregon 97219.

Designed to "help create a hopeful, positive public image of single persons."

The Family Coordinator, published quarterly by the National Council on Family Relations, \$5.00 per year.

Formerly the family life coordinator. A journal of education, counseling and services.

## FAMILY LIFE EDUCATION

Family Life, published monthly, American Institute of Family Relations, \$2.00 per year.

Usually includes a brief article or statement about some concern in the broad field of family life, book reviews, lists of new pamphlets or other materials, and announcements of relevant conferences, etc.

Family Process, published semiannually by Mental Research Institute and Family Institute, \$7.50 per year.

Focus on the Family, published bimonthly by the E.C. Brown Center for Family Studies.

Designed as an informational link between professionals in family life education. Will list publications on the family helpful for research and professional use.

Human Relations Aids, published bimonthly, Mental Health Materials Center, \$15.00 per year.

This is a subscription service that brings to subscribers six times each year packets of "the best current selected booklets and pamphlets in family life and mental health education." Primarily concerned with mental health, mental retardation, and kindred concerns. Periodically includes items of direct relevance to the family life educator.

Journal of Home Economics, published monthly, American Home Economics Association, \$12.00 per year.

Deals with all aspects of home economics including family relationships and child development.

Journal of Marriage and the Family (formerly Marriage and Family Living), published quarterly, National Council on Family Relations, membership \$20.00 per year.

Journal of Social Issues, published quarterly, Society for the Psychological Study of Social Issues, \$7.00 per year.

Merrill-Palmer Quarterly, published quarterly, Merrill-Palmer Institute, \$6.00 per year.

Papers dealing with human development, personality and social relations. Research oriented.

Parents' Magazine, published monthly, \$5.00 per year.

Devoted to all aspects of child rearing.

Practical Forecast for Home Economics, published monthly (September-May), Scholastic Magazines.

Aimed primarily at home economics teacher in secondary schools. However, can be helpful to other teachers. A section called "Teaching Methods and Ideas" offers film reviews and occasional summaries of television debates. A regular feature, "Suggestions for Using this Issue in the Classroom," suggests ideas for student activities.

Psychology Today, published monthly, Communications/ Research/ Machines, Inc., \$10.00 per year.

A magazine about psychology, society and human behavior.

PTA Magazine, 10 issues, \$2.50 per year.

Redbook, published monthly, \$3.00 per year.

Includes articles by well-known authorities on various aspects of marriage and parenthood.

Saturday Review, published weekly, \$9.00 per year.

Social Problems, published quarterly, Society for the Study of Social Problems, \$5.00 per year.

## FAMILY LIFE EDUCATION

Sexology Magazine, published monthly, \$5.00 per year.

Intended to "present the best current thinking in the areas of sex research and education in popular and readable form."

SIECUS Newsletter, published quarterly, Sex Information and Education Council of the United States, \$4.50 per year.

Includes timely articles about sex and a section on new books, journals, pamphlets, audio-visual aids and reprints. A must for any family life and sex education program.

Transaction, published monthly, Washington University, \$6.00 per year.

A magazine of "social science and modern society" providing new insights, reliable research, and timely informative articles from the social sciences.

In addition, the following journals occasionally have articles of direct interest and relevance to the family life educator.

American Journal of Sociology

American Sociological Review

Child Development

Family Law

Humanist

Journal of Sex Research

Pastoral Psychology

Psychology: A Journal of Human Behavior

Rural Sociology

Social Casework

Social Forces

### G. Teaching Aids

"Family Life Cycle," American Social Health Association, \$1.00.

A brightly colored 3' x 2' chart depicting the stages of the family life cycle. Based on Evelyn Duvall's text, Family Development.

"Family Living Program for Pre-School and Primary Children," Scott, Foresman, and Co., 1967, \$19.00.

Contains resource booklets, pamphlets, and 12 full-color charts (20" x 20") for pupils and teachers. Authors include Irma B. Fricke, W.W. Bauer, M.D., Gladys Gardner Jenkins, and Sadie Hofsteln.

Grossman, Jean Schick, Brief Encounters in Family Living, Play Schools Association, 1959, \$ .75.

Ten family life stories with suggestions for meeting everyday problems.

How Serious Are Your Problems?, Child Study Association, 24 pp., \$ .25.

Offers a kind of checklist to adolescents in the areas of moodiness, difficulties with parents, rebellious feelings, trouble with school work, and boy-girl relationships.

Stirling, Nora, Family Life Plays, Association Press, 1961, 318 pp., \$6.50.

Twelve short plays, each relating to a problem of the home; discipline, frankness, pressures toward school success, good manners for youngsters, conflicts of interest, establishment of goals; good for play-reading and discussion.

# SOCIAL PROBLEMS

## IX. SOCIAL PROBLEMS

### A. General

#### 1. Books

Becker, Howard S., (ed.), Social Problems: A Modern Approach, Wiley, 1966, 770 pp., \$9.50.

Several chapters are of special interest to family-serving professionals -- e.g., Edgar Friedenberg, "Adolescence as a Social Problem," Bernice Neugarten "The Aged in American Society"; Leo Schnore, "Population Problems in Perspective."

Clinard, Marshall B., Sociology of Deviant Behavior, Third edition, Holt, Rinehart and Winston, Inc., 1968, \$8.95.

A "social problems" text with several chapters of direct relevance to family-serving professionals dealing with slums, poverty, delinquency, drug addiction, deviant sexual behavior, alcoholism, mental disorders, suicide, conflicts in marital and family roles, role and status conflict in old age, discrimination and prejudice.

Clinebell, Howard J., Jr., Understanding and Counseling the Alcoholic, Abingdon Press, 1968, 336 pp., \$5.95.

Relatively enlightened and objective religious - oriented approach to the problem of alcoholism.

Gerson, Walter M. (ed.), Social Problems in a Changing World: A Comparative Reader, Thomas Y. Crowell, 1969, 621 pp., (paperback).

Varied collection of readings on social problems in the world. Directed toward the non-sociologist college or high school student.

Madison, Bernice G., Social Welfare in the Soviet Union, Stanford University Press, 1968, 298 pp., \$8.50.

Covers government - instituted policies and programs, contemporary family life, and the professional services available to the population.

Petersen, William, and David Matza, (eds.), Social Controversy, Wadsworth Publishing Company, 1963, (paperback \$3.95).

Conflicting opinions of established authorities have been reprinted to provide a stimulating perspective on contemporary social issues. Topics include the moral question in the use of contraceptives; the legitimate divorce; and the legalization of homosexuality.

Scanzoni, John (ed ), Readings in Social Problems, Allyn and Bacon, Inc., 1967, 463 pp.

An introduction to the study of social conflict. Areas of controversy among sub-groups within society are pinpointed and analyzed - with a conscious effort to avoid being judgemental.

Urban America, Inc., and the Urban Coalition, One Year Later: An Assessment of the Nation's Response to the Crisis Described by the National Advisory Commission on Civil Disorders, Frederick A. Praeger, 1969, 122 pp., (paperback \$2.25).

A report on where America stands today with regard to its racial crisis, including a blue-print for needed action.



## SOCIAL PROBLEMS

### 2. Pamphlets and Periodicals

U. S. Department of Health, Education and Welfare, Welfare Division, Converging Social Trends, Emerging Social Problems, United States Government Printing Office, 1964, 19 pp., \$.55.

Readable presentation of facts and figures on our changing American Population, illustrated with many books.

### B. Drugs, Drug Abuse, Alcoholism

#### 1. Books

Brotman, Richard, and Alfred Freedman, A Community Mental Health Approach to Drug Addiction, U. S. Department of HEW, U. S. Government Printing Office, Office of Juvenile Delinquency and Youth Development, 1968, 137 pp., \$1.00.

Authors consider: The American reaction to narcotics use, physical, psychological, and social aspects of addiction, community mental health approach to diagnosis; targets and methods for intervention. Includes extensive appendices with case histories and a research study.

Carey, James T., The College Drug Scene, Prentice-Hall, 1968, 210 pp., \$5.95 (paperback \$2.45).

A report of the author's research on drug users at the Haight-Ashbury Free Clinic in San Francisco.

Cohen, Sidney, The Drug Dilemma, McGraw-Hill, 1969, 128 pp., \$4.50 (paperback \$2.50).

Deals with drugs, vulnerable personality types, reasons for drug use, settings which encourage drug usage.

Goode, Erik (ed.), Marijuana, Atherton, 1968.

A collection of writings on the subject of marijuana, dealing with the controversial aspects of the situation and the sociological aspects of the drug's use.

Land, Herman W., What You Can Do About Drugs and Your Child, Hart Publishing, 1969, 240 pp., \$7.50.

Advice on "what to do if" -- your child becomes involved with various drugs.

Lauria, Donald E., The Drug Scene, McGraw-Hill, 1968, 214 pp., \$5.95.

Author outlines appropriate community measures to be taken, and suggests the "ultimate solution" is through better mental health for the population.

Laurie, Peter, Drugs, Penguin Books, 1969, (paperback \$.95).

A new report on the widespread use and misuse of drugs in all segments of society today. Presents major psychological, medical, and social facts about LSD, marijuana, etc.

Oursler, Will, Marijuana: The Facts, the Truth, Paul S. Erickson, Inc., 1968, 240 pp., \$5.95.

Author examines the drug itself - its effect, its use, and other related topics.

## SOCIAL PROBLEMS

Stearn, Jess, The Seekers: Drugs and the New Generation, Doubleday, 1969. 384 pp., \$5.95.

Presents the results of five year's research by the journalist-author. Explodes innumerable myths, examines innumerable undesirable situations, cites variety of substantial research findings.

Vermes, Jean C., Pot Is Rot, and Other Horrible Facts about Bad Things, Association Press, 1969, 128 pp., (paperback \$1.75).

Handbook for young people dealing with drugs, tobacco, alcohol, and venereal diseases.

Yablonsky, Lewis, Synanon: The Tunnel Back, Penguin Books, 1968, \$1.95.

The story of Synanon, a community of ex-drug addicts who help one another through the experience of withdrawal and rehabilitation. Analyzes its unique theories and technique and tells of its troubled history.

### C. Poverty

For references, see preceding sections.

### D. Mental Illness, Mental Health, Identity Problems, Self-Awareness

#### 1. Books

Di Salvo, Charles, with Claire Cox, Faces People Wear: Today's Identity Crisis and How to Cope with It, Hawthorne Books, 1968, 222 pp., \$5.95.

Di Salvo, a minister and psychotherapist, contends that much mental ill health is due to people's not knowing who they are. Written in readable entertaining form.

Hofmann, Hans, Breakthrough to Life, Beacon Press, 1969, 215 pp., \$5.95.

In turning outwards through efforts to control his external environment, man has tended to see himself as a reflection of his accomplishments. Author argues that man must turn inward and become self-knowledgeable, in order to combat the sense of emptiness and lack of fulfillment that pervades modern life.

Morrissey, James R., The Case for Family Care of the Mentally Ill, Behavioral Publications, 1967, \$2.25.

Tells the story of this method of treatment of mental patients, widely growing in use in the U. S.

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Otto, Herbert A., and John Mann, (eds.), Ways of Growth: Approaches to Expanding Awareness, Grossman, 1968, 227 pp., \$5.95.

Contributors from various fields share a common interest in the "human potentialities movement." They offer descriptions of their methods designed to foster the personal growth of normal individuals.

Perlman, Helen Harris, Persona: Social Role and Personality, University of Chicago, 1968, 242 pp., \$5.95.

Consideration of the way in which people know and experience their identity through the roles they assume in work, marriage and parenthood.

### E. Death, Bereavement, Suicide

#### 1. Books

Farber, Maurice L., Theory of Suicide, Funk and Wagnalls, 1969, 115 pp., \$5.95.

A theory of suicide is developed from original research by the author in Denmark and Norway, primarily for use in the general area of psychopathology.

Fulton, Robert, (ed.), Death and Identity, Wiley, 1965, 415 pp., \$8.95.

A book of readings containing recent clinical and experimental studies in four areas: Theoretical Discussions on Death; Attitudes and Responses toward Death; Grief, Mourning, and Ceremony; The Self and Society.

Gorer, Geoffrey, Death, Grief, and Mourning, Anchor Books, Doubleday, 1965, 184 pp., (paperback \$1.25).

Research conducted in England by the author forms the basis for this consideration of topics such as: Religion and the Bereaved, Styles of Mourning and Types of Bereavement.

Hinton, John, Dying, Penguin Books, 1969, (paperback \$.95).

A frank discussion of the rational and irrational emotions connected with death by a practicing psychiatrist who has long been concerned with patients suffering from incurable illnesses. Examines the feeling and experience of those who are dying.

Spiro, Jack D., A Time to Mourn: Judaism and the Psychology of Bereavement, Bloch Publishing Company, 1967, 166 pp., \$4.95.

Offers a detailed picture of the elements associated with the fact of death, emphasizing the therapeutic value of mourning.

Stengel, Erwin, Suicide and Attempted Suicide, Penguin Books, 1969, (paperback \$1.25).

Drawing on international research into the incidence, methods, and social and personal diagnosis of suicide, the author discusses the causes that drive people to self-destruction and suggests preventive measures.

## SOCIAL PROBLEMS

### F. Crime, Delinquency

#### 1. Books

Cavan, Ruth S., Juvenile Delinquency, Lippincott, 1969, (2nd ed.), 555 pp., \$7.95.

Revised, up-dated edition of this basic text. Covers definitions of delinquency, measurement, developmental phases, social and psychological factors, types of delinquent behavior, prevention, police, detention homes, courts, probation, release, aftercare.

Cavan, Ruth S., (ed.), Readings in Juvenile Delinquency, Lippincott, 1969, 510 pp., (paperback \$6.50).

Forty articles -- one-third new -- focusing on the sociological and to a lesser extent, psychological aspects of juvenile delinquency. Firmly based on recent research on sound theoretical thinking. Points up areas of controversy demanding new and fresh approaches.

Glueck, Sheldon, and Eleanor Glueck, Delinquents and Non-Delinquents in Perspective, Harvard University Press, 1968, 268 pp., \$8.50.

Primarily a review of the groups of 500 delinquents and 500 nondelinquents studied exhaustively in the late 1940's. Major theme: little progress can be made in prevention of delinquency until family life is strengthened through a large-scale, pervasive, many faceted, continuous program. A challenge to society backed up by overwhelming evidence.

Table, Lester H., and Max Wylie, Delinquency Can Be Stopped, McGraw-Hill, \$4.95.

Authors are a judge and a writer.

Matza, David, Delinquency and Drift, Wiley, 1964, 199 pp., \$4.95.

The delinquent is viewed in the legal context - author holds that the precepts of the delinquent subculture are only marginally different from those apparent in common sentiments of our American life.

Morris, Pauline, Prisoners and Their Families, Hart Publishing Company, 1965, 321 pp., \$5.95.

Based on a survey describing prisoners and their wives and children in England. Findings presented around an extensive typology of families; illustrated with case summaries. Discusses family relationships during imprisonment, problems exacerbated by imprisonment in the major areas of family life, physical and emotional adjustments, and patterns of relationship after release from prison.

Stratton, John R., and Robert R. Terry, (eds.), Prevention of Delinquency: Problems and Programs, Macmillan, 1968, 334 pp., \$4.50 (paperback \$3.95).

Collection of current articles which would otherwise not be easily accessible. Deal with basic issues, valuable programs, or relevant research findings.

## SOCIAL PROBLEMS

Voz, Edmund W., (ed.), Middle-Class Juvenile Delinquency, Harper and Row, 289 pp., \$3.95.

West, D. J., The Young Offender, International University Press, 1967, 333 pp., \$6.50.

British psychiatrist covers the subject carefully, emphasizing the need for individualized methods of prevention and treatment.

### G. Work and Leisure

#### 1. Audio - Visual Materials

Of Time, Work, and Leisure, NET Film Service, 16 mm., 30 min., black and white, \$125.00, rental \$5.40.

According to Dr. Sebastian de Grazia, author of a study which is the basis for this film, we may have lost the ability, in our work-oriented society, to truly enjoy leisure as time to think without pressure, to rest, to wander aimlessly, and to take stock of ourselves and the world.

## APPENDIX

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